



Connecticut Swimming

January 18, 2021 update from State of Connecticut Department of Economic and Community Development regarding Reopen CT 2021 Sector Guidelines

The DECD has notified Connecticut Swimming that the above referenced pool guidance document will be updated to include the following language, effective January 19, 2021:

CAPACITY

Recreational lap swimming is limited to one person per lane. Lanes must be a minimum of 6 ft wide. Advance registration for recreational lap swimming is encouraged.

Swim teams can have up to 4 swimmers per lane during practice and pre-match warm up periods, provided:

- Cohorts consisting of up to 4 swimmers that will use the same lane at the same time are constant throughout the entire season.
- Swimmers are engaged in continuous swimming while using the same lane (i.e. the group isn't gathered at one end of the lane without masks during break periods or to receive coaching).
- Swimmers remain maximally spaced to the extent possible during active swimming (i.e. pair swimmers of similar skill level/speed to the extent possible).

Pool deck observers are discouraged. If parent/guardians are necessary, only one per swimmer is allowed, they must wear a mask, and remain at least 6 ft apart.

Swim lessons may allow an instructor and student in one lane with all pairs maintaining 12 ft of separation throughout the class or utilizing every other lane. Swim aerobic participants should maintain distance of 12 ft throughout class or utilize every other lane.