



CT Swimming Athlete's Committee Minutes

Date: June 5, 2025

Location: Zoom/Online

Attendance: Caroline Gies, Caroline Ward, Greg Pinchbeck, Greg Pinchbeck, Ilse Fedoronko, Mackenzie Grey, Olivia Edwards, Niya Villanueva

Absent: Ava Ward, Luke Scheinfeldt, Julia Scalmani, Niall Easton

- Instagram as a whole: we have gained 201 followers since May 31 and have had over 64,000 views! This is amazing progress, and we will only continue to grow.
- Swimmer Saturday: thank you to everyone for making your videos. We have 2 submissions from non-committee members as of now. In total, we have enough to post until the beginning of September with these which is great! We decided on the prize being a pair of the vanquisher goggles.
- Open water: we got some feedback about the buoys/course, maybe moving back the event (or adding breakfast) to make the timing less awkward between the swim and the amusement park, creating better merch, and creating an instructional video for swimmers prior to the event.
- Olivia's report: she had a fantastic time at the EZ Athlete Summit! She gave us a rundown of what she learned about social media, DEI, mental health, Safe Sport, Junior Officials, and leadership. Here is a [link](#) to all of the slideshows from the summit - check them out for some great info!
- Everyone's Instagram reports: many great ideas shared from everyone! Main themes were: interview junior officials, college commitments, Safe Sport tips, coach interviews, and involvement at meets. I am attaching a doc to this email with everyone's specific ideas for your reference and future use.
- Age Groups: discussed having people announce finals/get social media content, and talked about how to do the pins.
- Seniors: food drive partner is secured, just going to do it on Friday to keep it simple.
- Other opportunities: there are many other committees to serve on if you are interested! The main 2 as of right now are Governance and Banquet. Reach out to Greg if interested.

Up Next:

- Age Groups:
 - Caroline Gies & I will plan to go for finals on either Saturday or Sunday - who else can go to be there for announcing finals/social media coverage?

- Talk with the Age Group Committee about setting up a station for the positivity clips - have the kids write on the clothes pin and "clip" people at the meet
- Social media goals: pictures of podium for each event, at least 2 Swimmer Saturday Videos, any other fun content!
- Seniors:
 - Food Drive - will be on Friday, Amazing Grace Food Pantry will supply boxes, we will collect on deck, Instagram post to come out shortly, everyone please participate and tell your teammates as well!
 - Social media goals (same as Age Groups, see above)
- BOD meeting: July 15 @ 8 PM

Sorry for the lengthy email, but I wanted to be sure to include all that we covered!

Have a great 4th of July weekend,

Caroline

On Fri, Jun 27, 2025 at 5:50 PM Caroline Ward <cpward19@gmail.com> wrote:

Hi everyone!

We have our second meeting coming up on Monday @ 8 PM! I have attached the agenda, so please take a look at that.

Reminders:

- Instagram Accounts: don't forget to look at the Instagram accounts you were assigned to. Everyone will be giving a report at the meeting about ideas they found, things that we should try to do, etc! As we get started up, the best way to grow is to learn from other LSCs.
- Swimmer Saturday: thank you everyone for sending me your videos! They are amazing and I really appreciate you all taking the time to put them together too.
- Attendance Requirements: you are only allowed to miss 2 Athlete Committee meetings per year, so keep that in mind.

Let me know if you have any questions, and see you on Monday!

Enjoy the weekend,

Caroline