

2025 SC Regional Time Standards

10/U GIRLS

10/U BOYS

| SCY | | LCM | | Event | LCM | | SCY | |
|---------|---------|---------|---------|--------------|---------|---------|---------|---------|
| MAX | MIN | MAX | MIN | | MAX | MIN | MAX | MIN |
| 32.49 | ---- | 35.99 | ---- | 50 Free | 36.49 | ---- | 31.99 | ---- |
| 1:13.79 | ---- | 1:21.19 | ---- | 100 Free | 1:21.99 | ---- | 1:11.49 | ---- |
| 2:46.59 | ---- | 2:57.39 | ---- | 200 Free | 2:58.39 | ---- | 2:39.19 | ---- |
| 7:14.29 | 8:24.99 | 6:27.09 | 7:35.29 | 400/500 Free | 6:25.69 | 7:29.39 | 7:14.19 | 8:16.39 |
| 38.39 | ---- | 43.09 | ---- | 50 Back | 44.19 | ---- | 38.19 | ---- |
| 1:24.39 | ---- | 1:34.69 | ---- | 100 Back | 1:35.59 | ---- | 1:23.09 | ---- |
| 2:40.79 | ---- | 2:55.89 | ---- | 200 Back | 2:57.49 | ---- | 2:43.59 | ---- |
| 43.89 | ---- | 49.49 | ---- | 50 Breast | 51.49 | ---- | 44.19 | ---- |
| 1:37.39 | ---- | 1:49.39 | ---- | 100 Breast | 1:51.39 | ---- | 1:37.89 | ---- |
| 3:05.69 | ---- | 3:24.99 | ---- | 200 Breast | 3:28.59 | ---- | 3:08.49 | ---- |
| 38.09 | ---- | 41.99 | ---- | 50 Fly | 42.49 | ---- | 37.69 | ---- |
| 1:40.49 | ---- | 1:43.09 | ---- | 100 Fly | 1:43.69 | ---- | 1:38.99 | ---- |
| 2:59.99 | ---- | 3:05.99 | ---- | 200 Fly | 3:17.99 | ---- | 2:59.99 | ---- |
| 1:24.39 | ---- | N/A | ---- | 100 IM | N/A | ---- | 1:23.69 | ---- |
| 3:14.39 | ---- | 3:24.79 | ---- | 200 IM | 3:24.79 | ---- | 3:11.19 | ---- |

11-12 Girls

11-12 Boys

| | | | | | | | | |
|----------|----------|----------|----------|----------------|----------|----------|----------|----------|
| 28.39 | ---- | 32.39 | ---- | 50 Free | 31.99 | ---- | 27.99 | ---- |
| 1:02.69 | ---- | 1:11.69 | ---- | 100 Free | 1:11.49 | ---- | 1:01.99 | ---- |
| 2:17.29 | ---- | 2:35.89 | ---- | 200 Free | 2:35.89 | ---- | 2:16.99 | ---- |
| 6:04.99 | 7:28.09 | 5:27.09 | 6:40.19 | 400/500 Free | 5:25.99 | 6:40.19 | 6:00.49 | 7:28.09 |
| 20:20.49 | 24:18.19 | 20:31.99 | 25:20.59 | 1650/1500 Free | 19:48.39 | 25:20.59 | 19:46.69 | 24:18.19 |
| 32.99 | ---- | 37.39 | ---- | 50 Back | 37.79 | ---- | 32.99 | ---- |
| 1:11.39 | ---- | 1:20.49 | ---- | 100 Back | 1:21.79 | ---- | 1:11.59 | ---- |
| 2:40.79 | ---- | 2:55.89 | ---- | 200 Back | 2:57.49 | ---- | 2:43.59 | ---- |
| 37.49 | ---- | 42.89 | ---- | 50 Breast | 43.19 | ---- | 36.99 | ---- |
| 1:21.49 | ---- | 1:32.99 | ---- | 100 Breast | 1:34.49 | ---- | 1:22.49 | ---- |
| 3:05.69 | ---- | 3:24.99 | ---- | 200 Breast | 3:28.59 | ---- | 3:08.49 | ---- |
| 31.59 | ---- | 35.49 | ---- | 50 Fly | 36.19 | ---- | 31.69 | ---- |
| 1:14.29 | ---- | 1:22.09 | ---- | 100 Fly | 1:23.69 | ---- | 1:15.99 | ---- |
| 2:59.99 | ---- | 3:05.99 | ---- | 200 Fly | 3:17.99 | ---- | 2:59.99 | ---- |
| 1:12.29 | ---- | N/A | ---- | 100 IM | N/A | ---- | 1:11.99 | ---- |
| 2:39.19 | ---- | 2:56.39 | ---- | 200 IM | 2:55.49 | ---- | 2:35.69 | ---- |
| 5:09.69 | 6:10.29 | 5:52.39 | 7:06.99 | 400 IM | 5:44.99 | 7:06.99 | 4:53.49 | 6:10.29 |

13/14 Girls

13/14 Boys

| | | | | | | | | |
|----------|----------|----------|----------|----------------|----------|----------|----------|----------|
| 26.79 | ---- | 29.99 | ---- | 50 Free | 28.99 | ---- | 24.99 | ---- |
| 57.49 | ---- | 1:05.79 | ---- | 100 Free | 1:03.49 | ---- | 55.99 | ---- |
| 2:07.09 | ---- | 2:24.59 | ---- | 200 Free | 2:15.39 | ---- | 1:58.99 | ---- |
| 5:37.29 | 6:55.69 | 5:05.19 | 6:14.19 | 400/500 Free | 4:55.79 | 6:00.89 | 5:20.69 | 6:38.49 |
| 20:20.49 | 24:18.19 | 20:31.99 | 25:20.59 | 1500/1650 Free | 19:48.39 | 25:20.59 | 19:46.69 | 24:18.19 |
| 1:05.19 | ---- | 1:13.59 | ---- | 100 Back | 1:11.09 | ---- | 1:02.29 | ---- |
| 2:23.09 | ---- | 2:40.09 | ---- | 200 Back | 2:35.79 | ---- | 2:15.99 | |
| 1:15.49 | ---- | 1:26.99 | ---- | 100 Breast | 1:21.59 | ---- | 1:10.79 | |
| 2:44.89 | ---- | 3:09.99 | ---- | 200 Breast | 2:57.99 | ---- | 2:36.19 | ---- |
| 1:04.99 | ---- | 1:14.09 | ---- | 100 Fly | 1:09.99 | ---- | 1:01.49 | |
| 2:40.29 | ---- | 2:52.99 | ---- | 200 Fly | 2:48.49 | ---- | 2:28.79 | ---- |
| 2:23.19 | ---- | 2:41.59 | ---- | 200 IM | 2:35.39 | ---- | 2:14.69 | |
| 5:09.69 | 6:10.29 | 5:52.39 | 7:06.99 | 400 IM | 5:44.99 | 7:06.99 | 4:53.49 | 6:10.29 |

15-18 Girls

15-18 Boys

| SCY | | LCM | | Event | LCM | | SCY | |
|----------|----------|----------|----------|----------------|----------|----------|----------|----------|
| MAX | MIN | MAX | MIN | | MAX | MIN | MAX | MIN |
| 25.19 | ---- | 28.79 | ---- | 50 Free | 25.69 | ---- | 23.39 | ---- |
| 54.99 | ---- | 1:02.79 | ---- | 100 Free | 56.39 | ---- | 50.79 | ---- |
| 1:59.59 | ---- | 2:16.29 | ---- | 200 Free | 2:05.79 | ---- | 1:51.49 | ---- |
| 5:20.99 | 6:44.49 | 4:49.79 | 6:02.99 | 400/500 Free | 4:30.79 | 5:39.79 | 5:01.79 | 6:18.09 |
| 18:35.19 | 23:17.59 | 19:26.39 | 24:00.79 | 1500/1650 Free | 18:26.99 | 22:35.39 | 18:00.69 | 21:59.29 |
| 1:01.59 | ---- | 1:11.69 | ---- | 100 Back | 1:05.09 | ---- | 58.29 | ---- |
| 2:15.39 | ---- | 2:36.09 | ---- | 200 Back | 2:22.99 | ---- | 2:07.79 | ---- |
| 1:10.99 | ---- | 1:22.79 | ---- | 100 Breast | 1:13.39 | ---- | 1:06.99 | ---- |
| 2:36.39 | ---- | 3:01.09 | ---- | 200 Breast | 2:46.29 | ---- | 2:28.49 | ---- |
| 1:00.29 | ---- | 1:08.79 | ---- | 100 Fly | 1:01.35 | ---- | 56.29 | ---- |
| 2:20.29 | ---- | 2:43.79 | ---- | 200 Fly | 2:26.59 | ---- | 2:12.99 | ---- |
| 2:16.19 | ---- | 2:36.19 | ---- | 200 IM | 2:24.69 | ---- | 2:05.59 | ---- |
| 4:52.19 | 6:00.29 | 5:32.49 | 6:53.29 | 400 IM | 5:14.09 | 6:22.19 | 4:33.79 | 5:32.89 |