

AGE GROUP COACH

Charter Oak Aquatic Club | Simsbury, Connecticut

Position: Part-time

Compensation: \$26.00 per hour

Schedule: Two evenings per week, 5:30–8:15 p.m., plus weekend swim meets as scheduled.

About Charter Oak Aquatic Club

Charter Oak Aquatic Club is a growing competitive swim team seeking an enthusiastic and dependable Age Group Coach. Our program emphasizes strong swimming fundamentals, individual progress, and a supportive team community.

We are looking for an engaging coach who builds strong rapport with young swimmers, motivates athletes of varying abilities, and helps children develop confidence and a lasting enjoyment of swimming.

The Role

Working collaboratively with Head Coach Karim Mabrouk, the Age Group Coach will plan and lead practices, teach competitive swimming technique, and support athletes at weekend meets. The coach will help swimmers develop their skills while encouraging effort, sportsmanship, and teamwork.

Key Responsibilities

- Develop organized, progressive workouts appropriate to swimmers' ages, abilities, and seasonal goals.
- Teach and refine the four competitive strokes, starts, turns, and finishes.
- Lead two evening practices each week and attend assigned weekend swim meets.
- Provide individualized feedback and monitor swimmer progress.
- Help athletes develop effective training habits, race strategies, and confidence in competition.
- Establish clear, consistent expectations for effort, behavior, and respect.
- Maintain a safe, inclusive, and encouraging environment.
- Communicate professionally with swimmers, families, and fellow coaches.
- Coordinate with the Head Coach to support consistent instruction and progression between training groups.

Qualifications and Personal Attributes

- Previous competitive swimming and/or swim coaching experience; age-group coaching experience preferred.
- Strong understanding of competitive swimming technique and athlete development.
- Ability to build positive relationships with children and motivate swimmers of different abilities.
- An approachable, patient, and energetic coaching style.
- Strong organization, communication, and collaboration skills.
- Reliability and availability for scheduled practices and meets.
- Ability to obtain and maintain required USA Swimming coaching credentials and safety certifications before beginning coaching duties.

Our Coaching Approach

We value technical development, competitive progress, and swimmer well-being. A successful coach will help athletes understand their goals, take pride in their improvement, and feel connected to their teammates.

How to Apply

Please email your résumé and a brief statement describing your coaching experience and interest in the position to:

Joanna Ferrari Beernaert

President, Charter Oak Aquatic Club

Info@Ctoak.org

Subject line: Age Group Coach Application