

The Ridgefield Aquatic Club coaching staff develops swimmers at every level while building confidence, character, connection, and a lasting love for the sport.

During the 2025–26 season, RAC won the combined Connecticut Senior Championships in both short course and long course, sweeping the women's, men's, and combined long course titles. RAC's boys finished second at both Age Group Championships. Swimmers broke club and state records, achieved national qualifying standards, and earned individual and relay finals appearances at Futures, including third- and fifth-place finishes by the women's freestyle relays.

These achievements reflect contributions across the staff. Emmanuel Lanzo guided the senior program and overall development philosophy. Paul Marchese and Kyle Shadeck advanced age-group and junior development. Colleen Bumbala built the foundation through Olympic Way and Development, Tim Corcoran supported strength and physical preparation, and Shayne Simmons promoted lifelong swimming through Masters.

Their impact extended beyond RAC. Kyle was selected for ASCA's "30 Under 30" recognition and served as head coach of Connecticut's Age Group Zones travel team, with Paul as assistant coach. Emmanuel advocated for restoring the meet as a travel-team experience. Paul also returned as an invited coach at the Wolfpack Swim Camp, while Emmanuel proudly represented Connecticut as a selected presenter at the 2026 ASCA World Clinic.

RAC coaches contributed to the Connecticut All-Star & DEI Camp, connecting swimmers through training, leadership, and inclusion. Bringing the Kieran Smith Swim Clinic to Hamden Hall further expands statewide access to meet and learn from an Olympian.

Together, RAC's coaches share a purpose: develop faster swimmers, stronger teammates, and a community where every athlete feels supported and inspired.