

Note from the Meet Director-

Greetings all,

CDOG is excited to be able to host the 2022 CDOG LC Regional Championship at the Cheshire Community Pool this weekend, 7/16-7/17.

Please make your teams aware of the following information:

All swimmers will be sitting outside

The facilities' garage doors will be open for the meet.

Teams are encouraged to bring tents and swimmers should bring chairs.

While the picnic area has been available to teams when the facilities doors are closed, *that will not be the case on Friday.*

Spectators will be allowed inside the facility.

Spectators will be allowed to sit in the bleachers and the picnic area.

***Reminder: parents and spectators are NOT allowed in the swimmer/coaches areas**

Scratches

Scratches are due 30 minutes prior to the start of the session.

****Swimmers competing in the 1500 must provide their own timers and heats will be swum fastest to slowest**

Timing Assignments for the 2022 LC Regionals

Below is a list of the timing assignments for the meet. Please be sure to have the timers sign in at the beginning of the warm-up session

Session 2, Saturday:

BSPL	2
BULL	4
CDOG	3
NSC	2
RAYS	5
SLAC	2

Session 3, Sunday:

CDOG	4
FINS	2
GWYB	2
SEAL	2
SYS	3
WAC	5