

The following schedule changes for the HHAC/SLAC sessions of 2019 Regional Championships have been approved by Program Operations:

- Friday: 4:00 warm-up, 5:30 start
- Saturday and Sunday Morning: 7:00am warmup, 8:30am start
- Saturday Afternoon: 12:00pm warmup, 2:00pm start
- Sunday Afternoon: 12:30pm warmup, 2:30pm start