

EXAMPLE

Meet Host:

Proposed Meet Date:

Schedule by session and age group:

Session 1: Friday, October 14, 2016, 5:00pm warm-up, 13/Over, timed finals/distance

Session 2: Saturday, October 15, 2016, 7:00am warm-up, 12/Under, prelims

Session 3: Saturday, October 15, 2016, 12:30pm warm-up 13/Over, prelims

Session 4: Saturday. October 15, 2016, 5:30pm warm-up 11/Over, finals

Session 5: Saturday, October 16, 2016, 7:00am warm-up, 12/Under, prelims

Session 6: Saturday, October 16, 2016, 12:30pm warm-up 13/Over, prelims

Session 7: Saturday. October 16, 2016, 5:30pm warm-up 11/Over, finals

Additional comments: