

CT HHAC LC 13/Over Regional Champs-PM, Sanction #: L23-40B**July 15-16, 2023 - Middletown, CT****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13-14 200 Freestyle Relay	4	1 u	03:00 PM	_____
Finals	2 Boys 13-14 200 Freestyle Relay	5	1 u	03:03 PM	_____
Finals	3 Girls 15-18 200 Freestyle Relay	8	1 u	03:06 PM	_____
Finals	4 Boys 13-18 200 Freestyle Relay	5	1 u	03:08 PM	_____
Finals	5 Girls 13-18 200 IM	66	9 u	03:10 PM	_____
Finals	6 Boys 13-18 200 IM	51	7 u	03:41 PM	_____
Finals	7 Girls 13-18 100 Breaststroke	63	8 u	04:05 PM	_____
Finals	8 Boys 13-18 100 Breaststroke	50	7 u	04:21 PM	_____
Finals	9 Girls 13-18 200 Butterfly	4	1 u	04:34 PM	_____
Finals	10 Boys 13-18 200 Butterfly	5	1 u	04:38 PM	_____
Finals	11 Girls 13-18 100 Freestyle	109	14 u	04:41 PM	_____
Finals	12 Boys 13-18 100 Freestyle	82	11 u	05:03 PM	_____
Finals	13 Girls 13-18 200 Backstroke	32	4 u	05:18 PM	_____
Finals	14 Boys 13-18 200 Backstroke	33	5 u	05:33 PM	_____
Finals	15 Girls 13-14 400 Medley Relay	1	1 u	05:51 PM	_____
Finals	16 Boys 13-14 400 Medley Relay	2	1 u	05:57 PM	_____
Finals	17 Girls 15-18 400 Medley Relay	4	1 u	06:03 PM	_____
Finals	18 Boys 15-18 400 Medley Relay	1	1 u	06:09 PM	_____
Finals	19 Girls 13-18 400 Freestyle	42	6 u	06:14 PM	_____
Finals	20 Boys 13-18 400 Freestyle	34	5 u	06:50 PM	_____
	Swimmers Counts for Warm-ups: 218	=====	=====		
	Entry / Heat Totals:	601	86		
	Finish Time			07:19 PM	_____

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Session: 2 Session 2

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 13-14 200 Medley Relay	5	1 u	03:00 PM	_____
Finals	22 Boys 13-14 200 Medley Relay	5	1 u	03:04 PM	_____
Finals	23 Girls 15-18 200 Medley Relay	6	1 u	03:07 PM	_____
Finals	24 Boys 15-18 200 Medley Relay	4	1 u	03:10 PM	_____
Finals	25 Girls 13-18 50 Freestyle	112	14 u	03:13 PM	_____
Finals	26 Boys 13-18 50 Freestyle	84	11 u	03:24 PM	_____
Finals	27 Girls 13-18 200 Breaststroke	28	4 u	03:33 PM	_____
Finals	28 Boys 13-18 200 Breaststroke	28	4 u	03:48 PM	_____
Finals	29 Girls 13-18 100 Butterfly	42	6 u	04:03 PM	_____
Finals	30 Boys 13-18 100 Butterfly	36	5 u	04:13 PM	_____
Finals	31 Girls 13-18 200 Freestyle	94	12 u	04:21 PM	_____
Finals	32 Boys 13-18 200 Freestyle	86	11 u	04:58 PM	_____
Finals	33 Girls 13-18 100 Backstroke	78	10 u	05:29 PM	_____
Finals	34 Boys 13-18 100 Backstroke	59	8 u	05:50 PM	_____
Finals	35 Girls 13-14 400 Freestyle Relay	4	1 u	06:05 PM	_____
Finals	36 Boys 13-14 400 Freestyle Relay	5	1 u	06:11 PM	_____
Finals	37 Girls 15-18 400 Freestyle Relay	5	1 u	06:16 PM	_____
Finals	38 Boys 15-18 400 Freestyle Relay	4	1 u	06:21 PM	_____
	Swimmers Counts for Warm-ups: 232	=====	=====		
	Entry / Heat Totals:	685	93		
	Finish Time			06:26 PM	_____