

Pam Liberty Qualifier and Distance Meet

November 18-20, 2011

New Canaan YMCA; 564 South Ave; New Canaan, CT 06840

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S11-22

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Alicia Guerrette	aguerrette@newcanaanymca.org	203-966-4528 ext. 174
Meet Referee:	Marie-Pierre Graf	Mpierre38@aol.com	203-856-3984
Entry Chair:	Mary Coleman	mcoleman@newcanaanymca.org	203-966-4528 ext. 131
Safety Chair:	Chris French	cfrench@newcanaanymca.org	203-966-4528 ext. 138
Officials Contact:	Marie-Pierre Graf	Mpierre38@aol.com	203-856-3984

WEBSITE: <http://www.ncyac.org>

POOL EMERGENCY NUMBER: 203-966-4528 (YMCA Front Desk)

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for each session. Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer table within one half hour after the start of warm up.

FACILITY: The New Canaan YMCA is a 6-lane, 25-yard pool. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 13.0 ft. Water depth at turn end is: 4.7 ft. Colorado timing with a six lane display. Continuous warm-up, warm-down is available throughout the meet, and ample seating is available for spectators on the observation deck.

DISABLED ACCESS: Access to the observation deck is by stairway only. The pool deck is at ground floor level. Please contact the meet director if athletes, coaches or spectators require special assistance. There is available handicapped parking at the YMCA.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: Friday (all ages) – 4:00pm warm-up, 5:15pm start
Saturday and Sunday Morning (12/Under) – 7:00am warm-up, 8:15am start
Saturday Afternoon Women's 1650 – 1:00pm warm up, 1:30pm start
Sunday Afternoon Men's 1650 – 1:00pm warm up, 1:30pm start
Saturday and Sunday Evening (13/Overs) – 2:30pm warm-up, 3:45pm start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: We will hold three heats of both Men and Women's 1650 that will run fastest to slowest.

ENTRY LIMITATIONS: Swimmers may swim a maximum of 4 events per day/8 per meet. Please indicate the 4th event to scratch in the event of over-subscription.

ENTRY TIMES: Submit entry times in SCY. No Times (NT) will not be accepted.

DEADLINES: Entry deadline is November 4th, 2011. Mail hardcopy and payment to the entry chairperson: Mary Coleman, 564 South Ave, New Canaan, CT, 06840. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first-come, first-served basis, space permitting. Formal team entry date is determined by date of email receipt as long as entry fee and hard copy are post marked within three business days. Be aware the meet may close prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than November 7th, 2011. The meet manager reserves the right to deny any or all changes to the entry after it is received. Any entry received after the entry deadline will be returned, unless the meet is undersubscribed.

CONNECTICUT-ONLY DEADLINE for QUALIFIER MEETS: CT deadline is October 28th, 2011. Entries will be accepted on a first-come, first-served basis. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at mcoleman@newcanaanymca.org. Please check that your team name, address, and contact information are listed correctly in this file. When mailing a hard copy of your entry please indicate swimmer's 4th events in case we are over the time line.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$5.50 for individual events, \$8.00 for distance event, \$10.00 for relays. Manual entries: \$8.50 for individual events, \$10.00 for distance events, \$12.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to NCYAC and mail to: Mary Coleman 564 South Ave, New Canaan, CT, 06840. Payment must be sent within three business days of your team's entry being submitted and no later than November 11th, 2011.

CUT PROTOCOL for QUALIFIERS: If a session is over-subscribed first 7/Unders, followed by relays, and then all fourth events will be cut. If the time line estimate still exceeds four hours teams will be cut based on date of receipt. Clubs will be notified of cuts no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: Relays will be limited to 3 relays per team per event. All relay swimmers must be officially entered in the meet and attached to the relay club.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials will be offered.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to provide timers in proportion to the size of their entry. Timer assignments will be emailed to all teams prior to the meet. It is the responsibility of each team representative or coach to make sure that their timers report for the timers' meeting and remain in place throughout the session. If timers need to be relieved, it is their team's responsibility to provide a replacement. Swimmers will need to provide their own timers and counters for the 1650 freestyle on Saturday and Sunday and the 500 Freestyle on Friday.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top 12 finishers in each individual 14/Under event, and top 3 team finishers in each 14/Under relay event. Coaches or a team representative should pick up the athlete awards prior to leaving on Sunday. Teams that fail to pick up their team awards will be required to pay shipping and handling fees in order to have their awards sent via the mail.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: There will be NO PARKING AT THE YMCA, South Ave, Putnam, or Surray Roads. Cars parked in these areas will be ticketed by the New Canaan Police Department. Parking will be either at the Saxe Middle School or High School. The Meet Manager will notify the entered teams prior to the meet. (Parking tickets are not the responsibility of the New Canaan YMCA.)

DIRECTIONS: From North or South: Take the Merrit Parkway to exit 37, make a left off the exit ramp and head north on South Ave (Rte 124). Follow this road for about $\frac{3}{4}$ of a mile. The YMCA is on the right. Swimmers may be dropped off at the YMCA; however there is NO parking available. Upon making a right out of the YMCA parking lot the Saxe Middle School lot is the next drive on the right hand side. To get to the High School, after making a right out of the YMCA parking lot make a left at the first traffic light onto Farm Ave. The high school is on the left hand side.

NCY PLQ Nov. 18-20 - 11/18/2011 to 11/20/2011

Session Report

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 12 & Under 200 Breaststroke	0	0	05:15 PM _____
Finals	2 Boys 12 & Under 200 Breaststroke	0	0	05:15 PM _____
Finals	3 Girls 12 & Under 200 Backstroke	0	0	05:15 PM _____
Finals	4 Boys 12 & Under 200 Backstroke	0	0	05:15 PM _____
Finals	5 Girls 12 & Under 200 Butterfly	0	0	05:15 PM _____
Finals	6 Boys 12 & Under 200 Butterfly	0	0	05:15 PM _____
Finals	7 Girls 400 IM	0	0	05:15 PM _____
Finals	8 Boys 400 IM	0	0	05:15 PM _____
Finals	9 Girls 12 & Under 500 Freestyle	0	0	05:15 PM _____
Finals	10 Boys 12 & Under 500 Freestyle	0	0	05:15 PM _____
Finals	11 Girls 500 Freestyle	0	0	05:15 PM _____
Finals	12 Boys 500 Freestyle	0	0	05:15 PM _____
	Finish Time			05:15 PM _____

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Session Report

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	13 Girls 10 & Under 50 Freestyle	0	0	08:15 AM _____
Finals	14 Boys 10 & Under 50 Freestyle	0	0	08:15 AM _____
Finals	15 Girls 11-12 50 Freestyle	0	0	08:15 AM _____
Finals	16 Boys 11-12 50 Freestyle	0	0	08:15 AM _____
Finals	17 Girls 10 & Under 200 Freestyle	0	0	08:15 AM _____
Finals	18 Boys 10 & Under 200 Freestyle	0	0	08:15 AM _____
Finals	19 Girls 11-12 200 Freestyle	0	0	08:15 AM _____
Finals	20 Boys 11-12 200 Freestyle	0	0	08:15 AM _____
Finals	21 Girls 10 & Under 100 Backstroke	0	0	08:15 AM _____
Finals	22 Boys 10 & Under 100 Backstroke	0	0	08:15 AM _____
Finals	23 Girls 11-12 100 Backstroke	0	0	08:15 AM _____
Finals	24 Boys 11-12 100 Backstroke	0	0	08:15 AM _____
Finals	25 Girls 10 & Under 50 Breaststroke	0	0	08:15 AM _____
Finals	26 Boys 10 & Under 50 Breaststroke	0	0	08:15 AM _____
Finals	27 Girls 11-12 50 Breaststroke	0	0	08:15 AM _____
Finals	28 Boys 11-12 50 Breaststroke	0	0	08:15 AM _____
Finals	29 Girls 10 & Under 100 Butterfly	0	0	08:15 AM _____
Finals	30 Boys 10 & Under 100 Butterfly	0	0	08:15 AM _____
Finals	31 Girls 11-12 100 Butterfly	0	0	08:15 AM _____
Finals	32 Boys 11-12 100 Butterfly	0	0	08:15 AM _____
Finals	33 Girls 10 & Under 100 IM	0	0	08:15 AM _____
Finals	34 Boys 10 & Under 100 IM	0	0	08:15 AM _____
Finals	35 Girls 11-12 200 IM	0	0	08:15 AM _____
Finals	36 Boys 11-12 200 IM	0	0	08:15 AM _____
Finals	37 Girls 10 & Under 200 Freestyle Relay	0	0	08:15 AM _____
Finals	38 Boys 10 & Under 200 Freestyle Relay	0	0	08:15 AM _____
Finals	39 Girls 11-12 200 Freestyle Relay	0	0	08:15 AM _____
Finals	40 Boys 11-12 200 Freestyle Relay	0	0	08:15 AM _____
	Finish Time			08:15 AM _____

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	41 Girls 1650 Freestyle	0	0	01:30 PM _____
	Finish Time			01:30 PM _____

NCY PLQ Nov. 18-20 - 11/18/2011 to 11/20/2011

Session Report

Session: 4 Saturday evening

Day of Meet: 2 Starts at 03:45 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	42 Girls 13-14 50 Freestyle	0	0	03:45 PM _____
Finals	43 Boys 13-14 50 Freestyle	0	0	03:45 PM _____
Finals	44 Girls 15 & Over 50 Freestyle	0	0	03:45 PM _____
Finals	45 Boys 15 & Over 50 Freestyle	0	0	03:45 PM _____
Finals	46 Girls 13-14 200 Freestyle	0	0	03:45 PM _____
Finals	47 Boys 13-14 200 Freestyle	0	0	03:45 PM _____
Finals	48 Girls 15 & Over 200 Freestyle	0	0	03:45 PM _____
Finals	49 Boys 15 & Over 200 Freestyle	0	0	03:45 PM _____
Finals	50 Girls 13-14 200 Backstroke	0	0	03:45 PM _____
Finals	51 Boys 13-14 200 Backstroke	0	0	03:45 PM _____
Finals	52 Girls 200 Backstroke	0	0	03:45 PM _____
Finals	53 Boys 200 Backstroke	0	0	03:45 PM _____
Finals	54 Girls 13-14 100 Breaststroke	0	0	03:45 PM _____
Finals	55 Boys 13-14 100 Breaststroke	0	0	03:45 PM _____
Finals	56 Girls 15 & Over 100 Breaststroke	0	0	03:45 PM _____
Finals	57 Boys 15 & Over 100 Breaststroke	0	0	03:45 PM _____
Finals	58 Girls 13-14 100 Butterfly	0	0	03:45 PM _____
Finals	59 Boys 13-14 100 Butterfly	0	0	03:45 PM _____
Finals	60 Girls 15 & Over 100 Butterfly	0	0	03:45 PM _____
Finals	61 Boys 15 & Over 100 Butterfly	0	0	03:45 PM _____
Finals	62 Girls 13-14 200 Freestyle Relay	0	0	03:45 PM _____
Finals	63 Boys 13-14 200 Freestyle Relay	0	0	03:45 PM _____
Finals	64 Girls 15 & Over 200 Freestyle Relay	0	0	03:45 PM _____
Finals	65 Boys 15 & Over 200 Freestyle Relay	0	0	03:45 PM _____
	Finish Time			03:45 PM _____

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Session Report

Session: 5 Sunday morning

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	66 Girls 10 & Under 100 Freestyle	0	0	08:15 AM _____
Finals	67 Boys 10 & Under 100 Freestyle	0	0	08:15 AM _____
Finals	68 Girls 11-12 100 Freestyle	0	0	08:15 AM _____
Finals	69 Boys 11-12 100 Freestyle	0	0	08:15 AM _____
Finals	70 Girls 10 & Under 50 Backstroke	0	0	08:15 AM _____
Finals	71 Boys 10 & Under 50 Backstroke	0	0	08:15 AM _____
Finals	72 Girls 11-12 50 Backstroke	0	0	08:15 AM _____
Finals	73 Boys 11-12 50 Backstroke	0	0	08:15 AM _____
Finals	74 Girls 10 & Under 100 Breaststroke	0	0	08:15 AM _____
Finals	75 Boys 10 & Under 100 Breaststroke	0	0	08:15 AM _____
Finals	76 Girls 11-12 100 Breaststroke	0	0	08:15 AM _____
Finals	77 Boys 11-12 100 Breaststroke	0	0	08:15 AM _____
Finals	78 Girls 10 & Under 50 Butterfly	0	0	08:15 AM _____
Finals	79 Boys 10 & Under 50 Butterfly	0	0	08:15 AM _____
Finals	80 Girls 11-12 50 Butterfly	0	0	08:15 AM _____
Finals	81 Boys 11-12 50 Butterfly	0	0	08:15 AM _____
Finals	82 Girls 10 & Under 200 IM	0	0	08:15 AM _____
Finals	83 Boys 10 & Under 200 IM	0	0	08:15 AM _____
Finals	84 Girls 11-12 100 IM	0	0	08:15 AM _____
Finals	85 Boys 11-12 100 IM	0	0	08:15 AM _____
Finals	86 Girls 10 & Under 200 Medley Relay	0	0	08:15 AM _____
Finals	87 Boys 10 & Under 200 Medley Relay	0	0	08:15 AM _____
Finals	88 Girls 11-12 200 Medley Relay	0	0	08:15 AM _____
Finals	89 Boys 11-12 200 Medley Relay	0	0	08:15 AM _____
	Finish Time			08:15 AM _____

Session: 6 Sunday afternoon

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	90 Boys 1650 Freestyle	0	0	01:30 PM _____
	Finish Time			01:30 PM _____

NCY PLQ Nov. 18-20 - 11/18/2011 to 11/20/2011

Session Report

Session: 7 Sunday evening

Day of Meet: 3 Starts at 03:45 PM Heat Interval: 15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	91 Girls 13-14 100 Freestyle	0	0	03:45 PM _____
Finals	92 Boys 13-14 100 Freestyle	0	0	03:45 PM _____
Finals	93 Girls 15 & Over 100 Freestyle	0	0	03:45 PM _____
Finals	94 Boys 15 & Over 100 Freestyle	0	0	03:45 PM _____
Finals	95 Girls 13-14 100 Backstroke	0	0	03:45 PM _____
Finals	96 Boys 13-14 100 Backstroke	0	0	03:45 PM _____
Finals	97 Girls 15 & Over 100 Backstroke	0	0	03:45 PM _____
Finals	98 Boys 15 & Over 100 Backstroke	0	0	03:45 PM _____
Finals	99 Girls 13-14 200 Breaststroke	0	0	03:45 PM _____
Finals	100 Boys 13-14 200 Breaststroke	0	0	03:45 PM _____
Finals	101 Girls 200 Breaststroke	0	0	03:45 PM _____
Finals	102 Boys 200 Breaststroke	0	0	03:45 PM _____
Finals	103 Girls 13-14 200 Butterfly	0	0	03:45 PM _____
Finals	104 Boys 13-14 200 Butterfly	0	0	03:45 PM _____
Finals	105 Girls 200 Butterfly	0	0	03:45 PM _____
Finals	106 Boys 200 Butterfly	0	0	03:45 PM _____
Finals	107 Girls 13-14 200 IM	0	0	03:45 PM _____
Finals	108 Boys 13-14 200 IM	0	0	03:45 PM _____
Finals	109 Girls 15 & Over 200 IM	0	0	03:45 PM _____
Finals	110 Boys 15 & Over 200 IM	0	0	03:45 PM _____
Finals	111 Girls 13-14 200 Medley Relay	0	0	03:45 PM _____
Finals	112 Boys 13-14 200 Medley Relay	0	0	03:45 PM _____
Finals	113 Girls 15 & Over 200 Medley Relay	0	0	03:45 PM _____
Finals	114 Boys 15 & Over 200 Medley Relay	0	0	03:45 PM _____
	Finish Time			03:45 PM _____