2025: Plainville High School Top 10 Class Rank (GPA: 3.9) 2023-2025 Gold Honor Roll (all semesters) 2023: President's Award for Educational Excellence 2023-2025: Plainville High WHAT School All-Conference Academic 2023-2024 CHSCA All-

State Athlete 2024-

2025 Plainville High

Academic UCONN

Experience (ECE)

School All-

Conference

Early College

Enrollment

Club:

Honors

Plainville High School
Mental Health for StudentAthletes Club: Founder
and President Plainville
High School Red Cross
Club Plainville High
School Varsity Swim and
Dive American Red Cross
Lifeguard Certification (in
progress) Plainville High
School FBLA (Future
Business Leaders of
America) 2023-2024:
Student Council 20232024: Yearbook Club

**Activities** 

If one voice can have great power then there is great power in the voices of many. Swimmers deserve representation and a voice in the decision-making process of this sport. Their input is important and valuable and should be the bridge between coaches and the board of directors for CT Swimming. Decisions in youth sports should include the views and ideas of all, including fellow young athletes like myself and my CT swimming teammates. Representation is vital to ensure the stability of the sport, especially with fairness and equity. Everyone in this sport works incredibly hard, most from childhood, to continue improving and preparing for those few incredible races. The swimming community thrives not only on shared experiences in the pool but also on the collective voice of its members. Just as swimmers bond over the same struggles and triumphs, their voices should be united in shaping the future of the sport. With strong connections built through family-like support, swimmers are empowered to advocate for themselves and each other. Their input, drawn from the dedication and sacrifices they make from a young age, is essential in guiding decisions that impact their experience. I have continuously admired the commitment and dedication of the previous representatives. That is why I am running for Junior Representative. I am committed to being a voice for my fellow swimmers, ensuring that their perspectives, ideas, and concerns are heard at the decision-making level. I believe that through strong representation, we can promote fairness, strengthen our community, and help the sport continue to

evolve in a way that reflects the values and needs of its

community.

athletes. Together, we make a meaningful impact, growing

not only as swimmers but also as a united and empowered

Role:

Why

I am eager to represent Connecticut Swimming as an athlete representative because I am deeply passionate about the sport and the athletes who dedicate themselves to it. With seven years of experience competing in and for Connecticut swimming, l've developed a profound appreciation for the commitment. resilience, and camaraderie that define this sport. I know firsthand the struggles of balancing rigorous academics with demanding training schedules, and I am committed to advocating for resources and support systems that empower athletes to succeed in both areas. I firmly believe that being a devoted student-athlete doesn't have to mean sacrificing one for another. My ability to manage both has strengthened my time management skills and given me insight into the support swimmers might need. Regarding swimming, my devotion to the sport goes beyond personal goals -- I truly care about the well-being and growth of every fellow athlete. I am a compassionate listener and an empathetic leader, always ready to stand up for the needs and concerns of my peers. Overall, my goal in obtaining this position is to help continue building a positive and supportive environment where swimmers can pursue their goals with confidence and pride, knowing they are supported and well-represented!