

CT GRIT Club Champs, Sanction #: L26-51a
July 24, 2026 - Middletown, CT
Session Report

Session: 1 Friday Timed Finals

Day of Meet: 1 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 13-18 200 Freestyle Relay Break: 5 Minutes:	11	2 u	08:15 AM	_____
Finals	2 Mixed 12 & Under 200 Freestyle Relay	10	2 u	08:26 AM	_____
Finals	3 Girls 13-18 200 IM	22	3 u	08:32 AM	_____
Finals	4 Boys 13-18 200 IM Break: 5 Minutes:	21	3 u	08:43 AM	_____
Finals	5 Girls 12 & Under 200 IM	19	3 u	08:58 AM	_____
Finals	6 Boys 12 & Under 200 IM	9	2 u	09:11 AM	_____
Finals	7 Girls 13-18 100 Freestyle	40	5 u	09:19 AM	_____
Finals	8 Boys 13-18 100 Freestyle Break: 5 Minutes:	33	5 u	09:27 AM	_____
Finals	9 Girls 12 & Under 100 Freestyle	49	7 u	09:40 AM	_____
Finals	10 Boys 12 & Under 100 Freestyle	29	4 u	09:54 AM	_____
Finals	11 Girls 13-18 50 Backstroke	31	4 u	10:01 AM	_____
Finals	12 Boys 13-18 50 Backstroke Break: 5 Minutes:	21	3 u	10:07 AM	_____
Finals	13 Girls 12 & Under 50 Backstroke	47	6 u	10:15 AM	_____
Finals	14 Boys 12 & Under 50 Backstroke	24	3 u	10:24 AM	_____
Finals	15 Girls 13-18 200 Breaststroke	11	2 u	10:28 AM	_____
Finals	16 Boys 13-18 200 Breaststroke Break: 5 Minutes:	11	2 u	10:37 AM	_____
Finals	17 Girls 12 & Under 200 Breaststroke	8	1 u	10:50 AM	_____
Finals	18 Boys 12 & Under 200 Breaststroke Break: 5 Minutes:	3	1 u	10:55 AM	_____
Finals	19 Girls 13-18 800 Freestyle	1	1 u	11:05 AM	_____
Finals	20 Boys 13-18 800 Freestyle	4	1 u	11:15 AM	_____
	Swimmers Counts for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	404	60		
	Finish Time			11:29 AM	_____

CT GRIT Club Champs, Sanction #: L26-51a**July 24, 2026 - Middletown, CT****Session Report**

Session: 2 Saturday Timed Finals

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Mixed 12 & Under 200 Medley Relay	10	2 u	08:15 AM	_____
Finals	22 Mixed 13-18 200 Medley Relay	12	2 u	08:23 AM	_____
	Break: 5 Minutes:				
Finals	23 Girls 12 & Under 100 Backstroke	44	6 u	08:35 AM	_____
Finals	24 Boys 12 & Under 100 Backstroke	28	4 u	08:49 AM	_____
Finals	25 Girls 13-18 100 Backstroke	39	5 u	08:59 AM	_____
Finals	26 Boys 13-18 100 Backstroke	31	4 u	09:10 AM	_____
	Break: 5 Minutes:				
Finals	27 Girls 12 & Under 200 Freestyle	39	5 u	09:23 AM	_____
Finals	28 Boys 12 & Under 200 Freestyle	27	4 u	09:42 AM	_____
Finals	29 Girls 13-18 200 Freestyle	41	6 u	09:58 AM	_____
Finals	30 Boys 13-18 200 Freestyle	31	4 u	10:19 AM	_____
	Break: 5 Minutes:				
Finals	31 Girls 12 & Under 50 Breaststroke	55	7 u	10:36 AM	_____
Finals	32 Boys 12 & Under 50 Breaststroke	38	5 u	10:46 AM	_____
Finals	33 Girls 13-18 50 Breaststroke	27	4 u	10:52 AM	_____
Finals	34 Boys 13-18 50 Breaststroke	32	4 u	10:57 AM	_____
	Break: 5 Minutes:				
Finals	35 Girls 12 & Under 100 Butterfly	11	2 u	11:06 AM	_____
Finals	36 Boys 12 & Under 100 Butterfly	5	1 u	11:11 AM	_____
Finals	37 Girls 13-18 100 Butterfly	25	4 u	11:13 AM	_____
Finals	38 Boys 13-18 100 Butterfly	26	4 u	11:21 AM	_____
	Break: 5 Minutes:				
Finals	39 Girls 12 & Under 400 Freestyle	6	1 u	11:33 AM	_____
Finals	40 Boys 12 & Under 400 Freestyle	6	1 u	11:40 AM	_____
Finals	41 Girls 13-18 400 IM	5	1 u	11:49 AM	_____
Finals	42 Boys 13-18 400 IM	5	1 u	11:56 AM	_____
	Swimmers Counts for Warm-ups: 226	=====	=====		
	Entry / Heat Totals:	543	77		
	Finish Time			12:02 PM	_____

CT GRIT Club Champs, Sanction #: L26-51a**July 24, 2026 - Middletown, CT****Session Report**

Session: 3 Sunday Timed Finals

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 13-18 50 Butterfly	38	5 u	08:15 AM	_____
Finals	44 Boys 13-18 50 Butterfly	36	5 u	08:21 AM	_____
	Break: 5 Minutes:				
Finals	45 Girls 12 & Under 50 Butterfly	47	6 u	08:31 AM	_____
Finals	46 Boys 12 & Under 50 Butterfly	31	4 u	08:37 AM	_____
Finals	47 Girls 13-18 200 Backstroke	22	3 u	08:42 AM	_____
Finals	48 Boys 13-18 200 Backstroke	12	2 u	08:54 AM	_____
	Break: 5 Minutes:				
Finals	49 Girls 12 & Under 200 Backstroke	9	2 u	09:06 AM	_____
Finals	50 Boys 12 & Under 200 Backstroke	8	1 u	09:15 AM	_____
Finals	51 Girls 13-18 100 Breaststroke	25	4 u	09:19 AM	_____
Finals	52 Boys 13-18 100 Breaststroke	27	4 u	09:28 AM	_____
	Break: 5 Minutes:				
Finals	53 Girls 12 & Under 100 Breaststroke	32	4 u	09:41 AM	_____
Finals	54 Boys 12 & Under 100 Breaststroke	27	4 u	09:51 AM	_____
Finals	55 Girls 13-18 50 Freestyle	49	7 u	10:01 AM	_____
Finals	56 Boys 13-18 50 Freestyle	44	6 u	10:08 AM	_____
	Break: 5 Minutes:				
Finals	57 Girls 12 & Under 50 Freestyle	67	9 u	10:18 AM	_____
Finals	58 Boys 12 & Under 50 Freestyle	47	6 u	10:27 AM	_____
Finals	59 Girls 13-18 200 Butterfly	5	1 u	10:33 AM	_____
Finals	60 Boys 13-18 200 Butterfly	3	1 u	10:36 AM	_____
	Break: 5 Minutes:				
Finals	61 Girls 12 & Under 200 Butterfly	3	1 u	10:44 AM	_____
Finals	62 Boys 12 & Under 200 Butterfly	0	0	10:48 AM	_____
	Break: 5 Minutes:				
Finals	63 Girls 13-18 400 Freestyle	8	1 u	10:53 AM	_____
Finals	64 Boys 13-18 400 Freestyle	18	3 u	11:00 AM	_____
	Swimmers Counts for Warm-ups: 231	=====	=====		
	Entry / Heat Totals:	558	79		
	Finish Time			11:20 AM	_____