

The 9th Annual Elm City Invitational

February 11-13, 2011

Hutchinson Natatorium
125 Wintergreen Ave, New Haven, CT 06515

Held under sanction of USA Swimming and Connecticut Swimming #S10-68

EVENTS

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	Name	Email	Phone
Meet Director:	Timothy Quill	Quillt1@southernct.edu	203-910-0138
Meet Referee:	Mike Huffman	michael.huffman@thehartford.com	
Entry Chair:	Timothy Quill	Quillt1@southernct.edu	203-910-0138
Safety Chair:	Laura Ward		203-910-0138

WEBSITE: <http://www.sonocoaquatics.org>

POOL EMERGENCY NUMBER: 203-392-6026

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as a prelim/final format. All events will be deck seeded according to the swimmers' best yard times. Preliminary heats for Saturday and Sunday's individual events will be held in 3 categories: 11-12, 13-14, Senior. There will be two heats (Consolation and Final) for each event. After scratches, if there are any events with less than 16 swimmers entered, we will run an "A" final only of that event. All 10 and under events will run as timed finals. All heats of the 400 IM, 500 free as well as the 12-under 200 stroke events will be swum as timed finals on Friday Evening. The 1650 Freestyle will run fastest to slowest alternating women and men (limited to 3 heats of each gender).

SCRATCH PROCEDURES: Each team will receive a scratch sheet for each session of the meet in their information packet listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table within one half hour after the beginning of warm ups even if there are no scratches.

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FACILITY: The newly renovated Hutchinson Natatorium is an 8 lane, 25 yard pool with a Colorado Timing System. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is 5 feet. Water depth at turn end is 11 feet. There is ample deck and spectator seating

HANDICAPPED/ELDERLY ACCESS: Anyone requiring assistance is encouraged to speak to the building or event supervisor

- Handicapped accessibility is available at the Moore Field House and the Hutchinson Natatorium.
- Handicapped parking is located in the main parking lot between the Moore Field House and the Wintergreen Building.
- Handicapped entrance, with automatic door, is located in the front of the Moore Field House. Please follow walk-way around the front of the main lobby to the entrance.
- Elevators are located on the ground floor of the Moore Field House immediately to the left of the handicapped entrance. Spectator seating for the Hutchinson Natatorium is available on the 2nd floor.
- Unisex handicapped bathrooms are located on the 2nd floor of the Moore Field House Main Lobby adjacent to the spectator area.

COURSE: SCY

EVENTS: See attached list.

SESSIONS:

FRIDAY

200 events, 500 free, 400 IM Warm up: 3:00pm Start 4:00pm
1650 free (There will be a 30 minute warm up before the start of the 1650 free)

SATURDAY AND SUNDAY

13 & Over AM Session*	Warm-up: 6:30am	Start: 8:00am
12 & Under PM Session*	Warm-up: 12:30pm	Start: 1:30pm
Saturday and Sunday Finals: (11 & Over)	Warm-up: 6:00pm	Start: 7:00pm

*If time allows, Sunday finals will begin 1 hour earlier

** in case of heavy subscription, 13-overs may be split into separate sessions

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: Swimmers may enter a maximum of 3 events per day

ENTRY TIMES: Submit entry times in: SCY. If there are no official times for an athlete, please submit estimated times. No Times (NT) will not be accepted.

DEADLINES: Entry deadline is Tuesday, February 1, 2011. Mail hardcopy and payment to the entry chairperson: Tim Quill 129 Seymour Rd. Woodbridge, CT 06525 All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Date for receipt of entry will be determined by email receipt or hard copy)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at quillt1@southernct.edu. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by the entry deadline in order for the entry to be considered complete

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.00 for individual events, \$9.00 for distance event, Manual entries: \$10.00 for individual events, \$10.00 for distance events, No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Sonoco Swim Club and mail to: Timothy Quill, 129 Seymour Rd, Woodbridge, CT 06525 Payment must be received by February 1, 2011.

CUT PROTOCOL: Entries will be accepted on a first-come, first-serve basis. Be aware the meet may close prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Saturday, December 4, 2010. Splash fees for entries that are scratched due to limits will be returned. Depending on the size of the meet, heat limits in the 200 stroke events may be required. Teams will be notified if the meet is oversubscribed and will be asked to adjust their entry.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: There are no relays

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time trials will be offered

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: The host team will require timers from teams in proportion to the size of their entries. Team assignments will be posted on the team website 3 days prior to the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Use lot #8 for meet parking. Spaces designated for administration or staff are off limits and cars will be towed.

DIRECTIONS and LODGING: visit www.southernct.edu

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Session: 1 Friday Timed Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Women 500 Freestyle	0	0	05:00 PM
Finals	2 Men 500 Freestyle	0	0	05:00 PM
Finals	3 Girls 8-12 200 Backstroke	0	0	05:00 PM
Finals	4 Boys 8-12 200 Backstroke	0	0	05:00 PM
Finals	5 Girls 8-12 200 Breaststroke	0	0	05:00 PM
Finals	6 Boys 8-12 200 Breaststroke	0	0	05:00 PM
Finals	7 Girls 8-12 200 Butterfly	0	0	05:00 PM
Finals	8 Boys 8-12 200 Butterfly	0	0	05:00 PM
Finals	9 Women 400 IM	0	0	05:00 PM
Finals	10 Men 400 IM	0	0	05:00 PM
	Finish Time			05:00 PM

Session: 2 Saturday 13-over prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	13 Girls 13-14 200 Freestyle	0	0	08:30 AM
Prelims	14 Boys 13-14 200 Freestyle	0	0	08:30 AM
Prelims	15 Women 200 Freestyle	0	0	08:30 AM
Prelims	16 Men 200 Freestyle	0	0	08:30 AM
Prelims	17 Girls 13-14 200 Breaststroke	0	0	08:30 AM
Prelims	18 Boys 13-14 200 Breaststroke	0	0	08:30 AM
Prelims	19 Women 200 Breaststroke	0	0	08:30 AM
Prelims	20 Men 200 Breaststroke	0	0	08:30 AM
Prelims	21 Girls 13-14 100 Butterfly	0	0	08:30 AM
Prelims	22 Boys 13-14 100 Butterfly	0	0	08:30 AM
Prelims	23 Women 100 Butterfly	0	0	08:30 AM
Prelims	24 Men 100 Butterfly	0	0	08:30 AM
Prelims	25 Girls 13-14 100 Backstroke	0	0	08:30 AM
Prelims	26 Boys 13-14 100 Backstroke	0	0	08:30 AM
Prelims	27 Women 100 Backstroke	0	0	08:30 AM
Prelims	28 Men 100 Backstroke	0	0	08:30 AM
Prelims	29 Girls 13-14 50 Freestyle	0	0	08:30 AM
Prelims	30 Boys 13-14 50 Freestyle	0	0	08:30 AM
Prelims	31 Women 50 Freestyle	0	0	08:30 AM
Prelims	32 Men 50 Freestyle	0	0	08:30 AM
	Finish Time			08:30 AM

Session: 3 Saturday 12-under prelims

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	33 Girls 8-12 200 Freestyle	0	0	01:30 PM
Prelims	34 Boys 8-12 200 Freestyle	0	0	01:30 PM

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Finals	35	Girls 10 & Under 200 Freestyle	0	0	01:30 PM
Finals	36	Boys 10 & Under 200 Freestyle	0	0	01:30 PM
Prelims	37	Girls 8-12 100 Breaststroke	0	0	01:30 PM
Prelims	38	Boys 8-12 100 Breaststroke	0	0	01:30 PM
Finals	39	Girls 10 & Under 100 Breaststroke	0	0	01:30 PM
Finals	40	Boys 10 & Under 100 Breaststroke	0	0	01:30 PM
Prelims	41	Girls 8-12 100 Butterfly	0	0	01:30 PM
Prelims	42	Boys 8-12 100 Butterfly	0	0	01:30 PM
Finals	43	Girls 10 & Under 100 Butterfly	0	0	01:30 PM
Finals	44	Boys 10 & Under 100 Butterfly	0	0	01:30 PM
Prelims	45	Girls 8-12 100 Backstroke	0	0	01:30 PM
Prelims	46	Boys 8-12 100 Backstroke	0	0	01:30 PM
Finals	47	Girls 10 & Under 100 Backstroke	0	0	01:30 PM
Finals	48	Boys 10 & Under 100 Backstroke	0	0	01:30 PM
Prelims	49	Girls 8-12 50 Freestyle	0	0	01:30 PM
Prelims	50	Boys 8-12 50 Freestyle	0	0	01:30 PM
Finals	51	Girls 10 & Under 50 Freestyle	0	0	01:30 PM
Finals	52	Boys 10 & Under 50 Freestyle	0	0	01:30 PM
		Finish Time			01:30 PM

Session: 4 Saturday Finals

Day of Meet: 2 Starts at 07:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	11 Women 200 Medley Relay	0	0	07:00 PM
Finals	12 Men 200 Medley Relay	0	0	07:00 PM
Finals	33 Girls 8-12 200 Freestyle	0	2u	07:00 PM
Finals	34 Boys 8-12 200 Freestyle	0	1u	07:07 PM
Finals	13 Girls 13-14 200 Freestyle	0	2u	07:10 PM
Finals	14 Boys 13-14 200 Freestyle	0	2u	07:16 PM
Finals	15 Women 200 Freestyle	0	2u	07:22 PM
Finals	16 Men 200 Freestyle	0	2u	07:28 PM
Finals	37 Girls 8-12 100 Breaststroke	0	2u	07:34 PM
Finals	38 Boys 8-12 100 Breaststroke	0	1u	07:38 PM
Finals	17 Girls 13-14 200 Breaststroke	0	2u	07:40 PM
Finals	18 Boys 13-14 200 Breaststroke	0	2u	07:47 PM
Finals	19 Women 200 Breaststroke	0	2u	07:54 PM
Finals	20 Men 200 Breaststroke	0	2u	08:01 PM
Finals	41 Girls 8-12 100 Butterfly	0	1u	08:08 PM
Finals	42 Boys 8-12 100 Butterfly	0	1u	08:10 PM
Finals	21 Girls 13-14 100 Butterfly	0	2u	08:12 PM
Finals	22 Boys 13-14 100 Butterfly	0	2u	08:15 PM
Finals	23 Women 100 Butterfly	0	2u	08:19 PM
Finals	24 Men 100 Butterfly	0	2u	08:22 PM
Finals	45 Girls 8-12 100 Backstroke	0	2u	08:25 PM
Finals	46 Boys 8-12 100 Backstroke	0	1u	08:30 PM
Finals	25 Girls 13-14 100 Backstroke	0	2u	08:32 PM
Finals	26 Boys 13-14 100 Backstroke	0	2u	08:35 PM

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Finals	27	Women 100 Backstroke	0	2 ₁	08:39 PM
Finals	28	Men 100 Backstroke	0	2 ₁	08:43 PM
Finals	49	Girls 8-12 50 Freestyle	0	2 ₁	08:47 PM
Finals	50	Boys 8-12 50 Freestyle	0	2 ₁	08:49 PM
Finals	29	Girls 13-14 50 Freestyle	0	2 ₁	08:51 PM
Finals	30	Boys 13-14 50 Freestyle	0	2 ₁	08:53 PM
Finals	31	Women 50 Freestyle	0	2 ₁	08:55 PM
Finals	32	Men 50 Freestyle	0	2 ₁	08:57 PM
		Entry / Heat Totals:	0	55	
		Finish Time			08:58 PM

Session: 5 Sunday 13-over prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	55 Girls 13-14 100 Breaststroke	0	0	08:30 AM
Prelims	56 Boys 13-14 100 Breaststroke	0	0	08:30 AM
Prelims	57 Women 100 Breaststroke	0	0	08:30 AM
Prelims	58 Men 100 Breaststroke	0	0	08:30 AM
Prelims	59 Girls 13-14 200 Backstroke	0	0	08:30 AM
Prelims	60 Boys 13-14 200 Backstroke	0	0	08:30 AM
Prelims	61 Women 200 Backstroke	0	0	08:30 AM
Prelims	62 Men 200 Backstroke	0	0	08:30 AM
Prelims	63 Girls 13-14 200 Butterfly	0	0	08:30 AM
Prelims	64 Boys 13-14 200 Butterfly	0	0	08:30 AM
Prelims	65 Women 200 Butterfly	0	0	08:30 AM
Prelims	66 Men 200 Butterfly	0	0	08:30 AM
Prelims	67 Girls 13-14 100 Freestyle	0	0	08:30 AM
Prelims	68 Boys 13-14 100 Freestyle	0	0	08:30 AM
Prelims	69 Women 100 Freestyle	0	0	08:30 AM
Prelims	70 Men 100 Freestyle	0	0	08:30 AM
Prelims	71 Girls 13-14 200 IM	0	0	08:30 AM
Prelims	72 Boys 13-14 200 IM	0	0	08:30 AM
Prelims	73 Women 200 IM	0	0	08:30 AM
Prelims	74 Men 200 IM	0	0	08:30 AM
	Finish Time			08:30 AM

Session: 6 Sunday 12-under prelims

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	75 Girls 8-12 200 IM	0	0	01:30 PM
Prelims	76 Boys 8-12 200 IM	0	0	01:30 PM
Finals	77 Girls 10 & Under 200 IM	0	0	01:30 PM
Finals	78 Boys 10 & Under 200 IM	0	0	01:30 PM
Prelims	79 Girls 8-12 50 Breaststroke	0	0	01:30 PM
Prelims	80 Boys 8-12 50 Breaststroke	0	0	01:30 PM
Finals	81 Girls 10 & Under 50 Breaststroke	0	0	01:30 PM

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Finals	82	Boys 10 & Under 50 Breaststroke	0	0	01:30 PM
Prelims	83	Girls 8-12 50 Backstroke	0	0	01:30 PM
Prelims	84	Boys 8-12 50 Backstroke	0	0	01:30 PM
Finals	85	Girls 10 & Under 50 Backstroke	0	0	01:30 PM
Finals	86	Boys 10 & Under 50 Backstroke	0	0	01:30 PM
Prelims	87	Girls 8-12 100 Freestyle	0	0	01:30 PM
Prelims	88	Boys 8-12 100 Freestyle	0	0	01:30 PM
Finals	89	Girls 10 & Under 100 Freestyle	0	0	01:30 PM
Finals	90	Boys 10 & Under 100 Freestyle	0	0	01:30 PM
Prelims	91	Girls 8-12 50 Butterfly	0	0	01:30 PM
Prelims	92	Boys 8-12 50 Butterfly	0	0	01:30 PM
Finals	93	Girls 10 & Under 50 Butterfly	0	0	01:30 PM
Finals	94	Boys 10 & Under 50 Butterfly	0	0	01:30 PM
		Finish Time			01:30 PM

Session: 7 Sunday Finals

Day of Meet: 3 Starts at 07:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	53 Women 200 Freestyle Relay	0	0	07:00 PM
Finals	54 Men 200 Freestyle Relay	0	0	07:00 PM
Finals	75 Girls 8-12 200 IM	0	2u	07:00 PM
Finals	76 Boys 8-12 200 IM	0	1u	07:08 PM
Finals	55 Girls 13-14 100 Breaststroke	0	2u	07:11 PM
Finals	56 Boys 13-14 100 Breaststroke	0	2u	07:15 PM
Finals	57 Women 100 Breaststroke	0	2u	07:18 PM
Finals	58 Men 100 Breaststroke	0	2u	07:22 PM
Finals	79 Girls 8-12 50 Breaststroke	0	2u	07:25 PM
Finals	80 Boys 8-12 50 Breaststroke	0	1u	07:27 PM
Finals	59 Girls 13-14 200 Backstroke	0	2u	07:28 PM
Finals	60 Boys 13-14 200 Backstroke	0	2u	07:35 PM
Finals	61 Women 200 Backstroke	0	2u	07:42 PM
Finals	62 Men 200 Backstroke	0	2u	07:49 PM
Finals	83 Girls 8-12 50 Backstroke	0	2u	07:56 PM
Finals	84 Boys 8-12 50 Backstroke	0	1u	07:59 PM
Finals	63 Girls 13-14 200 Butterfly	0	2u	08:00 PM
Finals	64 Boys 13-14 200 Butterfly	0	2u	08:07 PM
Finals	65 Women 200 Butterfly	0	2u	08:13 PM
Finals	66 Men 200 Butterfly	0	2u	08:20 PM
Finals	91 Girls 8-12 50 Butterfly	0	2u	08:26 PM
Finals	92 Boys 8-12 50 Butterfly	0	1u	08:28 PM
Finals	67 Girls 13-14 100 Freestyle	0	2u	08:29 PM
Finals	68 Boys 13-14 100 Freestyle	0	2u	08:32 PM
Finals	69 Women 100 Freestyle	0	2u	08:36 PM
Finals	70 Men 100 Freestyle	0	2u	08:39 PM
Finals	87 Girls 8-12 100 Freestyle	0	2u	08:42 PM
Finals	88 Boys 8-12 100 Freestyle	0	2u	08:46 PM
Finals	71 Girls 13-14 200 IM	0	2u	08:49 PM

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Finals	72	Boys 13-14 200 IM	0	21	08:56 PM
Finals	73	Women 200 IM	0	21	09:02 PM
Finals	74	Men 200 IM	0	21	09:09 PM
		Entry / Heat Totals:	0	56	
		Finish Time			09:15 PM