

2021 Junior Coach Representative Nominee Biographies

Sarah Basile, RYWC

Graduate of Western CT State University. With degree in Communications. Represented the Colonials for four years. Upon graduating returned home to Plainville CT and began coaching with the WRTS in 2015. The last three years I've worked as the Head Developmental Age Group Coach and assisted with senior levels with the Regional YMCA of Western CT (RYWC).

In addition to coaching at RYWC I assisted with the WCSU varsity men's and women's team, and have been the head coach of Immaculate/ Bethel Girls high school swim team for the last two years.

Observed and participated in discussions with the former Senior and Age group Chairs on important CT Swimming matters.

Attended the Women's Leadership Summit.

Bill Natlo, Head Age Group Coach; Rapids Swim Team

I'm beginning my fifth season with Rapids Swim Team and was named Head Age Group Coach in March, 2019 where I lead our Junior group and have broad oversight of the Rapids' full age group program.

I've been actively coaching since 2004, with the majority of that time spent in New York before moving to Connecticut in 2012. My past experience includes positions at the NCAA, club, high school and recreational levels, including: Head Coach at Pace University (2008-2011), Lead Age Group & Senior Coach with Empire and Middies Swimming (2004-2011), Head Coach at the Ursuline School (2007) and Head Coach at Rocky Ledge Swimming Association (2005-2010). I hold Level III certification from ASCA.

With Pace, I was responsible for building the program and in three years, took the team from 8 to over 30 swimmers. Additionally, 13 of our athletes were named to Conference All-Star and All-Academic Teams and 6 athletes achieved NCAA Division II qualifying times during my tenure there. At Empire and Middies, I helped develop numerous Metro LSC age group champions and LSC and team record holders, along with a number of Sectional, Junior and Senior National qualifiers. My teams at Rocky Ledge captured back to back summer Division Championships in 2006 and 2007 and I was named "Conference Coach of the Year" in 2008. And at the Ursuline School, I guided the girls team to an undefeated season and the New York State Section I Title, sending six swimmers to that season's NYS Championship Meet.

Outside of coaching, I have nearly 20 years of Marketing experience working with Fortune 500 companies like Pepsico, Kraft, Heineken and Anheuser-Busch. I also spent five years teaching

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fifth grade and recently accepted a position as a full-time professor of Marketing at Fairfield University, a role I'll begin in September, 2021.

Finally, I have a strong background in serving volunteer boards including: Secretary with Tarrytown Nursery School (2009-2011), Division Coaches Rep with the Westchester County Swim Conference (2005-2011), Webmaster/Marketing Director with Trumbull Babe Ruth Baseball (2018-2020); and Various Roles on the Trumbull Little League BOD (2015-Present).

Firmly planted in Connecticut Swimming as both a coach and swim Dad (two of my three swim for Rapids!), I'm looking to join the BOD and help give back to the sport by representing the great coaches in this LSC to the best of my ability!

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