

The Aquabears Distance Invitational- S99-28 -- Womens Senior
January 30, 2000- Suffield

Final 9 - Womens Senior 200 YD Free

1	Samatha Morse	12 WWRX	2:18.25
	31.36	1:06.51	1:42.90 2:18.25
2	Alexis Vallides	11 BEAR	2:45.86
	36.39	1:18.38	2:02.54 2:45.86
3	Katie Gardocki	8 BEAR	2:49.60
	37.48	1:21.83	2:06.40 2:49.60

Final 1 - Womens Senior 500 YD Free

Final 13 - Womens Senior 1000 YD Free

1	Taryn Prout	12 BEAR	11:49.06
	30.64	1:05.26	1:40.97 2:16.50
	2:52.19	3:27.84	4:03.82 4:39.71
	5:15.51	5:51.58	6:27.28 7:03.28
	7:39.41	8:15.09	8:51.20 9:27.21
	10:03.25	10:39.25	11:14.58 11:49.06
2	Jill Kos	13 BEAR	12:05.65
	31.53	1:06.73	1:43.52 2:20.16
	2:56.78	3:33.67	4:10.58 4:46.57
	5:22.81	5:59.04	6:35.00 7:11.02
	7:47.31	8:22.96	8:59.41 9:36.23
	10:13.94	10:51.16	11:28.70 12:05.65
3	Johannah Kos	11 BEAR	12:18.05
	33.28	1:10.22	1:47.51 2:24.94
	3:02.31	3:39.61	4:16.84 4:54.42
	5:31.77	6:10.05	6:47.23 7:24.75
	8:02.33	8:39.75	9:17.22 9:54.32
	10:31.11	11:07.81	11:44.86 12:18.05
4	Ellie Montanari	12 BEAR	12:47.73
	33.15	1:11.51	1:49.46 2:28.11
	3:07.77	3:47.31	4:27.34 5:06.65
	5:45.60	6:24.44	7:03.52 7:42.56
	8:21.83	9:00.70	9:39.11 10:17.11
	10:54.97	11:33.13	12:10.45 12:47.73
5	Becca Levine	11 BEAR	13:25.40
	35.24	1:16.43	1:56.97 2:37.68
	3:18.62	3:59.63	4:41.04 5:22.57
	6:03.81	6:44.88	7:27.02 8:07.69
	8:47.76	9:28.28	10:07.94 10:47.80
	11:27.94	12:08.59	12:48.25 13:25.40
6	Sarah Ellerton	11 BEAR	14:37.39
	38.18	1:22.77	2:07.08 2:51.76
	3:36.46	4:22.09	5:07.22 5:52.67
	6:38.01	7:24.70	8:06.57 8:50.98
	9:36.76	10:21.84	11:07.63 11:51.11
	12:34.05	13:17.62	13:58.99 14:37.39
7	Christina Gancarz	12 BEAR	14:39.21
	38.56	1:22.62	2:07.82 2:52.78
	3:38.69	4:25.00	5:11.61 5:58.62
	6:44.57	7:29.70	8:13.24 8:58.13
	9:43.38	10:27.70	11:11.22 11:54.10
	12:36.09	13:19.66	14:00.53 14:39.21
8	Stephanie Henao	12 BEAR	14:39.26

41.79	1:27.89	2:14.76	3:01.02
3:47.15	4:33.50	5:20.07	6:03.22
6:48.18	7:31.52	8:15.39	9:00.38
9:45.23	10:28.39	11:11.69	11:54.12
12:35.96	13:19.81	14:00.66	14:39.26

Final 5 - Womens Senior 200 YD Back

1	Samatha Morse	12 WWRX	2:23.49
	33.15	1:09.00	1:46.75 2:23.49
2	Taryn Prout	12 BEAR	2:27.28
	33.56	1:10.85	1:49.54 2:27.28
3	Johannah Kos	11 BEAR	2:31.51
	35.74	1:14.13	1:53.25 2:31.51
4	Ellie Montanari	12 BEAR	2:35.48
	36.55	1:16.46	1:56.99 2:35.48
5	Stephanie Henao	12 BEAR	2:54.52
	41.69	1:26.70	2:11.04 2:54.52
6	Christina Gancarz	12 BEAR	2:59.88
	41.24	1:25.47	2:11.51 2:59.88
7	Alexis Vallides	11 BEAR	3:05.85
	43.83	1:31.21	2:19.07 3:05.85
8	Sara Gardocki	11 BEAR	3:14.66
	46.41	1:35.91	2:25.88 3:14.66

Final 7 - Womens Senior 200 YD Breast

1	Maya Marx	17 ICE	2:39.07
	35.81	1:15.37	1:57.05 2:39.07
2	Jill Kos	13 BEAR	2:49.92
	38.96	1:22.51	2:06.32 2:49.92
3	Johannah Kos	11 BEAR	2:53.52
	40.68	1:24.49	2:09.48 2:53.52
4	Ellie Montanari	12 BEAR	2:54.40
	40.44	1:25.90	2:10.95 2:54.40
5	Sarah Ellerton	11 BEAR	3:13.32
	43.10	1:33.22	2:23.63 3:13.32

Final 3 - Womens Senior 200 YD Fly

1	Becca Levine	11 BEAR	2:48.93
	36.99	1:20.46	2:05.93 2:48.93
2	Sara Gardocki	11 BEAR	3:11.73
	43.22	1:31.73	2:21.44 3:11.73

Final 11 - Womens Senior 400 YD IM

1	Taryn Prout	12 BEAR	5:18.00
	33.77	1:13.55	1:53.19 2:32.94
	3:20.03	4:07.18	4:42.64 5:18.00

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Final 10 - Mens Senior 200 YD Free

1	Mike Prout	13 BEAR	2:17.27
	31.40	1:06.54	1:42.18
	2:17.27		
2	Tom Casey	9 BEAR	2:48.35
	36.91	1:20.83	2:05.34
	2:48.35		

Final 2 - Mens Senior 500 YD Free

Final 12 - Mens Senior 400 YD IM

1	Nick Dufresne	17 ICE	4:57.05
	30.52	1:07.39	1:46.13
	2:25.85	3:07.33	3:49.64
	4:23.62	4:57.05	
2	Ben Levine	13 BEAR	5:02.77
	33.51	1:12.98	1:49.54
	2:26.53	3:10.96	3:55.15
	4:29.73	5:02.77	

Final 14 - Mens Senior 1000 YD Free

1	Mike Prout	13 BEAR	11:55.29
	32.36	1:08.57	1:45.51
	2:22.31	2:59.10	3:35.65
	4:11.98	4:48.36	5:24.71
	6:01.01	6:36.91	7:12.64
	7:48.34	8:23.95	8:59.63
	9:35.13	10:10.24	10:45.76
	11:21.12	11:55.29	
2	Shaun Bruso	10 BEAR	12:18.47
	32.09	1:08.91	1:46.55
	2:23.85	3:01.55	3:39.41
	4:17.22	4:54.70	5:32.12
	6:09.62	6:47.50	7:25.09
	8:02.56	8:39.93	9:16.74
	9:54.16	10:31.36	11:08.17
	11:44.10	12:18.47	
3	Cullivan Prout	10 BEAR	15:57.55

Final 6 - Mens Senior 200 YD Back

1	Brad O'Brien	16 UN	2:11.31
	30.79	1:03.19	1:37.00
	2:11.31		
2	Ben Levine	13 BEAR	2:20.85
	33.48	1:09.41	1:45.52
	2:20.85		
3	Shaun Bruso	10 BEAR	2:45.07
	38.63	1:21.64	2:04.19
	2:45.07		
4	Cullivan Prout	10 BEAR	3:09.32
	45.24	1:33.96	2:22.39
	3:09.32		

Final 8 - Mens Senior 200 YD Breast

1	Nick Dufresne	17 ICE	2:25.37
2	Brad O'Brien	16 UN	2:29.25
3	Ben Levine	13 BEAR	2:50.20

Final 4 - Mens Senior 200 YD Fly

1	Mike Prout	13 BEAR	2:39.87
	35.39	1:16.35	1:58.82
	2:39.87		
2	Shaun Bruso	10 BEAR	2:44.83
	35.76	1:17.40	2:01.17
	2:44.83		