

CONNECTICUT SWIMMING, INC.
Program Development
Minutes
February 19, 2019
8:30 PM- Teleconference

Present: Kaeley Steinnagel, Jen Lyman, Gordon Brown, Jason Paige, Ellen Johnston, Dave Modzelewski, Graham Bodner, Mark Wollen

Not Present: Marissa McNary, Suzannah Rogers, Mcallistar Milne, Matt Pohlman, Tylor Mathieu

Jen Lyman called the meeting to order at 8:38 PM.

APPROVAL of AGENDA

APPROVAL of MINUTES (November 2018, December 2018)

ANNOUNCEMENTS

OLD BUSINESS

- Proposal discussion regarding bidding out CT Age Group and CT Senior Championship meets.- TABLED
- Quad Plan for Championships- TABLED
 - 2020 (July 4th is on a Saturday)
 - Dates for 2020 LC Championships
 - July 10-12, 2020- Regional Championships
 - July 16-19, 2020- Senior Championships
 - July 23-26, 2020- Age Group Championships
 - 2021 (July 4th is on a Sunday)
 - Dates for 2021 to be looked at when USA Swimming announces dates
 - 2020 SC Championships
 - To be looked at and discussed after the 2019 SC Championship season.
- Travel Assistance Proposal
- CSI 12/Under Tech Suit Ban- three options to be voted on at HOD
 - Option #1- to adopt the tech suit ban as of the date USA Swimming has announced (SC 2020-2021 season)
 - Option #2- Tech suit ban to be implemented for all 10 and under swimmers for all CT Sanctioned meets as of September 1, 2019.
 - Option #3- Tech suit ban to be implemented for all 12 and under swimmers for all CT Sanctioned meets as of September 1, 2019.

NEW BUSINESS

1. Silver Championship- 2019 LC Silver Championships has been cancelled
 - 2019 LC Regionals Championships have been moved to July 12-14, 2019
 - Weekend of July 5-7, 2019 is now an open meet weekend.
2. Meet Sanctions and surcharges for SC & LC
 - MOTION: To incorporate the mini meet format for SCY and SCM meets being held in the long course season.
 - PASSED 8-0
3. Elite Training Camp
 - April dates are full. Looking into August dates (33 total people including coaching staff)
 - Coach Selection Criteria

- Update
- 4. Committee Reports
 - Senior Committee
 - Committee Chair Report- none
 - Age Group Committee
 - Committee Chair Report
 - 2019 LC Age Group Time Standards presented
 - MOTION: To accept the 2019 LC AG Time Standards as presented
 - See attachments #1
 - PASSED 8-0
 - Technical Planning Committee
 - Committee Chair Report-none

Adjourned: 9:20 PM

Respectfully submitted by: Kaeley Steinnagel

Connecticut Swimming
2019 LONG COURSE AGE GROUP CHAMPIONSHIPS
DRAFT

10/UNDER TIME STANDARDS LONG COURSE

GIRLS

BOYS

18 LCM	19 LCM	CHANGE	19 SCM	19 SCY		19 SCY	19 SCM	CHANGE	19 LCM	18 LCM
35.79 (23)	35.79	n/a	33.99	32.59	50 Free	32.49	34.19	n/a	35.99	35.99 (27)
1:20.19 (20)	1:20.49	+0.30	1:17.59	1:12.49	100 Free	1:11.99	1:17.19	n/a	1:20.99	1:20.99 (26)
2:55.99 (22)	2:55.99	n/a	2:49.79	2:40.29	200 Free	2:38.49	2:49.29	n/a	2:56.49	2:56.49 (27)
6:14.99 (13)	6:14.99	n/a	6:08.59	7:03.49	400/500	7:04.99	6:09.59	n/a	6:25.99	6:25.99 (26)
42.69 (23)	42.69	n/a	40.09	38.29	50 Back	38.49	41.09	n/a	43.99	43.99 (30)
1:32.99 (24)	1:32.99	n/a	1:28.69	1:22.49	100 Back	1:22.99	1:30.99	n/a	1:34.29	1:34.29 (28)
48.99 (23)	48.99	n/a	46.99	43.49	50 Breast	44.29	49.19	n/a	51.29	51.29 (27)
1:47.29 (24)	1:47.29	n/a	1:40.99	1:35.49	100 Breast	1:38.79	1:46.59	n/a	1:51.89	1:51.89 (30)
41.39 (24)	41.39	n/a	39.69	37.24	50 Fly	37.49	39.99	n/a	41.99	41.99 (25)
1:40.99 (16)	1:40.99	n/a	1:37.19	1:29.49	100 Fly	1:29.49	1:39.29	n/a	1:43.99	1:43.99 (18)
3:22.49 (23)	3:22.49	n/a	3:15.99	3:01.99	200 IM	3:01.99	3:15.99	n/a	3:25.99	3:25.99 (16)

11/12 TIME STANDARDS LONG COURSE

GIRLS

BOYS

18 LCM	19 LCM	CHANGE	19 SCM	19 SCY		19 SCY	19 SCM	CHANGE	19 LCM	18 LCM
31.59 (33)	31.59	n/a	28.99	27.89	50 Free	27.89	28.99	n/a	31.89	31.89 (27)
1:09.69 (33)	1:09.69	n/a	1:07.59	1:00.89	100 Free	1:00.89	1:07.59	n/a	1:10.69	1:10.69 (23)
2:31.99 (30)	2:31.99	n/a	2:22.79	2:11.49	200 Free	2:14.49	2:25.99	n/a	2:34.19	2:34.19 (35)
5:22.19 (25)	5:22.19	n/a	5:15.79	5:54.99	400/500	5:58.99	5:23.59	-1.50	5:29.99	5:31.49 (39)
37.59 (37)	37.59	n/a	34.89	32.39	50 Back	32.69	35.09	n/a	37.99	37.99 (32)
1:20.59 (29)	1:20.59	n/a	1:15.79	1:09.19	100 Back	1:10.39	1:16.09	-0.50	1:21.99	1:22.49 (40)
2:55.69 (32)	2:55.69	n/a	2:48.39	2:31.79	200 Back	2:32.19	2:48.89	n/a	2:58.99	2:58.99 (38)
42.59 (36)	42.59	n/a	39.59	36.59	50 Breast	36.99	40.09	n/a	43.69	43.69 (28)
1:32.39 (39)	1:31.99	-0.40	1:26.29	1:19.59	100 Breast	1:21.39	1:28.29	n/a	1:35.29	1:35.29 (33)
3:19.99 (30)	3:19.99	n/a	3:12.29	2:53.29	200 Breast	2:54.99	3:14.19	n/a	3:28.69	3:28.69 (34)
34.59 (31)	34.59	n/a	32.49	30.89	50 Fly	31.49	33.29	n/a	35.99	35.99 (38)
1:19.99 (22)	1:19.99	n/a	1:16.19	1:09.59	100 Fly	1:12.19	1:18.19	n/a	1:24.49	1:24.49 (31)
3:10.19 (23)	3:10.19	n/a	2:55.89	2:41.99	200 Fly	2:44.09	2:57.99	n/a	3:22.09	3:22.09 (20)
2:53.99 (27)	2:53.99	n/a	2:45.09	2:31.49	200 IM	2:32.09	2:45.49	n/a	2:55.99	2:55.99 (32)

13/14 TIME STANDARDS LONG COURSE

GIRLS

BOYS

18 LCM	19 LCM	CHANGE	19 SCM	19 SCY		19 SCY	19 SCM	CHANGE	19 LCM	18 LCM
30.09 (52)	29.99	-0.10	28.09	26.09	50 Free	25.19	26.99	n/a	28.69	28.69 (37)
1:05.59 (45)	1:05.49	-0.10	1:02.89	56.69	100 Free	54.79	1:00.79	n/a	1:02.99	1:02.99 (38)

2:22.69 (39)	2:22.69	n/a	2:16.39	2:02.89	200 Free	1:59.09	2:12.09	-0.40	2:18.09	2:18.49 (41)
4:57.19 (26)	4:57.19	n/a	4:49.39	5:30.79	400/500	5:22.79	4:14.59	n/a	4:50.99	4:50.99 (39)
10:25.99 (18)	10:25.99	n/a	10:10.09	11:37.29	800/1000	11:25.99	10:00.19	n/a	10:09.99	10:09.99 (13)
20:06.99 (19)	20:06.99	n/a	19:05.89	19:09.99	1500/1650	18:39.99	18:41.89	n/a	19:44.99	19:44.99 (18)
1:15.49 (45)	1:15.39	-0.10	1:11.69	1:04.59	100 Back	1:02.89	1:09.79	-0.20	1:13.99	1:14.19 (47)
2:44.74 (46)	2:44.49	-0.35	2:33.89	2:18.59	200 Back	2:14.69	2:29.49	n/a	2:39.99	2:39.99 (38)
1:26.69 (26)	1:26.69	n/a	1:22.09	1:13.99	100 Breast	1:11.29	1:19.09	-0.25	1:23.99	1:24.24 (44)
3:07.19 (33)	3:07.19	n/a	2:56.29	2:38.89	200 Breast	2:36.09	2:53.19	-2.20	3:01.49	3:03.69 (48)
1:13.59 (48)	1:13.39	-0.20	1:08.49	1:03.59	100 Fly	1:01.69	1:06.99	n/a	1:10.79	1:10.79 (29)
2:52.99 (46)	2:52.59	-0.40	2:38.89	2:25.59	200 Fly	2:21.19	2:35.39	n/a	2:46.99	2:46.99 (29)
2:42.09 (42)	2:41.99	-0.10	2:30.99	2:19.59	200 IM	2:14.59	2:22.99	n/a	2:35.79	2:35.79 (36)
5:48.99 (35)	5:48.99	n/a	5:31.89	5:00.89	400 IM	4:51.99	5:21.79	n/a	5:44.99	5:44.99 (40)