



Safety Training for Swim Coaches In-Water Skills Checklist

	DATE	INSTRUCTOR'S SIGNATURE
Reaching Assist with Equipment	_____	_____
Reaching Assist without Equipment	_____	_____
Reaching Assist without Equipment from a Position in the Water	_____	_____
Throwing Assist – Ring Buoy	_____	_____
Two-Person Removal from the Water Using a Backboard	_____	_____
Hip and Shoulder Support	_____	_____
Head Splint – Face Up & Face Down	_____	_____

Name of Student: _____

Address: _____ City/State/Zip: _____

Date of ARC STSC Online Course Completion Certificate Presented: _____

Name of Instructor Who Tested the In-Water Portion: _____

Lifeguard Instructor Certification Agency: _____ Date of Expiration: _____
Your current certification that permits you to test for these skills

Address: _____ City/State/Zip: _____

Phone: (_____) _____ E-Mail: _____

Signature of Instructor: _____

This signature verifies your certifications meet the USA Swimming guidelines that are acceptable for skill testing for the certification of Safety Training for Swim Coaches in-water portion of their skills.

Currently Approved Agencies:

- American Red Cross – Lifeguarding Instructor, Instructor Trainer, Water Safety Instructor, or Safety Training for Swim Coach Instructor
- American Safety Association – STSC In-Water Skills Checklist
- American Lifeguard Association – Instructor
- Boy Scouts of America Lifeguard Instructor
- Ellis & Associates – International Lifeguard Training Instructor
- StarGuard – StarGuard Instructor
- YMCA – Lifeguarding Instructor

Present this form, your ARC STSC on-line completion certificate, and your instructor’s teaching credentials to your LSC Registrar for verification of completing the STSC requirement for USA Swimming Coaches registration. Send to your team’s registrar, found here: <http://www.ctswim.org/membership.html>

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Disclaimer: USA Swimming reserves the right to verify the authenticity of instructor credentials with the certifying agency. Falsification of this record may constitute a Code of Conduct violation and result in a Board of Review complaint.