

<b>CT SWIMMING REGIONAL CHAMPIONSHIPS</b>												
<b>REVISED WARM UP SCHEUDLE</b>												
<b>WARMUP SATURDAY 3/2 9-10am</b>												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12
9:00 AM	GYWD (37)	GYWD (37)	GYWD (37)	WEST (29)	WEST (29)	PSDY (23)	PSDY (23)	SHARKS (14)	GRYM (47)	GRYM (47)	GRYM (47)	OPEN
9:30 AM	OPEN	ZEUS (50)	ZEUS (50)	ZEUS (50)	ZEUS (50)	CPAC (88)	CPAC (88)	CPAC (88)	CPAC (88)	CPAC (88)	CPAC (88)	CPAC (88)
<b>WARMUP SATURDAY 3/2 1:15-2:15PM</b>												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12
1:15 PM	GYWD (36)	GYWD (36)	GYWD (36)	WEST (21)	WEST (21)	PSDY (32)	PSDY (32)	PSDY (32)	GRYM (52)	GRYM (52)	GRYM (52)	GRYM (52)
1:45 PM	OPEN	ZEUS (50)	ZEUS (50)	ZEUS (50)	ZEUS (50)	SHARKS (18)	SHARKS (18)	CPAC (69)	CPAC (69)	CPAC (69)	CPAC (69)	CPAC (69)
<b>WARMUP SUNDAY 3/3 7:15-8:15am</b>												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12
7:15 AM	GYWD (40)	GYWD (40)	GYWD (40)	WEST (30)	WEST (30)	PSDY (16)	PSDY (16)/SHAF	SHARKS (15)	GRYM (42)	GRYM (42)	GRYM (42)	OPEN
7:45 AM	OPEN	ZEUS (51)	ZEUS (51)	ZEUS (51)	ZEUS (51)	CPAC (86)	CPAC (86)	CPAC (86)	CPAC (86)	CPAC (86)	CPAC (86)	CPAC (86)
<b>WARMUP SUNDAY 3/3 12:30-1:30PM</b>												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12
12:30 PM	GYWD (35)	GYWD (35)	GYWD (35)	WEST (24)	WEST (24)	PSDY (32)	PSDY (32)	PSDY (32)	GRYM (52)	GRYM (52)	GRYM (52)	GRYM (52)
1:00 PM	OPEN	ZEUS (48)	ZEUS (48)	ZEUS (48)	ZEUS (48)	SHARKS (18)	SHARKS (18)	CPAC (69)	CPAC (69)	CPAC (69)	CPAC (69)	CPAC (69)