

CHESHIRE Y/SEA DOG SWIM CLUB

8/Under Meet

December 5, 2010

Cheshire Community Pool, 520 South Main Street, Cheshire, CT 06410

Held under sanction of USA Swimming and Connecticut Swimming #S10-33

EVENTS

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	Name	Email	Phone
Meet Director:	Cheryl Guetens	guetens@cox.net	203-988-5959
Meet Referee:	Mike Smalec	msmalec@cox.net	
Entry Chair:	Chris Leach	mchrisl@cox.net	203-500-0229
Safety Chair:	Liz Aylward		

WEBSITE: <http://www.c-dog.net>

POOL EMERGENCY NUMBER: 203-271-3208

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals

SCRATCH PROCEDURES: All teams will be provided with a scratch sheet which must be turned in 15 minutes after the start of the 1st Warm-Up Session. After 15 minutes the Meet Director will make an announcement addressing which teams have not turned in their scratch sheets as a final warning. Any team who does not turn in their scratch sheet by the allotted time will be scratched from the meet.

FACILITY: The Cheshire Community Pool is a 10 -lane, 25-yard pool. CDOG reserves the right to adjust to 8 lanes if deemed warranted by the projected timeline. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 6 Feet. Water depth at turn end is: 6 Feet. The timing system will be a Daktronics System with touch pads; manual timing will be used for all 25 yard events. There is ample deck space for swimmers and limited spectator seating. Swimmers may bring deck chairs and we encourage the public to bring deck chairs as well. Overflow parking available across the street at Cheshire High School.

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: 9:00 am Warm Up
10:00 am Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. The Meet Host reserves the right to alter Warm-Ups.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: 5 Events per day

ENTRY TIMES: Submit entry times in SCY. No Times are **STRONGLY** discouraged.

DEADLINES: Entry deadline is Tuesday, November 23, 2010. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first-come first-served basis. Date of receipt is based on Electronic Copy of entry.

CONNECTICUT-ONLY DEADLINE: CT deadline is Tuesday, November 23, 2010. Entries will be accepted on a first-come first-served basis. Date of receipt is based on Electronic Copy of entry. CT clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at mchrisleach@cox.net. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$5.00 for individual events/\$10.00 for relay events. Manual entries: \$6.00 for individual events/\$12.00 for relay events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to "**STPA**" and put "**8/Under**" on the memo line. Checks should be mailed to: Jane Barlok, 360 North Brooksvale Road, Cheshire, CT 06410. Payment must be received by **Wednesday, November 24, 2010**.

CUT PROTOCOL: Entries will be received until the meet is full. Clubs will be notified of cuts no later than Monday, November 29, 2010.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No time trials will be offered.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers based on their entry for the duration of the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: This meet will not be scored.

AWARDS: Individual: Ribbons 1st through 8th place. Relays: Ribbons 1st through 3rd place. Heat winner awards will be awarded randomly throughout the meet.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Overflow parking available across the street at Cheshire High School.

DIRECTIONS: From 91 North: to Exit 10 (Rt. 40 ext). Follow to the end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the pool.

From 91 South: to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading South on Rt. 10. Follow Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 West: to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 East: to exit 26 (Rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the High School.

CDOG 8/Under Meet - 12/5/2010**Session Report**

Session: 1 CDOG 8/Under Meet

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 8 & Under 100 IM	0	0	10:00 AM _____
Finals	2 Boys 8 & Under 100 IM	0	0	10:00 AM _____
Finals	3 Girls 8 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	4 Boys 8 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	5 Girls 7 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	6 Boys 7 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	7 Girls 6 & Under 25 Freestyle	0	0	10:00 AM _____
Finals	8 Boys 6 & Under 25 Freestyle	0	0	10:00 AM _____
Finals	9 Girls 8 & Under 50 Backstroke	0	0	10:00 AM _____
Finals	10 Boys 8 & Under 50 Backstroke	0	0	10:00 AM _____
Finals	11 Girls 8 Year Olds 25 Butterfly	0	0	10:00 AM _____
Finals	12 Boys 8 Year Olds 25 Butterfly	0	0	10:00 AM _____
Finals	13 Girls 7 Year Olds 25 Butterfly	0	0	10:00 AM _____
Finals	14 Boys 7 Year Olds 25 Butterfly	0	0	10:00 AM _____
Finals	15 Girls 6 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	16 Boys 6 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	17 Girls 8 & Under 50 Breaststroke	0	0	10:00 AM _____
Finals	18 Boys 8 & Under 50 Breaststroke	0	0	10:00 AM _____
Finals	19 Girls 8 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	20 Boys 8 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	21 Girls 7 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	22 Boys 7 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	23 Girls 6 & Under 25 Backstroke	0	0	10:00 AM _____
Finals	24 Boys 6 & Under 25 Backstroke	0	0	10:00 AM _____
Finals	25 Girls 8 & Under 50 Butterfly	0	0	10:00 AM _____
Finals	26 Boys 8 & Under 50 Butterfly	0	0	10:00 AM _____
Finals	27 Girls 8 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	28 Boys 8 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	29 Girls 7 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	30 Boys 7 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	31 Girls 6 & Under 25 Breaststroke	0	0	10:00 AM _____
Finals	32 Boys 6 & Under 25 Breaststroke	0	0	10:00 AM _____
Finals	33 Girls 8 & Under 50 Freestyle	0	0	10:00 AM _____
Finals	34 Boys 8 & Under 50 Freestyle	0	0	10:00 AM _____
Finals	35 Girls 8 & Under 100 Freestyle Relay	0	0	10:00 AM _____
Finals	36 Boys 8 & Under 100 Freestyle Relay	0	0	10:00 AM _____
	Finish Time			10:00 AM _____