

CHESHIRE Y/SEA DOG SWIM CLUB

October Distance Meet

October 30, 2009

Cheshire Community Pool, 520 South Main Street Cheshire, CT 06410

Held under sanctioned of USA Swimming and Connecticut Swimming #S09-10

EVENTS

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Meet Director:	Liz Aylward	eaylward@yahoo.com	203-464-8811
Meet Referee:	Chris Patrell	spatrell@cox.net	203-530-4242
Entry Chair:	Amy Straub	straub101@aol.com	203-288-1055
Safety Chair:			

WEBSITE: <http://www.c-dog.net>

POOL EMERGENCY NUMBER: 203-271-3208

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed-finals

SCRATCH PROCEDURES: All teams will be provided with a scratch sheet which must be turned in 15 minutes after the start of the 1st Warm-Up Session. After 15 minutes the Meet Director will make an announcement addressing which teams have not turned in their scratch sheets as a final warning. Any team who does not turn in their scratch sheet by the allotted time will be scratched from the meet.

FACILITY: The Cheshire Community Pool is a 10 -lane, 25-yard pool. CDOG reserves the right to adjust to 8 lanes if deemed warranted by the projected timeline. The timing system will be a Daktronics System with touch pads; manual timing will be used for all 25 yard events. There is ample deck space for swimmers and limited spectator seating. Swimmers may bring deck chairs and we encourage the public to bring deck chairs as well. Overflow parking available across the street at Cheshire High School.

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: 5:00pm Warm Up; 5:50pm Start

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer who is entered and is unregistered, will be scratched from the meet until registration is completed. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.

ENTRY LIMITATIONS: 2 Events Per Day

ENTRY TIMES: Submit entry times in SCY. No Times are STRONGLY discouraged.

DEADLINES: Entry deadline is Tuesday, October 20, 2009. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first come-first served basis. Date of receipt is based on Electronic Copy of entry.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at straub101@aol.com. Please check that your team name, address, and contact information are listed correctly in this file.

ENTRY FEES: Electronic entries: \$7.00 for individual events. Manual entries: \$8.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to "*STPA*" and put "*October Distance*" on the memo line. Checks should be mailed to: Jane Barlok, 360 North Brooksvale Road, Cheshire, CT 06410. Payment must be received by Friday, October 23, 2009.

CUT PROTOCOL for INVITATIONALS: Entries will be received until meet is full. Any teams that get cut from the meet will be notified by: Monday, October 26, 2009.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.

3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No Time Trials

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers based on their entry for the duration of the meet through Event 8. All 1000 Swimmers must provide their own timers and counters. The 1000's will be run fastest to slowest alternating girl's and boy's heats.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: There will be no awards for this meet.

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Overflow parking available across the street at Cheshire High School..

DIRECTIONS:

From 91 North: to Exit 10 (Rt. 40 ext). Follow to the end heading North, take a right onto Rt. 10. Follow Rt. 10 into Cheshire. Pool is on the right across from the pool.

From 91 South: to 691 West. Take exit 3 off 691, Cheshire. At the light at the end of the ramp, go left, heading South on Rt. 10. Follow Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 West: to 691 East, take the Cheshire exit. Take a right at the end of the ramp onto Rt. 10 South through Cheshire. Pool is on the left across from the High School.

From 84 East: to exit 26 (Rt. 70). Follow Rt. 70 into Cheshire. At Rt. 10 intersection, take a right, heading South on Rt. 10 through Cheshire. Pool is on the left across from the High School.

Licensed To: Sea Dog Swim Club

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CDOG October Distance Meet - 10/30/2009**Session Report**

Session: 1 October Distance

Day of Meet: 1 Starts at 05:50 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 400 IM	0	0	05:50 PM	_____
Finals	2 Boys 11 & Over 400 IM	0	0	05:50 PM	_____
Finals	3 Girls 12 & Under 200 Backstroke	0	0	05:50 PM	_____
Finals	4 Boys 12 & Under 200 Backstroke	0	0	05:50 PM	_____
Finals	5 Girls 12 & Under 200 Butterfly	0	0	05:50 PM	_____
Finals	6 Boys 12 & Under 200 Butterfly	0	0	05:50 PM	_____
Finals	7 Girls 12 & Under 200 Breaststroke	0	0	05:50 PM	_____
Finals	8 Boys 12 & Under 200 Breaststroke	0	0	05:50 PM	_____
Finals	9 Girls 11 & Over 1000 Freestyle	0	0	05:50 PM	_____
Finals	10 Boys 11 & Over 1000 Freestyle	0	0	05:50 PM	_____
	Finish Time			05:50 PM	_____

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