

Coach Dennis Flores is in his 23rd year with Zeus Swim Team and his 10th year as Head Coach. Over more than two decades, he has helped shape the culture, develop generations of athletes, and establish Zeus as a consistently competitive program.

This past season reflected the impact of that leadership. Zeus achieved outstanding success at the state, regional, and national levels. At the Connecticut Senior Championships, Zeus was represented by 22 swimmers at the Short Course Championships and 31 swimmers at the Long Course Championships. A Zeus swimmer earned both the Overall High Point and Distance High Point awards at both the Short Course and Long Course Championships. Zeus also captured the Men's Short Course Senior Championship, placed 3rd in the men's standings at Long Course, and finished 5th overall.

That success continued beyond Connecticut, with 18 Sectional qualifiers, a U.S. Open finalist, and a swimmer who finished 13th nationally in the 200 Backstroke at Super Sectionals. At Sectionals, Zeus finished 13th overall and 8th in the men's standings despite having only four male and one female swimmer competing.

These results demonstrate more than competitive success—they reflect Coach Flores's ability to develop athletes, build confidence, and create a team culture where swimmers consistently reach higher levels. His 23 years of commitment and 10 years of leadership have had a lasting impact on Zeus Swim Team and the athletes who have come through the program.