

# REVISED - 10/UNDER AGE GROUPS WARM-UPS

## THURSDAY

5:00-5:35p Open General Warm-up, lanes will be designated for 12/unders

<b>FRIDAY</b>	<b>General</b>		<b>Specific</b>	<b>Start</b>
Lanes	1:00-1:20p	1:20-1:40p	1:40-1:55p	2:00p
	1 CPAC	SSAC	Starts	
	2 NCY, BPSL, GLAS, IVY	MYST, NCA, NFAF, PAC, MJCC	Starts	
	3 CDOG, PSDY, FVYT	GRYM, HHAC	Starts	
	4 SEAL, GYWD, FA	ARAC, CAT	Starts	
	5 WRAT, ZEUS	WWRX, SYS	Starts	
	6 RST, BULL	RYWC, AJSC	Starts	
	7 LEHY, WHAT	SJCC, WEST	Starts	
	8 RAC	WYW, WMAD	Starts	
<b>SATURDAY</b>	<b>General</b>		<b>Specific</b>	
Lanes	1:00-1:20p	1:20-1:40p	1:40-1:55p	2:00p
	1 SSAC	CPAC	Starts	
	2 MYST, NFAF, PAC, WMAD	NCY, BPSL, GLAS, FVYT	Starts	
	3 GRYM, HHAC	CDOG, PSDY	Starts	
	4 ARAC, CAT	SEAL, GYWD, FA	Starts	
	5 WWRX, SYS	WRAT, ZEUS	Starts	
	6 RYWC, AJSC	RST, BULL	Starts	
	7 SJCC, WEST	LEHY, WHAT	Starts	
	8 WYW	RAC	Starts	
<b>SUNDAY</b>	<b>General</b>		<b>Specific</b>	
Lanes	1:45-2:05p	2:05-2:25p	2:25-2:40p	2:45p
	1 LEHY	CDOG, AJSC	Starts	
	2 CAT, SEAL	SSAC	Starts	
	3 WYW	SYS, GRYM	Starts	
	4 HHAC, NFAF	BULL, WWRX	Starts	
	5 CPAC	RAC	Starts	
	6 PSDY, FA, WHAT	ZEUS, ARAC	Starts	
	7 RST, GYWD	FVYT, MJCC, NCA, NCY, WEST	Starts	
	8 WRAT	RYWC, WMAD	Starts	