

**Pam Liberty Qualifier
and Distance Meet
January, 22-24, 2010**
564 South Ave, New Canaan, CT

Held under sanction of USA Swimming and Connecticut Swimming #S09-50

EVENTS

[*.hyv](#)

Meet Director:	Alicia Guerrette	aguerrette@newcanaanymca.org	203-966-45-28 ext. 174
Meet Referee:	Marie-Pierre Graf	mpierre38@aol.com	203-856-3984
Entry Chair:	John Spadafina	jspadafina@newcanaanymca.org	203-966-4528 ext. 131
Safety Chair:	John Spadafina		
Officials Contact:	Marie-Pierre Graf		

WEBSITE: <http://www.ncyac.org>

POOL EMERGENCY NUMBER: 203-966-4528

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals. The 1650 will be swum fastest to slowest, alternating heats of women and men.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for each session. Coaches must indicate all scratches on these sheets and submit their scratch sheets to the computer table within one half hour after the start of warm up.

FACILITY: The New Canaan YMCA Valles Pool is a 6-lane, 25-yard pool with a depth of 13 feet at the starting end and offers Colorado timing with a six lane display. Continuous warm-up, warm-down is available throughout the meet, and ample seating is available for spectators on the observation deck.

DISABLED ACCESS: Access to the observation deck is by stairway only. The pool deck is at ground floor level. Please contact the meet director if athletes, coaches or spectators require special assistance. There is available handicapped parking at the YMCA.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: Friday (all swimmers) – 4:00pm warm-up, 5:15pm start
Saturday and Sunday Morning (13/14 and 10/Under swimmers) – 7:00am warm-up,
8:15am start
Saturday and Sunday Afternoon (11-12 and 15/Over swimmers) – 12:30pm warm-up,
1:45pm start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

EVENT INFORMATION: The 1650 will run fastest to slowest and will alternate heats of women and men.

ENTRY LIMITATIONS: Swimmers may swim a maximum of 4 events per day/8 per meet. Please indicate the 4th event to scratch in the event of over-subscription.

ENTRY TIMES: Please submit entry times in SCY. No Time entries are discouraged.

DEADLINES: Entry deadline is January 13th, 2010. Mail hardcopy and payment to the entry chairperson: John Spadafina, 564 South Ave, New Canaan, CT 06840. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be received on a first come first serve basis.

CONNECTICUT-ONLY DEADLINE for QUALIFIER MEETS: CT deadline is January 13th, 2010. CT clubs will be given priority. Entries will be accepted on a first come, first serve basis upon receipt of the team's payment.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at jspadafina@newcanaanyca.org. Please check that your team name, address, and contact information are listed correctly in this file. A check or proof of a check request must be submitted by the entry deadline (January 13th, 2010) for your entry to be officially accepted.

ENTRY FEES: Electronic entries: \$5.00 for individual events, \$5.00 for distance event, \$10.00 for relays. Manual entries: \$5.50 for individual events, \$5.50 for distance events, \$10.50 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to NCYAC and mail to: John Spadafina, 564 South Ave, New Canaan, CT 06840. Payment must be received by 01/13/10.

CUT PROTOCOL for Distance Events: The session will be limited to four hours and forty-five minutes. Entries will be accepted on a first come first serve basis. Once the meet reaches the time limit all entries after that will not be accepted.

CUT PROTOCOL for QUALIFIERS: If a session is over-subscribed first 7/Us, followed by relays, and then all fourth events will be cut. Please indicate the 4th event to scratch in the event of over-subscription. If the time line estimate still exceeds four hours teams will be cut based on date of receipt. Clubs will be notified of cuts no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: There are no relay limitations. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials will be offered.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to provide timers in proportion to the size of their entry. Timer assignments will be emailed to all teams prior to the meet. It is the responsibility of each team representative or coach to make sure that their timers report for the timers' meeting and remain in place through out the session. If timers need to be relieved, it is their team's responsibility to provide a replacement. Swimmers will need to provide their own timers and counters for the 1650 freestyle on Friday night.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top 12 finishers in each individual event, and top 3 team finishers in each relay event. Coaches or a team representative should pick up the athlete awards prior to leaving on Sunday. Teams that fail to pick up their team awards will be required to pay shipping and handling fees in order to have their awards sent via the mail.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: There will be NO PARKING AT THE YMCA, South Ave, Putnam, or Surray Roads. Cars parked in these areas will be ticketed by the New Canaan Police Department. Parking will be either at the Saxe Middle School or High School. The Meet Manager will notify the entered teams prior to the meet. (Parking tickets are not the responsibility of the New Canaan YMCA.)

DIRECTIONS: From North or South: Take the Merrit Parkway to exit 37, make a left off the exit ramp and head north on South Ave (Rte 124). Follow this road for about $\frac{3}{4}$ of a mile. The YMCA is on the right. Swimmers may be dropped off at the YMCA; however there is NO parking available. Upon making a right out of the YMCA parking lot the Saxe Middle School lot is the next drive on the right hand side. To get to the High School, after making a right out of the YMCA parking lot make a left at the first traffic light onto Farm Ave. The high school is on the left hand side.



Your complimentary
use period has ended.
Thank you for using
PDF Complete.

Q - 1/22/2010 to 1/24/2010

Session Report

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 1650 Freestyle	0	0	05:15 PM _____
Finals	2 Boys 1650 Freestyle	0	0	05:15 PM _____
	Finish Time			05:15 PM _____

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	3 Girls 10 & Under 100 Freestyle	0	0	08:15 AM _____
Finals	4 Boys 10 & Under 100 Freestyle	0	0	08:15 AM _____
Finals	5 Girls 13-14 100 Freestyle	0	0	08:15 AM _____
Finals	6 Boys 13-14 100 Freestyle	0	0	08:15 AM _____
Finals	7 Girls 10 & Under 100 Breaststroke	0	0	08:15 AM _____
Finals	8 Boys 10 & Under 100 Breaststroke	0	0	08:15 AM _____
Finals	9 Girls 13-14 200 Breaststroke	0	0	08:15 AM _____
Finals	10 Boys 13-14 200 Breaststroke	0	0	08:15 AM _____
Finals	11 Girls 10 & Under 50 Backstroke	0	0	08:15 AM _____
Finals	12 Boys 10 & Under 50 Backstroke	0	0	08:15 AM _____
Finals	13 Girls 13-14 100 Backstroke	0	0	08:15 AM _____
Finals	14 Boys 13-14 100 Backstroke	0	0	08:15 AM _____
Finals	15 Girls 10 & Under 50 Butterfly	0	0	08:15 AM _____
Finals	16 Boys 10 & Under 50 Butterfly	0	0	08:15 AM _____
Finals	17 Girls 13-14 200 Butterfly	0	0	08:15 AM _____
Finals	18 Boys 13-14 200 Butterfly	0	0	08:15 AM _____
Finals	19 Girls 10 & Under 200 IM	0	0	08:15 AM _____
Finals	20 Boys 10 & Under 200 IM	0	0	08:15 AM _____
Finals	21 Girls 13-14 200 IM	0	0	08:15 AM _____
Finals	22 Boys 13-14 200 IM	0	0	08:15 AM _____
Finals	23 Girls 10 & Under 500 Freestyle	0	0	08:15 AM _____
Finals	24 Boys 10 & Under 500 Freestyle	0	0	08:15 AM _____
Finals	25 Girls 13-14 200 Medley Relay	0	0	08:15 AM _____
Finals	26 Boys 13-14 200 Medley Relay	0	0	08:15 AM _____
Finals	27 Girls 10 & Under 200 Medley Relay	0	0	08:15 AM _____
Finals	28 Boys 10 & Under 200 Medley Relay	0	0	08:15 AM _____
Finals	29 Girls 13-14 500 Freestyle	0	0	08:15 AM _____
Finals	30 Boys 13-14 500 Freestyle	0	0	08:15 AM _____
	Finish Time			08:15 AM _____



Your complimentary
use period has ended.
Thank you for using
PDF Complete.

Q - 1/22/2010 to 1/24/2010

Session Report

1: 3 Saturday Afternoon

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	31 Girls 11-12 100 Freestyle	0	0	01:45 PM _____
Finals	32 Boys 11-12 100 Freestyle	0	0	01:45 PM _____
Finals	33 Girls 15 & Over 100 Freestyle	0	0	01:45 PM _____
Finals	34 Boys 15 & Over 100 Freestyle	0	0	01:45 PM _____
Finals	35 Girls 11-12 50 Butterfly	0	0	01:45 PM _____
Finals	36 Boys 11-12 50 Butterfly	0	0	01:45 PM _____
Finals	37 Girls 200 Butterfly	0	0	01:45 PM _____
Finals	38 Boys 200 Butterfly	0	0	01:45 PM _____
Finals	39 Girls 11-12 500 Freestyle	0	0	01:45 PM _____
Finals	40 Boys 11-12 500 Freestyle	0	0	01:45 PM _____
Finals	41 Girls 200 Breaststroke	0	0	01:45 PM _____
Finals	42 Boys 200 Breaststroke	0	0	01:45 PM _____
Finals	43 Girls 11-12 100 Breaststroke	0	0	01:45 PM _____
Finals	44 Boys 11-12 100 Breaststroke	0	0	01:45 PM _____
Finals	45 Girls 15 & Over 500 Freestyle	0	0	01:45 PM _____
Finals	46 Boys 15 & Over 500 Freestyle	0	0	01:45 PM _____
Finals	47 Girls 11-12 100 IM	0	0	01:45 PM _____
Finals	48 Boys 11-12 100 IM	0	0	01:45 PM _____
Finals	49 Girls 15 & Over 200 IM	0	0	01:45 PM _____
Finals	50 Boys 15 & Over 200 IM	0	0	01:45 PM _____
Finals	51 Girls 11-12 50 Backstroke	0	0	01:45 PM _____
Finals	52 Boys 11-12 50 Backstroke	0	0	01:45 PM _____
Finals	53 Girls 15 & Over 100 Backstroke	0	0	01:45 PM _____
Finals	54 Boys 15 & Over 100 Backstroke	0	0	01:45 PM _____
Finals	55 Girls 11-12 200 Medley Relay	0	0	01:45 PM _____
Finals	56 Boys 11-12 200 Medley Relay	0	0	01:45 PM _____
Finals	57 Girls 15 & Over 200 Medley Relay	0	0	01:45 PM _____
Finals	58 Boys 15 & Over 200 Medley Relay	0	0	01:45 PM _____
Finals	59 Girls 12 & Under 200 Backstroke	0	0	01:45 PM _____
Finals	60 Boys 12 & Under 200 Backstroke	0	0	01:45 PM _____
Finals	61 Girls 12 & Under 200 Butterfly	0	0	01:45 PM _____
Finals	62 Boys 12 & Under 200 Butterfly	0	0	01:45 PM _____
	Finish Time			01:45 PM _____



Your complimentary
use period has ended.
Thank you for using
PDF Complete.

Q - 1/22/2010 to 1/24/2010

Session Report

on: 4 Sunday Morning

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	63 Girls 10 & Under 50 Freestyle	0	0	08:15 AM _____
Finals	64 Boys 10 & Under 50 Freestyle	0	0	08:15 AM _____
Finals	65 Girls 13-14 50 Freestyle	0	0	08:15 AM _____
Finals	66 Boys 13-14 50 Freestyle	0	0	08:15 AM _____
Finals	67 Girls 10 & Under 100 Backstroke	0	0	08:15 AM _____
Finals	68 Boys 10 & Under 100 Backstroke	0	0	08:15 AM _____
Finals	69 Girls 13-14 200 Backstroke	0	0	08:15 AM _____
Finals	70 Boys 13-14 200 Backstroke	0	0	08:15 AM _____
Finals	71 Girls 10 & Under 200 Freestyle	0	0	08:15 AM _____
Finals	72 Boys 10 & Under 200 Freestyle	0	0	08:15 AM _____
Finals	73 Girls 13-14 200 Freestyle	0	0	08:15 AM _____
Finals	74 Boys 13-14 200 Freestyle	0	0	08:15 AM _____
Finals	75 Girls 10 & Under 50 Breaststroke	0	0	08:15 AM _____
Finals	76 Boys 10 & Under 50 Breaststroke	0	0	08:15 AM _____
Finals	77 Girls 13-14 100 Breaststroke	0	0	08:15 AM _____
Finals	78 Boys 13-14 100 Breaststroke	0	0	08:15 AM _____
Finals	79 Girls 10 & Under 100 Butterfly	0	0	08:15 AM _____
Finals	80 Boys 10 & Under 100 Butterfly	0	0	08:15 AM _____
Finals	81 Girls 13-14 100 Butterfly	0	0	08:15 AM _____
Finals	82 Boys 13-14 100 Butterfly	0	0	08:15 AM _____
Finals	83 Girls 10 & Under 100 IM	0	0	08:15 AM _____
Finals	84 Boys 10 & Under 100 IM	0	0	08:15 AM _____
Finals	85 Girls 13-14 400 IM	0	0	08:15 AM _____
Finals	86 Boys 13-14 400 IM	0	0	08:15 AM _____
Finals	87 Girls 10 & Under 200 Freestyle Relay	0	0	08:15 AM _____
Finals	88 Boys 10 & Under 200 Freestyle Relay	0	0	08:15 AM _____
Finals	89 Girls 13-14 200 Freestyle Relay	0	0	08:15 AM _____
Finals	90 Boys 13-14 200 Freestyle Relay	0	0	08:15 AM _____
	Finish Time			08:15 AM _____



Your complimentary
use period has ended.
Thank you for using
PDF Complete.

Q - 1/22/2010 to 1/24/2010

Session Report

on: 5 SundayAfternoon

Day of Meet: 5 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	91 Girls 12 & Under 200 Breaststroke	0	0	01:45 PM _____
Finals	92 Boys 12 & Under 200 Breaststroke	0	0	01:45 PM _____
Finals	93 Girls 15 & Over 50 Freestyle	0	0	01:45 PM _____
Finals	94 Boys 15 & Over 50 Freestyle	0	0	01:45 PM _____
Finals	95 Girls 11-12 50 Freestyle	0	0	01:45 PM _____
Finals	96 Boys 11-12 50 Freestyle	0	0	01:45 PM _____
Finals	97 Girls 15 & Over 200 Freestyle	0	0	01:45 PM _____
Finals	98 Boys 15 & Over 200 Freestyle	0	0	01:45 PM _____
Finals	99 Girls 11-12 200 Freestyle	0	0	01:45 PM _____
Finals	100 Boys 11-12 200 Freestyle	0	0	01:45 PM _____
Finals	101 Girls 200 Backstroke	0	0	01:45 PM _____
Finals	102 Boys 200 Backstroke	0	0	01:45 PM _____
Finals	103 Girls 11-12 100 Backstroke	0	0	01:45 PM _____
Finals	104 Boys 11-12 100 Backstroke	0	0	01:45 PM _____
Finals	105 Girls 15 & Over 100 Breaststroke	0	0	01:45 PM _____
Finals	106 Boys 15 & Over 100 Breaststroke	0	0	01:45 PM _____
Finals	107 Girls 11-12 50 Breaststroke	0	0	01:45 PM _____
Finals	108 Boys 11-12 50 Breaststroke	0	0	01:45 PM _____
Finals	109 Girls 15 & Over 100 Butterfly	0	0	01:45 PM _____
Finals	110 Boys 15 & Over 100 Butterfly	0	0	01:45 PM _____
Finals	111 Girls 11-12 100 Butterfly	0	0	01:45 PM _____
Finals	112 Boys 11-12 100 Butterfly	0	0	01:45 PM _____
Finals	113 Girls 400 IM	0	0	01:45 PM _____
Finals	114 Boys 400 IM	0	0	01:45 PM _____
Finals	115 Girls 11-12 200 IM	0	0	01:45 PM _____
Finals	116 Boys 11-12 200 IM	0	0	01:45 PM _____
Finals	117 Girls 15 & Over 200 Freestyle Relay	0	0	01:45 PM _____
Finals	118 Boys 15 & Over 200 Freestyle Relay	0	0	01:45 PM _____
Finals	119 Girls 11-12 200 Freestyle Relay	0	0	01:45 PM _____
Finals	120 Boys 11-12 200 Freestyle Relay	0	0	01:45 PM _____
	Finish Time			01:45 PM _____