

CHESHIRE Y/SEA DOG SWIM CLUB
8/Under Meet
December 6, 2009

Cheshire Community Pool, 520 South Main Street Cheshire, CT 06410

Held under sanctioned of USA Swimming and Connecticut Swimming #S09-28

EVENTS

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Meet Director:	Cheryl Guetens	guetens@cox.net	203-988-5959
Meet Referee:	Chris Patrell	spatrell@cox.net	203-530-4242
Entry Chair:	Chris Leach	leach.burton@cox.net	203-500-0229
Safety Chair:	Liz Aylward		

WEBSITE: <http://www.c-dog.net>

POOL EMERGENCY NUMBER: 203-271-3208

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals

SCRATCH PROCEDURES: All teams will be provided with a scratch sheet which must be turned in 15 minutes after the start of the 1st Warm-Up Session. After 15 minutes the Meet Director will make an announcement addressing which teams have not turned in their scratch sheets as a final warning. Any team who does not turn in their scratch sheet by the allotted time will be scratched from the meet.

FACILITY: The Cheshire Community Pool is a 10 -lane, 25-yard pool. CDOG reserves the right to adjust to 8 lanes if deemed warranted by the projected timeline. The timing system will be a Daktronics System with touch pads; manual timing will be used for all 25 yard events. There is ample deck space for swimmers and limited spectator seating. Swimmers may bring deck chairs and we encourage the public to bring deck chairs as well. Overflow parking available across the street at Cheshire High School.

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: 9:00 am Warm-Up
10:00am Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. The Meet Host reserves the right to alter the warmups

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: 5 Individual Events Per Day

ENTRY TIMES: Submit entry times in SCY. No Times are STRONGLY discouraged.

DEADLINES: Entry deadline is Tuesday, November 17, 2009. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first come-first served basis. Date of receipt is based on Electronic Copy of entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at leach.burton@cox.net. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRY FEES: Electronic entries: \$5.00 for individual events, \$10 relays. Manual entries: \$6.00 for individual events and \$12 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to "STPA" and put "8/Under" on the memo line. Checks should be mailed to: Jane Barlok, 360 North Brooksvale Road, Cheshire, CT 06410. Payment must be received by Friday, November 20, 2009.

CUT PROTOCOL: Entries will be received until meet is full. CDOG reserves the right to adjust to 8 lanes if deemed warranted by the projected timeline. Any teams that get cut from the meet will be notified by: Monday, November 30, 2009.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers based on their entry for the duration of the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Individual: Ribbons 1st through 8th place. Relays: Ribbons 1st through 3rd place. Heat winner awards will be awarded randomly throughout the meet.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Overflow parking available across the street at Cheshire High School..

DIRECTIONS:

From 91 North: to Exit 10 (Rt. 40 ext). Follow to the end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the pool.

From 91 South: to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading South on Rt. 10. Follow Rt. 10 South through Cheshire. Pool is on

the left across from the High School.

From 84 West: to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 East: to exit 26 (Rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the High School.

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Session Report

Session: 1 8/Under Meet

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 8 & Under 100 IM	0	0	10:00 AM _____
Finals	2 Boys 8 & Under 100 IM	0	0	10:00 AM _____
Finals	3 Girls 8 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	4 Boys 8 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	5 Girls 7 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	6 Boys 7 Year Olds 25 Freestyle	0	0	10:00 AM _____
Finals	7 Girls 6 & Under 25 Freestyle	0	0	10:00 AM _____
Finals	8 Boys 6 & Under 25 Freestyle	0	0	10:00 AM _____
Finals	9 Girls 8 & Under 50 Backstroke	0	0	10:00 AM _____
Finals	10 Boys 8 & Under 50 Backstroke	0	0	10:00 AM _____
Finals	11 Girls 8 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	12 Boys 8 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	13 Girls 8 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	14 Boys 8 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	15 Girls 6 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	16 Boys 6 & Under 25 Butterfly	0	0	10:00 AM _____
Finals	17 Girls 8 & Under 50 Breaststroke	0	0	10:00 AM _____
Finals	18 Boys 8 & Under 50 Breaststroke	0	0	10:00 AM _____
Finals	19 Girls 8 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	20 Boys 8 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	21 Girls 7 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	22 Boys 7 Year Olds 25 Backstroke	0	0	10:00 AM _____
Finals	23 Girls 6 & Under 25 Backstroke	0	0	10:00 AM _____
Finals	24 Boys 6 & Under 25 Backstroke	0	0	10:00 AM _____
Finals	25 Girls 8 & Under 50 Butterfly	0	0	10:00 AM _____
Finals	26 Boys 8 & Under 50 Butterfly	0	0	10:00 AM _____
Finals	27 Girls 8 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	28 Boys 8 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	29 Girls 7 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	30 Boys 7 Year Olds 25 Breaststroke	0	0	10:00 AM _____
Finals	31 Girls 6 & Under 25 Breaststroke	0	0	10:00 AM _____
Finals	32 Boys 6 & Under 25 Breaststroke	0	0	10:00 AM _____
Finals	33 Girls 8 & Under 50 Freestyle	0	0	10:00 AM _____
Finals	34 Boys 8 & Under 50 Freestyle	0	0	10:00 AM _____
Finals	35 Girls 8 & Under 100 Freestyle Relay	0	0	10:00 AM _____
Finals	36 Boys 8 & Under 100 Freestyle Relay	0	0	10:00 AM _____
	Finish Time			10:00 AM _____