



Connecticut Swimming 12 & Under Age Group Tech Suit Restriction Policy

Effective September 1, 2019. Approved by the May 14, 2019 House of Delegates

1. Swimmers 12 years old and younger may not compete in a “Tech Suit” in a Connecticut Swimming, Inc. sanctioned or approved competition. **A "Tech Suit" is defined as a suit that has bonded seams, kinetic tape, or meshed seams.** A list of tech suits as of January 1, 2018 is listed on the following page.
2. The swimmer’s age for the meet will be his/her age as of the first day of the meet.
3. There is no “Tech Suit” restriction for swimmers age 13 & over.
4. When available, an updated list of the restricted suits will be posted on the Connecticut Swimming website and given to Meet Directors, Meet Referees and Coaches. The restricted suit list will be revised as needed.
5. The following statements shall be added to all meet information for all meets after September 1, 2019.
 - a. **SWIMWEAR:** Per Connecticut Swimming policy, swimmers 12 years old and younger are not permitted to wear “Tech Suits” at any Connecticut sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.
6. Meet officials, coaches, swimmers and parents are responsible for knowledge of the policy. Meet Referees will remind coaches at the coaches’ meeting and ensure that all suits comply with this policy. Coaches should meet with, explain to, and educate their swimmers and parents.
7. If a suit is contested, the meet referee shall handle it with the coach of record. If the tech suit policy is found to have not been followed, the swimmer will be disqualified from any event in which he/she competed in the suit. However, they are able to change into an acceptable suit to swim. No extra time before their race will be given to change suits. (If there is any question about a suit, it should be addressed to the meet referee prior to the start of the session.)

**TECH SUIT RESTRICTED LIST as of 1/1/2018
SUBJECT TO CHANGE**

BLUE SEVENTY:

- *NERO
- *R10

JAKED:

- *J12 WATER ZERO
- *LIMITED EDITION J11 STEEL
- *J11 WATER
- *ZERO
- *JKATANA
- *JKEEL
- *JRUSH

NIKE:

- *NIKE SWIM NG

ARENA:

- *POWERSKIN
- *ALL ARENA CARBON SERIES (AIR, PRO, ETC)

SPEEDO:

- *LZR X
- *LZR ELITE
- *LZR ELITE 2

TYR:

- *TRACER SERIES
- *AVICTOR
- *AVICTOR PRELUDE
- *AP12 COMPRESSION

**DOLFIN: *TITANIUM AQUASPHERE
MP EXPRESSO**

ADIDAS:

- * ADIZERO

FINIS: *VAPOR

HUUB FINA TECHNICAL

COMPETITION SUITS NOT RESTRICTED (Classic hip cut or kneeskin)

SPEEDO:

- *AQUABLADE (male & female)
- *POWER PLUS (female)
- *FASTSKIN 2/FSII (male & female)
- *LZR PRO (male & female)

TYR:

- *FUSION 2
- *THRESHER

DOLFIN:

- *GRAPHLITE SERIES
- *LTF PRO SERIES
- *PLATINUM 2 PRO

ARENA ST (male & female)