



CT Swimming Athlete's Committee Minutes

Date: October 9, 2025

Location: Zoom/Online

Attendance: Ava Ward, Caroline Gies, Caroline Ward, Greg Pinchbeck, Greg Pinchbeck, Ilse Fedoronko, Mackenzie Grey, Olivia Edwards, Niya Villanueva

Absent: Luke Scheinfeldt, Julia Scalmani, Maya Kreuzer, & Niall Easton

Recap of our meeting:

- Report on Annual Summit: Caroline, Greg, and I had such an impactful experience in Denver. We got to participate in workshops about DEI, Safe Sport, project planning, how to be good Reps, etc. We need to prioritize sending at least 2 athletes to this each year!
- Swimposium Discussion: overall it went well and was a meaningful day. What we liked/went well: the speakers, the amount of people, getting to interact with others, interactive activities, jeopardy, and the guest speakers. Things to change for next time: make it shorter, guest speakers again (nutrition & recruiting would be good topics), maybe assign seats so people are forced to meet other people, maybe start with an ice breaker so people are more comfortable speaking with others in the beginning.
- New format & sub-task forces:
 - Championship Meet Task Force: Greg, Maya, Niya, Mackenzie
 - Project Planning & Social Media Task Force: Ava, Ilse, Olivia, Luke

Championship Meet Task Force:

- SWOT Analysis: see attached screenshot!
- Medals: Caroline & Caroline to talk w/Henk & Finance about medal propositions and get back with more details once we see the price.

Project Planning & Social Media:

- Food Drive @ banquet: Greg to get details on if this is possible.
- DEI Movie Screening: movie = "When everyone Swims," tentative details: December 21, 4PM, @ Prospector Theater in Ridgefield - once decisions are made, we will discuss an Athlete Social.
- Halloween Costume Contest: get your teams to participate! See Instagram for details.

- March Madness Belly Flop Bracket: people send in videos, we post polls on Instagram with a bracket style to find winner - prize TBD.

Next up:

- **Banquet volunteering! Let us know by Monday if you are going to come help us set up for the Banquet - Nov 2nd, set-up will be at 10 AM. Link to register [here](#).
- EZ Athlete Summit: June 18-21, 2026 @ Emory University. Look at your schedules, and let us know by Dec 1 if you would be able to go (we are trying to create a list of possible attendees, priority will go to Sr/Jr rep).
- Swimmer Saturday Videos: we are all out of videos, please do your best to make another one!!