

2025 Age Group Champs Warm-ups							
Thursday WU 2:00p, Start 3:00p							
2:00-2:40p ALL Lanes General WU- 2:40-2:55p Lanes 1,2,3,8,9,10 Pace, Lanes 4 Starts, Lane 5,6,7 Circle							
Friday, Saturday, Sunday WU 7:30a, Start 8:45a							
	PRELIMS				FINALS		
	7:30 - 8:00a	8:00-8:25a	8:25-8:40a		4:00-4:40p	4:40-4:55p	
FRI	13/14 GENERAL WU	11/12 GENERAL WU	Starts/Pace		OPEN Warm-up	Starts/Pace	
CLOSED				CLOSED			
WU1	OPEN	OPEN	Cirlce	WU1	13/14	Cirlce	
WU2			Circle	WU2	13/14	Circle	
BULKHEAD				BULKHEAD			
Lane 1	OPEN	OPEN	Pace	Lane 1	13/14	Pace	
Lane 2			STARTS	Lane 2	13/14	STARTS	
Lane 3			STARTS	Lane 3	13/14	STARTS	
Lane 4			STARTS	Lane 4	13/14	STARTS	
Lane 5			Circle	Lane 5	13/14	Circle	
Lane 6			STARTS	Lane 6	13/14	Circle	
Lane 7			STARTS	Lane 7	11/12.	STARTS	
Lane 8			STARTS	Lane 8	11/12.	STARTS	
Lane 9			Pace	Lane 9	11/12.	Pace	
Lane 10			Pace	Lane 10	11/12.	Pace	
BULKHEAD				BULKHEAD			
WU3	OPEN	OPEN	Pace	WU3	11/12.	Pace	
WU4			Circle	WU4	11/12.	Circle	
WU5			Circle	WU5	11/12.	Circle	
	7:30 - 7:55a	7:55-8:25a	8:25-8:40a				
SAT	11/12 GENERAL WU	13/14 GENERAL WU	Starts/Pace				
CLOSED							
WU1	OPEN	OPEN	Cirlce				
WU2			Circle				
BULKHEAD							
Lane 1	OPEN	OPEN	Pace				
Lane 2			STARTS				
Lane 3			STARTS				
Lane 4			STARTS				
Lane 5			Circle				
Lane 6			STARTS				
Lane 7			STARTS				
Lane 8			STARTS				
Lane 9			Pace				
Lane 10			Pace				
BULKHEAD							
WU3	OPEN	OPEN	Pace				
WU4			Circle				
WU5			Circle				

	7:30 - 8:00a	8:00-8:25a	8:25-8:40a			
SUN	13/14 GENERAL WU	11/12 GENERAL WU	15 Min Starts/Pace			
CLOSED						
WU1	OPEN	OPEN	Cirlce			
WU2			Circle			
BULKHEAD						
Lane 1	OPEN	OPEN	Pace			
Lane 2			STARTS			
Lane 3			STARTS			
Lane 4			STARTS			
Lane 5			Circle			
Lane 6			STARTS			
Lane 7			STARTS			
Lane 8			STARTS			
Lane 9			Pace			
Lane 10			Pace			
BULKHEAD						
WU3	OPEN	OPEN	Pace			
WU4			Circle			
WU5			Circle			