



Athlete Protection Training is a requirement of membership in USA Swimming for all adult members, including athletes over the age of 18. According to our membership database, you have not taken the required Athlete Protection Training courses. Please take the courses as soon as possible. For more information please visit: [Athlete Protection Training info](#).

You must complete the courses by July 23, 2019, or else you will not be a member in good standing with USA Swimming. Only members in good standing can practice with USA Swimming member clubs and compete in USA Swimming sanctioned events.

If you have any questions, please contact your Local Swimming Committee registration chair: [Registration Chairs](#)

Thank you.

**ABIGAIL HOWARD**

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