

**Races on the Thames  
Age Group Qualifier  
January 9-10, 2010**

Lott Natatorium, Connecticut College, New London, CT

Held under sanctioned of USA Swimming and Connecticut Swimming #S09-43

**EVENTS**

**\*.hyv**

<b>Meet Director:</b>	John Vitale	<a href="mailto:johnvitale@sbcglobal.net">johnvitale@sbcglobal.net</a>	860-230-7417
<b>Meet Referee:</b>	Rich Dufour	<a href="mailto:richdufour@comcast.net">richdufour@comcast.net</a>	860-267-7014
<b>Entry Chair:</b>	Anne Vitale	<a href="mailto:info@tacswim.org">info@tacswim.org</a>	860-230-1473
<b>Safety Chair:</b>	Qin Guo	<a href="mailto:xj_chin@yahoo.com">xj_chin@yahoo.com</a>	

**WEBSITE:** [http:// www.tacswim.org](http://www.tacswim.org)

**POOL EMERGENCY NUMBER:** 860-230-1473

**MEET CLASSIFICATION:** 1. This meet is open to all USA Swimming athletes and clubs.

**MEET FORMAT:** The meet will be swum as timed-finals.

**SCRATCH PROCEDURES:** Scratch sheets will be provided in the coaches' packets. Failure to hand in the scratch sheet by 20 minutes after the start of warm-ups will result in that team being scratched from the meet. (With concurrence from the meet manager, the meet referee may extend this deadline).

**FACILITY:** The Lott Natatorium Competition Pool is an 8-lane, 25-yard pool a warm-up/warm-down well and a Dakronics electronic timing system. There is ample balcony style spectator seating.

**DISABLED ACCESS:** Handicapped parking is available directly in front of the athletic complex with a ramp into the complex. The pool and spectator balcony are handicap accessible. For specific needs, please contact John Vitale at [johnvitale@sbcglobal.net](mailto:johnvitale@sbcglobal.net) or 860-230-7417.

**COURSE:** SCY

**EVENTS:** See attached list.

**SESSION TIMES:**

Saturday and Sunday 12 and Under morning sessions: 7:00 am warm up with 8:00 am start.  
Saturday and Sunday 13 and Over afternoon sessions: 12:30 pm warm up with 1:30 pm start

**WARM-UPS:** CT Swimming Warm-Up Procedures will be in effect.

**ELIGIBILITY:** All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

**EVENT INFORMATION:** No deck entries will be accepted.

**ENTRY LIMITATIONS:** Swimmers may swim up to 4 events per day/8 events per meet. Please indicate 4<sup>th</sup> event for the case of oversubscription.

**ENTRY TIMES:** Submit entry times in: SCY. No Times are discouraged.

**DEADLINES:** Entry deadline is 12/01/2009. Mail hardcopy with 4<sup>th</sup> event circled and payment to the entry chairperson: Anne Vitale, 405 Pine Hill Road, Moosup, CT 06354. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Providing payment is received by Tuesday, December 1, the official date of entry is determined by the time the e-mailed entry file or hardcopy is received

**CONNECTICUT-ONLY DEADLINE:** CT deadline is November 24, 2009. Providing payment is received by November 30, 2009, the official date of entry is determined by the time the e-mailed entry file or hardcopy is received.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at [info@tacswim.org](mailto:info@tacswim.org) . Please check that your team name, address, and contact information are listed correctly in this file. Providing that payment is received by December 4, 2009, the entry will be considered received and entered by the time/date the electronic entry was received.

**ENTRY FEES:** Electronic entries: \$5.00 for individual events, \$10.00 for relays. Manual entries: \$5.50 for individual events, \$10.50 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**PAYMENT INSTRUCTIONS:** Please make checks payable to Thames Aquatic Club and mail to: Anne Vitale, 405 Pine Hill Road, Moosup CT 06354. Payment must be received by 12/04/2009.

**CUT PROTOCOL for QUALIFIERS:** If a session is over-subscribed first 7/Us, followed by relays, and then all fourth events will be cut. Please indicate 4<sup>th</sup> event for the case of oversubscription. If the time line estimate still exceeds four hours teams will be cut based on date of receipt. Clubs will be notified of cuts no later than Monday before the meet.

**RESERVE THE RIGHT TO MAKE CHANGES:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

**RELAYS:** All relay swimmers must be officially entered in the meet.

**SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.

3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

**RULES:** Current USA Swimming rules will govern all competition.

**TIME TRIALS:** Time trials will be offered at the discretion of the meet referee if time allows. Time trials are \$5.00 for individual events and \$10.00 for relays. Time trial events count toward the total number of event limitations per session.

**TIMERS, OFFICIALS OR WORK ASSIGNMENTS:** Teams will be notified of their work assignments. Anyone interested in Officiating at this meet, please contact Rich Dufour at [richdufour@comcast.net](mailto:richdufour@comcast.net) or 860-267-7014.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Ribbons will be awarded to the top 8 finishers in each individual event, and top 3 finishers in each relay event. Teams may pick up their awards, at the conclusion of the meet, at the Announcer's Table.

**CONCESSIONS:** Yes.

**HOSPITALITY FOR COACHES AND OFFICIALS:** Yes.

**MISCELLANEOUS:**

**PARKING:** There is ample parking surrounding the athletic complex.

**DIRECTIONS:** Lott Natatorium is located on the Connecticut College campus at 270 Mohegan Ave, New London, CT 06320

From Hartford and points north: Take I-84 East to Route 2 East to I-395 South (exit 28S). Proceed approximately 8 miles to Route 32 South (exit 78 which is a left exit). Continue on Route 32 South about 1 mile. After you pass under the pedestrian bridge, turn left at the light into the Charles B. Luce Field House / Dayton Arena Natatorium parking area.

From New York and points south: Take I-95 North to Exit 83. Make a left at the light at the end of the exit. Go to the next light and turn right past the entrance to the US Coast Guard Academy onto Route 32 North. Turn right at the third light. You will see a sign for the Charles B. Luce Field House / Dayton Arena Natatorium parking area.

Licensed To: Thames Aquatic Club

Hy-Tek's MEET MANAGER 9/11/2009

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**Races on the Thames Qualifier - 1/9/2010 to 1/10/2010****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	1 Girls 10 & Under 100 Freestyle
Finals	2 Boys 10 & Under 100 Freestyle
Finals	3 Girls 11-12 100 Freestyle
Finals	4 Boys 11-12 100 Freestyle
Finals	5 Girls 10 & Under 50 Backstroke
Finals	6 Boys 10 & Under 50 Backstroke
Finals	7 Girls 11-12 50 Backstroke
Finals	8 Boys 11-12 50 Backstroke
Finals	9 Girls 10 & Under 100 Breaststroke
Finals	10 Boys 10 & Under 100 Breaststroke
Finals	11 Girls 11-12 100 Breaststroke
Finals	12 Boys 11-12 100 Breaststroke
Finals	13 Girls 10 & Under 50 Butterfly
Finals	14 Boys 10 & Under 50 Butterfly
Finals	15 Girls 11-12 50 Butterfly
Finals	16 Boys 11-12 50 Butterfly
Finals	17 Girls 10 & Under 200 IM
Finals	18 Boys 10 & Under 200 IM
Finals	19 Girls 11-12 100 IM
Finals	20 Boys 11-12 100 IM
Finals	21 Girls 10 & Under 200 Medley Relay
Finals	22 Boys 10 & Under 200 Medley Relay
Finals	23 Girls 11-12 200 Medley Relay
Finals	24 Boys 11-12 200 Medley Relay
Finals	25 Girls 11-12 200 Backstroke
Finals	26 Boys 11-12 200 Backstroke
Finals	27 Girls 11-12 200 Butterfly
Finals	28 Boys 11-12 200 Butterfly
Finals	29 Girls 10 & Under 500 Freestyle
Finals	30 Boys 10 & Under 500 Freestyle
Finals	31 Girls 11-12 500 Freestyle
Finals	32 Boys 11-12 500 Freestyle

Session: 2 Session 2

Day of Meet: 1 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	33 Girls 13-14 100 Freestyle
Finals	34 Boys 13-14 100 Freestyle
Finals	35 Girls 15 & Over 100 Freestyle
Finals	36 Boys 15 & Over 100 Freestyle
Finals	37 Girls 13-14 100 Backstroke

Finals	38	Boys 13-14 100 Backstroke
Finals	39	Girls 15 & Over 100 Backstroke
Finals	40	Boys 15 & Over 100 Backstroke
Finals	41	Girls 13-14 200 Breaststroke
Finals	42	Boys 13-14 200 Breaststroke
Finals	43	Girls 200 Breaststroke
Finals	44	Boys 200 Breaststroke
Finals	45	Girls 13-14 200 Butterfly
Finals	46	Boys 13-14 200 Butterfly
Finals	47	Girls 200 Butterfly
Finals	48	Boys 200 Butterfly
Finals	49	Girls 13-14 200 IM
Finals	50	Boys 13-14 200 IM
Finals	51	Girls 15 & Over 200 IM
Finals	52	Boys 15 & Over 200 IM
Finals	53	Girls 13-14 200 Medley Relay
Finals	54	Boys 13-14 200 Medley Relay
Finals	55	Girls 15 & Over 200 Medley Relay
Finals	56	Boys 15 & Over 200 Medley Relay
Finals	57	Girls 13-14 500 Freestyle
Finals	58	Boys 13-14 500 Freestyle
Finals	59	Girls 15 & Over 500 Freestyle
Finals	60	Boys 15 & Over 500 Freestyle

## Session: 3 Session 3

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	61 Girls 10 & Under 50 Freestyle
Finals	62 Boys 10 & Under 50 Freestyle
Finals	63 Girls 11-12 50 Freestyle
Finals	64 Boys 11-12 50 Freestyle
Finals	65 Girls 10 & Under 200 Freestyle
Finals	66 Boys 10 & Under 200 Freestyle
Finals	67 Girls 11-12 200 Freestyle
Finals	68 Boys 11-12 200 Freestyle
Finals	69 Girls 10 & Under 100 Backstroke
Finals	70 Boys 10 & Under 100 Backstroke
Finals	71 Girls 11-12 100 Backstroke
Finals	72 Boys 11-12 100 Backstroke
Finals	73 Girls 10 & Under 50 Breaststroke
Finals	74 Boys 10 & Under 50 Breaststroke
Finals	75 Girls 11-12 50 Breaststroke
Finals	76 Boys 11-12 50 Breaststroke
Finals	77 Girls 10 & Under 100 Butterfly
Finals	78 Boys 10 & Under 100 Butterfly
Finals	79 Girls 11-12 100 Butterfly
Finals	80 Boys 11-12 100 Butterfly
Finals	81 Girls 10 & Under 100 IM
Finals	82 Boys 10 & Under 100 IM

Finals	83	Girls 11-12 200 IM
Finals	84	Boys 11-12 200 IM
Finals	85	Girls 10 & Under 200 Freestyle Relay
Finals	86	Boys 10 & Under 200 Freestyle Relay
Finals	87	Girls 11-12 200 Freestyle Relay
Finals	88	Boys 11-12 200 Freestyle Relay
Finals	89	Girls 11-12 200 Breaststroke
Finals	90	Boys 11-12 200 Breaststroke

Session: 4 Session 4

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>
Finals	91 Girls 13-14 50 Freestyle
Finals	92 Boys 13-14 50 Freestyle
Finals	93 Girls 15 & Over 50 Freestyle
Finals	94 Boys 15 & Over 50 Freestyle
Finals	95 Girls 13-14 200 Freestyle
Finals	96 Boys 13-14 200 Freestyle
Finals	97 Girls 15 & Over 200 Freestyle
Finals	98 Boys 15 & Over 200 Freestyle
Finals	99 Girls 13-14 200 Backstroke
Finals	100 Boys 13-14 200 Backstroke
Finals	101 Girls 200 Backstroke
Finals	102 Boys 200 Backstroke
Finals	103 Girls 13-14 100 Breaststroke
Finals	104 Boys 13-14 100 Breaststroke
Finals	105 Girls 15 & Over 100 Breaststroke
Finals	106 Boys 15 & Over 100 Breaststroke
Finals	107 Girls 13-14 100 Butterfly
Finals	108 Boys 13-14 100 Butterfly
Finals	109 Girls 15 & Over 100 Butterfly
Finals	110 Boys 15 & Over 100 Butterfly
Finals	111 Girls 13-14 200 Freestyle Relay
Finals	112 Boys 13-14 200 Freestyle Relay
Finals	113 Girls 15 & Over 200 Freestyle Relay
Finals	114 Boys 15 & Over 200 Freestyle Relay
Finals	115 Girls 13-14 400 IM
Finals	116 Boys 13-14 400 IM
Finals	117 Girls 400 IM
Finals	118 Boys 400 IM

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