

## 2023 SHORT COURSE SENIOR SPRING INVITE

Welcome to Connecticut Swimming's 2023 Short Course Senior Spring Invite

### Here are some reminders for the weekend:

- Please follow the parking map for parking areas for the meet. There is limited parking adjacent to the bubble for coaches and officials. The west side and lower parking area of the Main Building parking lot are available for everyone during each session. Please do not park in the east area or behind the Main Building. Overflow parking is available Friday morning at 133 Junction Rd (1<sup>st</sup> Assembly of God Church), a shuttle is available and 60 Old New Milford Rd during the Saturday and Sunday am sessions. Parking behind the YMCA is permitted for all finals sessions.
- Upon check in teams will receive a meet packet containing a copy of their entry by day, relay cards and swimmer bag tags. Please be sure to distribute the bag tags to help the marshals manage who should be on deck.
- All teams are permitted to sit on the pool deck during prelims and finals. No deck chairs are permitted anywhere in the building. Ample seating is available on deck.
- Please double check to make sure your high school swimmers are unattached.
- The meet will run in one course, the shallow pool will remain open for warm up and cool down throughout the meet during both prelims and finals.
- Scratches are due the night before prelims. Check the meet announcement for deadlines. If you do not have any scratches you do not need to hand anything in. Please do your best to avoid having to declare false starts. All relays will swim at finals. Relays must be checked in by the check in deadlines set in the meet announcement otherwise they will be scratched.
- There will be no spectators allowed on deck. The meet is being streamed via Livebarn, directions are on the CT website. Please share with your families. Use promo code **rywc-10dayfree** to gain a ten day free trial to watch live or re-watch swims from the weekend.
- This meet is the responsibility of each team in attendance. Please be sure to fill your work assignments. Work assignments for the finals session will be posted upon the conclusion of prelims.
- The top 24 swimmers will return to finals (top 12 in the 400IM and 500 Free), fastest heat of Women's 1000 and Men's 1650 will swim at finals on Sunday.
- We will do awards for the top three swimmers immediately after the conclusion of the final heat. Swimmers will use blocks 1,2,3 as a podium. Top three relay awards will be announced and medals will be given to the teams coach.
- We will hold a coaches meeting on Friday morning at 8:15am in the hospitality area in the lobby of the building. Each team should have a coach attend.

We wish all of the teams competing this weekend the best of success,  
Jason Paige – Meet Director