

**WRAT 8 & Under Meet**  
**October 17, 2010**  
**Hosted by: Water Rat Swim Team**  
**Stauffer Pool – Westport Weston Family Y**  
**59 Post Road East; Westport, CT 06880**

Held under Sanction of USA Swimming and Connecticut Swimming #S10-05

**EVENTS**

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	<b>Name</b>	<b>Email</b>	<b>Phone</b>
<b>Meet Director:</b>	Ellen Johnston	<a href="mailto:EllenJ1@aol.com">EllenJ1@aol.com</a>	(203) 226-8981 ext. 110
<b>Meet Referee:</b>	Barbara Wiederecht	<a href="mailto:bwiedere@optonline.net">bwiedere@optonline.net</a>	
<b>Entry Chair:</b>	Kelsey Slater	<a href="mailto:kslater@westporty.org">kslater@westporty.org</a>	(203) 226-8981 ext. 117
<b>Safety Chair:</b>	Steve Landowne	<a href="mailto:stevelandowne@optonline.net">stevelandowne@optonline.net</a>	
<b>Officials Contact:</b>	Barbara Wiederecht	<a href="mailto:bwiedere@optonline.net">bwiedere@optonline.net</a>	

**WEBSITE:** [http:// www.westporty.org/wrats](http://www.westporty.org/wrats)

**POOL EMERGENCY NUMBER:** (203) 226-8981

**MEET CLASSIFICATION:** Meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed finals.

**SCRATCH PROCEDURES:** Coaches packets will contain scratch sheets for each session and a time line for when scratches are due.

**FACILITY:** The Stauffer Pool is a six (6) lane 25 yard pool. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 13'. Water depth at turn end is: 5'. Manual timing will be used. Off deck spectator seating is available both along side of the pool as well as over the starting end of the pool.

**DISABLED ACCESS:** Handicap parking is available in both the front of the Y with ramp access into the building and at the back entrance of the building with an elevator. The locker rooms and entrance into the pool deck are wheelchair accessible. Handicap spectator seating is available on a needed basis and would appreciate notification of such need prior to the day of the meet.

**COURSE:** SCY

**EVENTS:** See attached list.

**SESSION TIMES:** Meet Warm-up: 8am Meet Start: 9am.

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet.. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**EVENT INFORMATION:** Kick off to a new swim season.

**ENTRY LIMITATIONS:** Swimmers may swim in three (3) individual events.

**ENTRY TIMES:** Submit entry times in: SCY If there are no official times for an athlete, please submit estimated times. No Times (NT) are discouraged.

**DEADLINES:** Entry deadline is Thursday, October 7, 2010. Emails entries are preferred from Hy-Tek Team Manager that are in CL2 or SD3/SDIF format. ALL entries are to be submitted to Kelsey Slater – [kslater@westporty.org](mailto:kslater@westporty.org) Mail hardcopy and payment – checks payable to WRAT Parent's Club – to: Kelsey Slater; PO Box 190; Westport, CT 06881. Federal Express delivery is to: Kelsey Slater; Westport Y; 59 Post Road East; Westport, CT 06880. Entry fee payments are due by Tuesday, October 12, 2010. Entries will be accepted on a first come first serve basis.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [kslater@westporty.org](mailto:kslater@westporty.org). Please refer to Deadlines portion of this meet announcement for the specifics.

**ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION:** Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

**ENTRY FEES:** Electronic entries: \$5.00 for individual events \$7.00 for relays. Manual entries: \$7.00 for individual events, \$9.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

**PAYMENT INSTRUCTIONS:** Please make checks payable to WRAT Parent's Club and mail to: Kelsey Slater; PO Box 190; Westport, CT 06881. Payment must be received by 10/12/10.

**CUT PROTOCOL:** The intent is to run this meet in one session. Should the meet referee deem the time line to be extensive, then the meet will be divided into two (2) sessions – girl/boy. Should any changes need to be made, all teams will be notified on Monday, October 11, 2010.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient

running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** There are no relay limitations. All relay swimmers must be officially entered in the meet and attached to the relay club.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** No time trials will be offered.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Teams will be notified of timing assignments prior to the date of the meet. Anyone interested in officiating should contact the Meet Referee directly.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top six (6) finishers in each individual event, and top three (3) finishers in each relay event. Teams are asked to pick up their team awards at the conclusion of the meet.

**CONCESSIONS:** Yes

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes

**MISCELLANEOUS:** Timers from visiting teams will be needed. Anyone interested in officiating should contact the Meet Referee directly.

**DIRECTIONS: Merritt Parkway (Rte. 15):** Take exit 42. Go south at end of ramp (right from New Haven, left from New York). Bear right at first intersection to Main St. and follow for one mile to center of town where you must make a left turn (street become one-way). Just after left turn on Elm St., the Y is on your right. Long term parking is in the lot on the left of Elm St. Please observe parking restrictions.

**I-95:** Take exit 17. Left off exit. Continue north on Rte 33 to Rte 1 (Post Road). Take right onto Rte. 1, go over bridge and take left at second stop light onto Main St. Take first right onto Elm St. Y is on right, parking on left. Please observe parking restrictions.

**WRAT 8 & Under Meet - 10/17/2010**  
**Session Report**

Session: 1 WRAT 8 & Under Meet

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 8 & Under 25 Freestyle	0	0	09:00 AM _____
Finals	2 Boys 8 & Under 25 Backstroke	0	0	09:00 AM _____
Finals	3 Girls 8 & Under 25 Backstroke	0	0	09:00 AM _____
Finals	4 Boys 8 & Under 25 Backstroke	0	0	09:00 AM _____
Finals	5 Girls 8 & Under 100 IM	0	0	09:00 AM _____
Finals	6 Boys 8 & Under 100 IM	0	0	09:00 AM _____
Finals	7 Girls 8 & Under 25 Breaststroke	0	0	09:00 AM _____
Finals	8 Boys 8 & Under 25 Breaststroke	0	0	09:00 AM _____
Finals	9 Girls 8 & Under 25 Butterfly	0	0	09:00 AM _____
Finals	10 Boys 8 & Under 25 Butterfly	0	0	09:00 AM _____
Finals	11 Girls 8 & Under 50 Freestyle	0	0	09:00 AM _____
Finals	12 Boys 8 & Under 50 Freestyle	0	0	09:00 AM _____
Finals	13 Girls 8 & Under 100 Freestyle Relay	0	0	09:00 AM _____
Finals	14 Boys 8 & Under 100 Freestyle Relay	0	0	09:00 AM _____
	Finish Time			09:00 AM _____