

CHECK-IN PROCEDURE

(ALL 4 STATIONS MUST BE COMPLETED IN ORDER TO COMPETE. A Lanyard will be given to show completion of check-in. The Lanyard MUST be collected at the race course entry in order to compete)



STATION 4 T-SHIRT & SWIM CAP



STATION 3 USA OFFICIALS NAIL CHECK



STATION 2 TIMING CHIP



2.5K
CHECK-IN
BODY MARKING

MINI-MILE
CHECK-IN
BODY MARKING

5K
CHECK-IN
BODY MARKING

COACHES/
VOLUNTEER
CHECK-IN

STATION 1 CHECK-IN/BODY MARKING

5K CHECK-IN begins at 5:30am and ENDS @ 6:30AM
2.5K/MINI CHECK-IN begins at 6:00am and ENDS @ 7:30AM

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