

CAC Cardinal Meet Changes

Friday PM – No Changes, Warm-up 4:00pm, Start 4:45pm

Sat AM (11-12) – No Changes, Warm-up 7:00am, Start 7:55am

Sat Mid MINI MEET (10& U) – Warm-up 10:30am, Start 11:15am

Sat PM (13 & O) – Warm-up 2:00pm, Start 3:05pm

Sun AM (11-12) – No Changes, Warm-up 7:00am, Start 7:55am

Sun Mid MINI MEET (10 & U) – Warm-up 10:50am, Start 11:35

Sun PM (13 & O)– Warm-up 2:15pm, Start 3:20pm