

**CONNECTICUT SWIMMING  
CT LC SENIOR CHAMPIONSHIPS MEET**

**WESLEYAN UNIVERSITY**



**VISITORS GUIDE**

**JULY 11-14, 2024**

## **WESLEYAN UNIVERSITY FREEMAN ATHLETICS CENTER RULES**

- 1. NO FOLDING CHAIRS ARE PERMITTED ANYWHERE IN THE BUILDING.**
  - a. SPECTATOR AND SWIMMER SEATING IS LOCATED IN SPURRIER-SNYDER RINK.  
WESLEYAN UNIVERSITY ASKS THAT YOU LEAVE YOUR FOLDING CHAIRS AT HOME!
- 2. POOL DECK AND SPECTATOR SEATING IS LIMITED.**
  - a. PER FIRE MARSHAL GUIDELINES:
    - i. DECK CAPACITY: 350 (INCLUDES SWIMMERS, COACHES & MEET VOLUNTEERS)
    - ii. SPECTATOR VIEWING AREA CAPACITY: 340.
    - iii. SPECTATORS WILL BE ALLOWED TO SIT ONLY IN THE SPECTATOR VIEWING AREA.
    - iv. HANDICAPPED SEATING: LOCATED TO THE LEFT OF THE SPECTATOR VIEWING AREA ENTRANCE.
- 3. FOOTWEAR IS REQUIRED IN THE BUILDING.**
  - a. SWIMMERS ARE NOT PERMITTED TO WALK BAREFOOT OUTSIDE OF THE POOL DECK AND LOCKER ROOMS.
- 4. LOCKER ROOM GUIDELINES.**
  - a. NO LOCKS MAY BE LEFT ON WESLEYAN LOCKERS.
  - b. NO SHAVING ON PREMISES IS PERMITTED.
  - c. NO ACCESS TO FACULTY LOCKER ROOMS IS PERMITTED. SWIMMERS ARE PERMITTED TO USE THE "GENERAL" LOCKER ROOMS.
- 5. CHANGING INTO OR OUT OF SWIMSUITS, WHOLE OR IN PART, OTHER THAN IN LOCKER ROOMS OR OTHER DESIGNATED AREAS IS NOT APPROPRIATE AND PROHIBITED.**
- 6. MISBEHAVIOR, UNSPORTSMANLIKE CONDUCT, VANDALISM AND THEFT WILL NOT BE TOLERATED AND CAN RESULT IN BEING BARRED FROM PARTICIPATION IN THE MEET.**
- 7. NO ELECTRONIC AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, ARE PERMITTED IN CHANGING AREAS, REST ROOMS, OR LOCKER ROOMS. FAILURE TO COMPLY MAY RESULT IN EXPULSION FROM THE MEET.**
- 8. ANY VEHICLE PARKED ANYWHERE OTHER THAN IN A PARKING SPACE WILL BE SUBJECT TO FINES AND BEING TOWED.**
- 9. FOLLOWING YOUR MEET, PLEASE PICK UP ANY TRASH (I.E. – PLASTIC BOTTLES, FOOD WRAPPERS, ETC.) AND PLEASE IN ONE OF THE TRASH/RECYCLE BINS LOCATED ON THE DECK FLOOR.**
- 10. ACCESS TO THE ATHLETICS CLASSROOM INSIDE THE CROSS STREET LOBBY IS STRICTLY PROHIBITED UNLESS APPROVED BY THE ATHLETICS DEPARTMENT STAFF.**

## **WESLEYAN UNIVERSITY DRIVING DIRECTIONS**

### **FREEMAN ATHLETICS CENTER GPS ADDRESS: 161 CROSS STREET, MIDDLETOWN, CT 06457**

By Car from Hartford and North: Take Interstate 91 South through Hartford to exit 22S (left-hand exit). This exit is for Route 9 South to Middletown. At exit 15 (second light), turn right onto Route 66 West (also called Washington Street). Please refer to specific athletic facility instructions below.

By Car from New Haven and South: Traveling on Interstate 91 North, take exit 18 (66 East) - or - Traveling on Merritt/Wilbur Cross Parkway (Route 15 North), take exit 68 to Route 691/66 East. Route 66 becomes Washington Street in Middletown. Please refer to specific athletic facility instructions below.

By Car from Waterbury and West: Traveling on Interstate 84 East, take exit 27 to Route 691/66 East. Route 66 E becomes Washington Street in Middletown. Please refer to specific athletic facility instructions below.

By Car from New London and Southeast: Travel on Interstate 95 North to Route 9 North in Old Saybrook. Follow Route 9 North all the way to Middletown and turn left at the first traffic light in Middletown (Route 66 West). Please refer to specific athletic facility instructions below.

By Car from Willimantic and East: Travel on Route 66 West all the way to Portland. Go over the bridge to Middletown, which puts you on Main Street. Stay on Main Street to third light, which is for Route 66 West (Washington Street). Turn right on Washington Street. Please refer to specific athletic facility instructions below.

To the Freeman Athletic Center: If coming West on Route 66/Washington Street, go past High Street and turn left at next light onto Vine Street (cemetery on corner). Travel on Vine Street (tennis courts on right), turning to the right onto Knowles Avenue where the street branches off. At the stop sign turn right. Car parking for the Freeman Athletic Center is available in both Lot R on the right side of Cross Street across from the Freeman Athletic Center or in Lot Q, which is located on the left side of Cross Street (first left after the fire station). Additional parking is available in the Vine St (Lot V) and Pine St (Lot U) Lots.

If coming East on Route 66/Washington Street, turn right on Vine Street (cemetery on corner), which is the first light past Nardelli's and Midas. Travel on Vine Street (tennis courts on right), turning right onto Knowles Avenue where the street branches off. At the stop sign turn right. Car parking for the Freeman Athletic Center is available in both Lot R on the right side of Cross Street across from the Freeman Athletic Center or in Lot Q, which is located on the left side of Cross Street (first left after the fire station). Additional parking is available in the Vine St (Lot V) and Pine St (Lot U) Lots.


## WESLEYAN UNIVERSITY PARKING MAP

**Purple Lot** – GPS Address: 150 Vine Street, Middletown, CT 06457

**Green Lot** – GPS Address: 192 Cross Street, Middletown, CT 06457

**Blue Lot** – GPS Address: 169 Cross Street, Middletown, CT 06457

**Orange/Yellow Lot** – GPS Address: 70 Long Lane, Middletown, CT 06457

 Handicapped Parking – Located in **BLUE Lot**

Walking Trail from Orange and Yellow Lots, outlined in **BLUE**

