

2026 SC AGE GROUP TIME STANDARDS

10 & U		
Girls		Boys
32.49	50 Free	31.99
1:13.79	100 Free	1:11.49
2:46.59	200 Free	2:39.19
7:14.29	500 Free	7:14.19
38.39	50 Back	38.19
1:24.39	100 Back	1:23.09
43.89	50 Breast	44.19
1:37.39	100 Breast	1:37.89
38.09	50 Fly	37.69
1:40.49	100 Fly	1:38.99
1:24.39	100 IM	1:23.69
3:14.39	200 IM	3:11.19

11 - 12		
Girls		Boys
28.39	50 Free	27.99
1:02.69	100 Free	1:01.99
2:17.29	200 Free	2:16.99
6:04.99	500 Free	6:00.49
32.99	50 Back	32.99
1:11.39	100 Back	1:11.59
2:40.79	200 Back	2:43.59
37.49	50 Breast	36.99
1:21.49	100 Breast	1:22.49
3:05.69	200 Breast	3:08.49
31.59	50 Fly	31.69
1:14.29	100 Fly	1:15.99
2:59.99	200 Fly	2:59.99
1:12.29	100 IM	1:11.99
2:39.19	200 IM	2:35.69

13-14		
Girls		Boys
26.79	50 Free	24.99
57.49	100 Free	55.99
2:07.09	200 Free	1:58.99
5:37.29	500 Free	5:20.69
12:01.19	1000 Free	11:29.69
20:20.49	1650 Free	19:46.69
bonus*	50 Back	bonus*
1:05.19	100 Back	1:02.29
2:23.09	200 Back	2:15.99
bonus*	50 Breast	bonus*
1:15.49	100 Breast	1:10.79
2:44.89	200 Breast	2:36.19
bonus*	50 Fly	bonus*
1:04.99	100 Fly	1:01.49
2:40.29	200 Fly	2:28.79
2:23.19	200 IM	2:14.69
5:09.69	400 IM	4:53.49

* bonus if swimmer has qualifying 100 time
100 time will be used for entry purposes.
this will count towards bonus ratios

