

Ed Steinnagel- LEHY Swimming

Coach Ed has been a presence on the pool deck since the early 1990s. Over the years, he has built a strong developmental program and helped grow LEHY from a team of fewer than 10 swimmers into a consistently strong, mid-sized competitive program of approximately 120 swimmers, serving athletes of all abilities and levels of experience.

He has been part of countless successful seasons and has had the privilege of watching generations of swimmers grow, both in and out of the pool. His impact on LEHY extends far beyond the numbers. He has helped create a program where swimmers can develop their skills, build confidence, challenge themselves, and discover a love for the sport.

While there have been many memorable and successful seasons over the years, this past year was especially noteworthy.

Coach Ed's Accomplishments in the 2025-2026 Swim Seasons

2025-2026 SC Season:

- Age Groups
 - Team Overall- 5th (Men- 7th , Women- 5th) out of 57 teams.
- 12 swimmers qualified to represent LEHY at Eastern Zone Championships
 - 5 swimmers finished Top 10 in multiple events
- 15 swimmers being recognized as Top 16 swimmers for YMCA of the USA

2026 LC Season:

- Age Groups
 - 21 out 34 of the 12 and under LEHY swimmers coached by Coach Ed qualified for Age Groups (62%)
 - Team Overall- 3rd (Men- 4th , Women- 4th) out of 41 teams.
 - 11/12 Boys High Point
- 5 swimmers qualified to represent CT Swimming at Eastern Zones
 - 2 of the 5 swimmers finished top 16 scoring points for CT Swimming
- 9 swimmers represented LEHY at the Eastern Zone Open Water Championship in NJ
 - 8 swimmers 13 and under completed the 1.25K
 - 2 x top 8 finishes (4th and 8th)
 - 4 x top 16 finishers

In addition to swimming, Coach Ed also gives back to the swimmers of LEHY in countless ways. He spends hours of his own time supporting our swimmers and finding ways to help make their opportunities possible. This past year alone, he collected more than 80,000 cans and bottles to help offset meet expenses for our LEHY swimmers attending upper-level meets, including YMCA Nationals and Eastern Zone.

His commitment goes far beyond coaching from the pool deck. He continually finds ways to support our swimmers, give them opportunities to succeed, and make sure that finances do not stand in the way of their accomplishments.