

**LAP CHECK-OFF SHEET (500 YARDS)**

EVENT #	LAP	LANE 1	LANE 2	LANE3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
HEAT #	2								
	4								
	6								
	8								
	10								
	12								
	14								
	16								
	18								
	500 YDS								

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OFFICIAL'S SIGNATURE:

REFEREE'S SIGNATURE: