

Part-Time Assistant Coach

Bring strong teaching, positive energy, and reliable deck leadership to RAC.

Employment	Part-time
Reports to	Head Coach/CEO and designated squad lead
Schedule	Assigned weekday afternoon/evening practices plus selected meets and weekends
Start date	As soon as mutually agreed
Compensation	\$22-\$25 per hour, paid semi-monthly, with an anticipated maximum of 80 hours per month
Benefits	Reimbursement for approved certifications, professional development, meet travel, and mileage at the applicable IRS rate

ABOUT RAC

Ridgefield Aquatic Club (RAC) is a private, nonprofit, coach-led and parent-supported year-round USA Swimming club serving swimmers from pre-competitive development through national-level training. RAC competes within Connecticut Swimming. A volunteer Board of Directors provides governance, financial oversight, and long-term strategy, while the Head Coach/CEO leads the coaching staff and daily program operations. Our coaching approach emphasizes athlete development, technical excellence, character, confidence, inclusion, and a positive team experience.

POSITION SUMMARY

RAC is seeking a dependable and enthusiastic Part-Time Assistant Coach to support assigned competitive and pre-competitive squads. The ideal candidate teaches fundamentals clearly, builds positive relationships, follows the club curriculum, and contributes consistently at practices and meets.

KEY RESPONSIBILITIES

- Coach assigned practices and provide coverage for other squads when scheduled.
- Teach age-appropriate stroke mechanics, starts, turns, underwater skills, racing habits, and training fundamentals.
- Follow seasonal plans and daily practice objectives established with the Head Coach/CEO and squad lead.
- Maintain an organized, safe, positive, and engaging deck environment.
- Attend assigned meets, assist with warm-up and warm-down, manage athletes on deck, and provide constructive race feedback.
- Support meet entries, attendance tracking, swimmer evaluations, and squad-transition recommendations as assigned.
- Communicate professionally with swimmers, families, and staff through approved channels.
- Follow USA Swimming Safe Sport requirements, MAAPP, the USA Swimming Safe Sport Code, RAC policies and codes of conduct, and approved electronic-communication practices.

- Reinforce the direction of the designated squad lead and Head Coach/CEO and do not provide competing instructions.
- Participate in tryouts, Olympic Way mini meets, clinics, team events, and staff meetings as scheduled.
- Serve as lead coach on deck when designated and promptly report safety, conduct, or operational concerns.

REQUIRED QUALIFICATIONS

- Previous swim coaching, swim instruction, or competitive swimming experience; prior club-coaching experience is strongly preferred.
- USA Swimming coach membership in good standing, or the ability to satisfy all applicable membership and safety requirements before athlete contact, including the criminal background check, Athlete Protection Training, CPR/AED, and Safety Training for Swim Coaches. Employment is contingent on successful completion of applicable RAC and USA Swimming screening and safety requirements.
- Clear communication, reliability, professionalism, and the ability to work effectively with children, teenagers, parents, and fellow coaches.
- Availability for assigned afternoon/evening practices and selected weekend meets.

PREFERRED QUALIFICATIONS

- Experience teaching stroke technique to age-group swimmers.
- USA Swimming University, American Development Model, ASCA, or comparable coaching education.
- Familiarity with meet-entry or team-management systems.

HOW TO APPLY

Email a resume and cover letter to Head Coach/CEO Emmanuel Lanzo at coachlanzo@gmail.com. Applications will be reviewed on a rolling basis until the position is filled. Qualified applicants will be invited to interview; in-person interviews are preferred.

Ridgefield Aquatic Club is an equal opportunity employer. RAC considers qualified applicants without regard to any characteristic protected by applicable federal, state, or local law. Reasonable accommodations for the application and interview process are available upon request.