

## 2021 Long Course Zone Team

**2021 Long Course Zone Championships: August 4 – 7, 2021, in Richmond, VA**

Connecticut Swimming (CSI) Board of Directors Zone Team Representative:

[John Scaldini](#), WEST

### Highlights:

Zone Coach Application Deadline July 6th, 2021. Coaches will be notified by July 12th 2021.

Athlete Pre Registration Deadline 11:59PM July 19th.

Athlete Qualifying period: 11-14 yr olds 9/1/2020 - 7/25/21. 10&Unders 9/1/2020 – 7/18/2021

Qualifiers will be determined by the highest [USA Swimming Power Point](#) scores in each event. SCM, LCM, SCY times are all applicable. CSI will send the 3 highest scoring athletes for each event in each age group (10&U, 11/12, 13/14) for both boys & girls.

Format: 10&U Timed Finals. 11/12 & 13/14 Prelims/Finals (A Final) with 1 Relay per LSC.

Spectators will be allowed in the venue.

## Important Procedures and General Information for Athletes

### Eligibility and Selection Criteria for Consideration to the 2021 Long Course Zone Team

To be eligible for Long Course Zone Team consideration, an athlete must meet all criteria listed below by July 26th, 2021, the last day of the 11-14 Long Course Age Group Championships.

1. Premium Connecticut Swimming member of USA Swimming (Seasonal and Flex memberships are not valid.) with membership in good-standing.
2. Must have represented CT in one (1) CSI sanctioned meet (excluding Return to Competition meets), including Age Group Championships, held September, 1 2020, through July 25, 2021.
3. 10/U athletes must achieve a top 3 [USA Swimming Power Point](#) score by the close of Regional Championships (July 18, 2021). NB: Any 10/U athlete may enter Regionals. There are no maximum time standards for 10/U events.
4. 11-14 year old athletes must achieve a top 3 [USA Swimming Power Point](#) score by the close of Age Group Championship (July 25, 2021).
5. Eligibility of athletes with qualifying times for higher level meets:
  - o Athletes who have competed in an individual event at the USA Swimming National Championships, the USA Swimming Spring Championships, U.S. Open, the USA Swimming Junior Championships or a USA Swimming Trials Class meet are not eligible to enter and compete at an EZ Age Group Championship meet.

- Athletes 13 years of age and over who have achieved a qualifying time in an individual event for any of the above meets prior to the entry deadline for the EZ meet, may not enter and compete in an EZ Age Group Championship meet.
  - Athletes 12 years of age or younger who have achieved a qualifying time in an individual event for any of the above meets but have not competed in that event at the stated meet, may enter and compete in that event in an EZ Age Group Championship meet.
6. Time may be achieved from any USA Swimming sanctioned or approved meet and time must be proven through CSI *FAST* database or USA Swimming SWIMS database. Please note most YMCA meets are not USA Swimming approved meets.
  7. Selected athletes will be entered in the meet with their best Short Course Yards time. The meet will be competed in Long Course Meters.

### **Registration Procedure**

1. Athletes wishing to be considered for the LC Zone Team MUST PRE-REGISTER at [ctswim.org](http://ctswim.org) before the deadline of 11:59 pm Sunday, July 19, 2021.
2. All qualifying swimmers MUST PAY the NON-REFUNDABLE FEE IN FULL before Monday evening, July 26, at 11:00 PM.

### **Additional Pre-Registration Information**

1. There is no deposit required, but Pre-Registration IS REQUIRED by 11:59 pm Sunday, July 19, 2021.
2. Coaches and Contacts of CSI clubs will be sent notification of this pre-registration window, via email from the CSI office, instructing clubs that the responsibility of communication of this pre-registration policy is that of the Coach/Club Contact and not the responsibility of CSI.
3. During this pre-registration window, interested athletes will submit pre-registration including preference of events to swim at the Zone meet. This preference list can and should be updated up until the close of the pre-registration window.
4. During the pre-registration period a list of applicants will be posted weekly on [ctswim.org](http://ctswim.org). This roster will include a list or number of CSI meets attended.

### **Selection Procedure for the LC Zone Team**

1. Only athletes that have pre-registered before the deadline (7/19), and submitted FULL PAYMENT for the Zone Team before the deadline (7/26), will be approved.
2. Applicant's eligibility and application will be reviewed upon receipt. Athletes are encouraged to apply early. Athletes applying prior to Age Group Championships may update their times and events until the deadline.
3. Zone Team selection will be made by the Zone Team Head Coach, Age Group Committee, and/or Program Development Committee. Notification of selection will be made by email and posting on [ctswim.org](http://ctswim.org) on/or before Monday, July 26th, 2021.
4. Only applicants meeting the 11:59 pm Sunday, July 25, 2021 eligibility, application, final acceptance and payment deadline will be considered.

5. Athletes determined to be ineligible by CSI will be refunded in full the Zone Team registration fees. Apparel and equipment is to be returned if swimmer is determined to be ineligible.
6. No refunds will be issued to eligible athletes that withdraw, and all equipment and apparel is to be returned.
7. Zone Coordinators will continue and finalize the recruitment of chaperones and complete all logistical planning of the Zone trip.
8. The Head Coach and his staff will at this time prepare and submit the team entry and prepare and plan any Zone team meetings and training sessions.

In the event your swimmer is selected for the CT Zone team, the following information applies:

### **Team Swimmers Travel**

All Athletes will travel with parents/guardians. They will meet the team at the pool for their session each day. Athletes can only come to the pool if they have an individual or relay event that day.

### **Cost**

1. Zone team cost: \$100
2. A Zone backpack is mandatory, and if an athlete does not have one, he/she must purchase one for an additional \$55. The Zone backpack can be from any past CT Swim Zone Team trip.
3. Individual event fees are included in the total Zone Team cost.

### **Zone Equipment:**

1. Equipment provided as part of the Team cost includes 2 T-shirts, hoodie sweatshirt, shorts, and 2 team caps.
2. Additional equipment will be available for purchase from current and past Zone events at the Zone practices.
3. Silicone caps may be purchased for an additional \$15 and will be available for purchase through the ctswim.org payment and at the mandatory parent meetings.
4. Zone Team warm-up clothing (a.k.a. Zone jacket, pants, parka) will be available for purchase from Metro Swim Shop ONLINE. This clothing is OPTIONAL. Link and instructions will be emailed to Zone Team members.

### **Practice/Parents Meeting**

Zone practice and parents meeting location and time will be announced on the CT Swim website.

**Athletes and a parent must attend at least one of two practices** for a mandatory meeting, practice, and remaining equipment dispersal. They are welcome to attend both practices.

## Team Manager Parent Volunteer

CT Swimming is looking for positive, enthusiastic, and organized parents to help with the 2021 CT Zone Team's trip to Richmond, VA, August 4th - 7th. We need at least one parent to act as Team Manager. Pre-trip responsibilities include but are not limited to: handling the team apparel sales at team practices, assist Head Coach reviewing athlete registrations & approvals, coordinating volunteers if we need to supply timers, ect. Cheer like crazy. If you are interested in being a Team Manager please reach out to [John Scaldini](#), CT Zone Team Coordinator ASAP.

## Zone Coach Application

Coaches must submit an application by July 6th, 2021, to be considered for a Zone Team Head Coach or Assistant Coach position. In addition to remuneration, the selected head coach will receive a \$500 stipend and the selected assistant coaches a \$250 stipend from CSI to attend a coach education program of the coaches' choosing. Coaches must apply for the stipend and submit receipts. The Age Group Committee, with guidance from the Board of Director's Zone Team At-Large member John Scaldini, will select the coaching staff by July 15th, 2021.

The zone coach application requires the coach to apply through My Account. ([Instructions.](#))

**Deadline:** July 6th, 2021 [APPLICATION](#)

Assistant Coach will receive \$1050 plus lodging and travel expenses. Responsibilities include:

- Attend all scheduled zone team practices.
- Actively participate in meet coaching - ensuring all swimmers are ready and prepared to swim.
- Assist with relay participant selection and relay team order.
- Monitor and supervise the team at the pool.
- Assist Head Coach as necessary.

Head Coach will receive \$1300 plus lodging and travel expenses. Responsibilities include:

- Attend all scheduled zone team practices
- Actively participate in meet coaching - ensuring all swimmers are ready and prepared to swim.
- Select.
- Run team meetings
- Handle team entry process.
- Work with Zone Coordinator and Team Manager
- Monitor and supervise team at all times on the pool deck