

Coach Rob Riccobon is the head coach of WHAT Swimming which is a team of 150 athletes and 10 coaches. We take pride in coaching all of our athletes from our nationally ranked swimmers to the novice participating on their first team. USA Swimming recognized us as a Bronze Medal team for the 2025-2026 season under their Club Excellence Program. This was the 4th time in the last 10 years that we have been recognized by USA Swimming with this distinction.

Coach Rob was selected by the American Swimming Coaches Association (ASCA) to present on the topic of retention ("The First Lap Matters- Retention Starts at the Onboarding") at the 2026 ASCA World Clinic in Orlando. WHAT Swimming was recognized as having one of the highest retention rates in the country.

As a team we are proud of our 25 WHAT athletes who are currently swimming competitively at the NCAA level.

Senior Program Accomplishments

- USA Swimming Club Excellence Program 2026, Bronze
- USA Swimming Age Group Excellence program, 4th in CT
- USA Swimming Virtual Club Championships(SCY), 1st in CT
- USA Swimming Virtual Club Championships(LCM), 3rd in CT
- 54 CT Top 16 Swimmers
- 27 CT Swimming Scholar Athletes
- 4 USA Swimming Scholastic All-Americans
- 24 Speedo Sectionals qualifiers, men 12th, women 7th, combined 9th
- 4 Speedo Winter Juniors qualifiers
- 10 TYR Futures qualifiers
- 3 Speedo Summer Juniors qualifiers
- 1 qualifier for 2026 Toyota USA Swimming National Championships, Riley Anderson , 24th 50 free, 19th 50 fly, 33rd 100 fly
- 2026 ISCA Summer Senior Blast, men 2nd, women 1st, combined 1st

State Records

- Riley Anderson Women's 17-18 and Open, 50 freestyle
- Riley Anderson Women's 17-18, 100 butterfly

Nationally Ranked Athletes

- Martin Kovac
- Riley Anderson
- Owen Vale
- John Dwyer