

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

## Girls 12 &amp; Under 200 Yard Backstroke

Name	Age	Team	Finals Time	
1 Brigid Wynn	12	WHAT	2:29.11	
	35.51	1:12.91	1:51.65	2:29.11
2 Maria Dibella	11	UN	2:29.41	
	35.02	1:13.40	1:52.20	2:29.41
3 Val Daigneault	11	SoNoCo	2:34.46	
	35.71	1:15.30	1:54.78	2:34.46
4 Hayley McClure	12	WHAT	2:36.65	
	35.78	1:15.09	1:56.15	2:36.65
5 Kelsey Kozikowski	11	FINS	2:46.50	
	37.05	1:18.17	2:02.00	2:46.50
6 Hayley DeFilippo	11	SoNoCo	2:46.74	
	40.26	1:23.68	2:06.51	2:46.74
7 Sarah Ahlberg	10	SoNoCo	2:48.08	
	40.41	1:23.75	2:06.96	2:48.08
8 Katelyn Morley	11	FINS	3:12.20	
		1:34.45	2:23.45	3:12.20
9 Julia Paddock	11	FINS	3:42.93	
	48.48		2:44.74	3:42.93
--- Kiersten Snyder	10	Waterbury YMCA	DQ	
--- Emily Lowit	11	FINS	DQ	
	50.99	DQ		

## Girls 12 &amp; Under 200 Yard Breaststroke

Name	Age	Team	Finals Time	
1 Val Daigneault	11	SoNoCo	2:54.96	
	39.90	1:24.03	2:10.07	2:54.96
2 Hannah Aylward	12	CDOG	2:55.32	
	37.66	1:22.43	2:08.93	2:55.32
3 Kelsey Kozikowski	11	FINS	3:03.81	
	41.40	1:26.97	2:15.57	3:03.81
4 Maria Dibella	11	UN	3:11.02	
	41.82	1:30.39	2:20.82	3:11.02
5 Alizabeth Sullivan	10	Waterbury YMCA	3:14.52	
	44.87	1:35.32	2:24.06	3:14.52
6 Emily Wertheimer	11	WHAT	3:19.47	
	43.56	1:35.75	2:27.93	3:19.47
7 Katelyn Morley	11	FINS	3:42.82	
	49.46	1:43.72	2:41.34	3:42.82
8 Kiersten Snyder	10	Waterbury YMCA	3:43.02	
	50.62	1:48.57	2:46.51	3:43.02
9 Julia Paddock	11	FINS	3:44.87	
	52.14	1:53.42	2:57.24	3:44.87
10 Anna Malek	12	FINS	3:54.82	
	49.60	1:50.37	2:53.29	3:54.82
11 Emily Lowit	11	FINS	4:09.43	
	54.45	1:56.58	3:03.63	4:09.43
--- Hayley DeFilippo	11	SoNoCo	DQ	
	43.67	1:32.25	2:24.40	DQ

## Girls 12 &amp; Under 200 Yard Butterfly

Name	Age	Team	Finals Time	
1 Kathleen Lynch	12	WHAT	2:33.05	
	34.03	1:12.31	1:52.85	2:33.05
2 Sarah Ahlberg	10	SoNoCo	2:58.76	
	39.38	1:25.62	2:13.21	2:58.76

3 Hayley McClure	12	WHAT	3:07.56	
	39.12	1:26.48	2:17.65	3:07.56
--- Anna Malek	12	FINS	DQ	
	40.86	1:38.53	2:41.37	DQ
<b>Girls 11 &amp; Over 1000 Yard Freestyle</b>				
Name	Age	Team	Finals Time	
1 Alicia Mathieu	16	SoNoCo	10:17.37	
	29.53	1:01.03	1:32.38	2:03.87
	2:35.16	3:06.42	3:37.90	4:09.19
	4:40.50	5:11.89	5:42.30	6:13.05
	6:43.81	7:14.60	7:45.43	8:15.83
	8:46.22	9:16.87	9:47.54	10:17.37
2 Ann Ragan Kearns	17	SoNoCo	10:45.34	
	30.23	1:03.12	1:35.94	2:08.77
	2:41.31	3:13.68	3:46.21	4:18.86
	4:51.73	5:24.26	5:56.48	6:28.92
	7:01.00	7:33.10	8:05.02	8:37.58
	9:09.86	9:41.93	10:13.90	10:45.34
3 Dana Grindall	13	SoNoCo	10:57.22	
	29.30	1:02.51	1:35.93	2:09.85
	2:43.59	3:17.06	3:50.19	4:23.61
	4:56.63	5:30.18	6:03.61	6:36.72
	7:10.02	7:43.43	8:16.04	8:48.86
	9:21.89	9:54.43	10:26.93	10:57.22
4 Cooper Kearns	15	SoNoCo	11:00.87	
	30.36	1:02.98	1:35.98	2:08.94
	2:42.21	3:15.45	3:48.72	4:22.08
	4:55.07	5:28.34	6:01.78	6:35.34
	7:08.57	7:41.73	8:14.95	8:48.51
	9:21.62	9:55.06	10:28.40	11:00.87
5 Justine Ress	15	SoNoCo	11:04.22	
	30.74	1:03.91	1:37.42	2:11.06
	2:45.34	3:18.67	3:52.09	4:25.51
	4:58.95	5:32.64	6:06.34	6:39.86
	7:13.28	7:46.64	8:20.03	8:53.03
	9:25.96	9:59.18	10:31.87	11:04.22
6 Gabrielle Daigneault	12	SoNoCo	11:16.01	
	30.63	1:04.24	1:37.86	2:11.54
	2:45.45	3:19.41	3:53.36	4:27.67
	5:01.80	5:35.97	6:10.14	6:44.07
	7:18.12	7:52.32	8:26.44	9:00.34
	9:34.67	10:09.04	10:42.84	11:16.01
7 Kelly Dolyak	15	CDOG	11:18.20	
	30.03	1:03.23	1:37.00	2:10.87
	2:44.96	3:18.92	3:52.71	4:26.95
	5:01.05	5:35.22	6:09.68	6:44.06
	7:18.20	7:53.18	8:27.65	9:02.32
	9:36.54	10:11.25	10:45.45	11:18.20
8 Lindsay Morton	13	SoNoCo	11:46.62	
	32.10	1:06.59	1:42.52	2:18.66
	2:54.43	3:29.99	4:05.56	4:41.03
	5:16.42	5:51.86	6:27.89	7:03.42
	7:38.95	8:14.57	8:50.11	9:25.62
	10:01.32	10:36.97	11:12.19	11:46.62

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

(Girls 11 & Over 1000 Yard Freestyle)							
Name	Age	Team	Finals Time				
9 Danielle Hellstern	15	CDOG	11:47.17	18 Taylor Deubel		13 CDOG	12:24.23
30.18	1:06.18	1:41.46	2:18.20	32.15	1:07.80	1:44.29	2:21.24
2:52.57	3:28.22	4:05.14	4:40.95	2:58.45	3:36.04	4:13.67	4:51.37
5:16.87	5:53.20	6:28.35	7:05.74	5:29.45	6:07.50	6:46.41	7:23.85
7:40.87	8:16.08	8:51.15	9:27.52	8:02.41	8:40.25	9:18.31	9:56.58
10:04.48	10:39.34	11:14.89	11:47.17	10:34.39	11:12.11	11:48.93	12:24.23
10 Elizabeth Baumgartner	15	CDOG	11:55.09	19 Kristy Tougas		13 SoNoCo	12:28.26
31.74	1:06.42	1:41.49	2:16.89	33.30	1:10.56	1:48.36	2:26.29
2:52.62	3:28.74	4:05.40	4:41.39	3:04.30	3:42.14	4:20.58	4:58.53
5:18.02	5:54.87	6:30.90	7:07.22	5:37.04	6:15.50	6:53.32	7:31.73
7:43.43	8:20.26	8:56.51	9:32.64	8:09.90	8:47.81	9:25.80	10:02.47
10:08.85	10:44.80	11:20.72	11:55.09	10:39.24	11:16.69	11:53.02	12:28.26
11 Katherine Krajcik	13	SoNoCo	12:01.22	20 Nicole Hellstern		13 CDOG	12:28.39
30.95	1:06.32	1:42.46	2:18.98	33.24	1:10.62	1:49.32	2:28.12
2:55.17	3:31.43	4:07.65	4:44.43	3:06.01	3:43.86	4:22.65	5:01.26
5:20.86	5:57.40	6:34.10	7:10.90	5:38.98	6:17.01	6:55.22	7:33.54
7:47.96	8:24.77	9:01.67	9:38.50	8:10.79	8:48.50	9:26.58	10:03.75
10:15.16	10:50.85	11:26.96	12:01.22	10:40.30	11:17.06	11:53.79	12:28.39
12 Julia Kolowska	13	CDOG	12:06.04	21 Michelle Piccolino		13 CDOG	12:31.19
32.20	1:06.92	1:43.29	2:19.32	33.95	1:10.29	1:47.20	2:24.81
2:56.57	3:33.00	4:09.32	4:46.08	3:02.61	3:40.01	4:17.89	4:55.74
5:23.20	5:59.32	6:36.25	7:13.73	5:33.78	6:12.19	6:50.11	7:28.15
7:50.32	8:27.50	9:04.42	9:41.26	8:06.05	8:44.21	9:22.49	10:00.19
10:17.87	10:54.45	11:30.70	12:06.04	10:38.22	11:16.42	11:54.19	12:31.19
13 Katie Collins	15	CDOG	12:06.15	22 Meghan Shanahan		15 CDOG	12:34.19
32.59	1:09.04	1:46.17	2:22.82	33.87	1:10.51	1:48.18	2:26.33
2:59.99	3:37.06	4:14.33	4:51.36	3:04.59	3:42.66	4:20.93	4:59.15
5:28.80	6:06.04	6:42.94	7:20.28	5:37.35	6:15.47	6:53.29	7:31.55
7:57.08	8:34.03	9:10.60	9:47.30	8:09.73	8:47.73	9:26.05	10:04.12
10:23.06	10:58.85	11:33.93	12:06.15	10:42.20	11:20.30	11:57.65	12:34.19
14 Emma Gawronski	12	CDOG	12:06.73	23 Sally DeLucia		12 UN	12:34.54
32.07	1:07.52	1:43.90	2:20.69	33.16	1:10.61	1:48.75	2:27.32
2:58.02	3:34.78	4:11.68	4:49.11	3:04.94	3:43.13	4:21.54	4:59.74
5:26.29	6:03.01	6:40.04	7:17.14	5:37.61	6:16.15	6:54.12	7:32.01
7:54.32	8:31.18	9:08.28	9:45.10	8:10.87	8:49.28	9:27.18	10:05.33
10:21.46	10:57.78	11:33.55	12:06.73	10:43.24	11:21.23	11:59.15	12:34.54
15 Kathleen Lynch	12	WHAT	12:09.12	24 Tiffany Wang		13 CDOG	12:36.17
32.55	1:08.13	1:44.87	2:21.17	32.98	1:09.55	1:46.80	2:24.27
2:57.81	3:34.48	4:10.98	4:48.00	3:02.16	3:40.52	4:18.70	4:56.49
5:24.48	6:01.94	6:38.32	7:15.22	5:34.32	6:12.71	6:50.78	7:29.17
7:52.48	8:29.18	9:06.17	9:43.74	8:08.02	8:46.61	9:25.14	10:03.64
10:20.67	10:56.93	11:33.32	12:09.12	10:41.91	11:20.28	11:59.06	12:36.17
16 Ashley Bowman	14	CDOG	12:11.90	25 Jenna Cannata		13 CDOG	12:38.70
32.90	1:08.66	1:44.66	2:21.01	33.86	1:10.18	1:47.71	2:25.70
2:57.73	3:34.23	4:10.98	4:48.20	3:04.68	3:43.16	4:22.23	5:01.09
5:25.24	6:02.49	6:39.43	7:16.73	5:39.52	6:18.88	6:56.86	7:35.20
7:54.11	8:31.11	9:08.30	9:45.22	8:13.07	8:50.62	9:28.71	10:06.87
10:01.94	10:22.03	10:59.34	12:11.90	10:45.30	11:23.46	12:01.48	12:38.70
17 Molly Condron	13	CDOG	12:22.30	26 Courtney Holzer		14 NMYB	12:42.22
33.87	1:10.56	1:47.31	2:24.60	32.30	1:08.75	1:46.56	2:24.86
3:02.33	3:38.87	4:17.10	4:54.75	3:02.95	3:41.59	4:20.30	4:59.39
5:32.90	6:10.19	6:48.29	7:26.17	5:39.88	6:19.12	6:57.74	7:36.50
8:04.19	8:42.12	9:19.96	9:56.90	8:15.13	8:54.50	9:32.76	10:11.33
10:34.43	11:11.26	11:47.75	12:22.30	10:49.43	11:28.54	12:06.96	12:42.22

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

<b>(Girls 11 &amp; Over 1000 Yard Freestyle)</b>											
<b>Name</b>		<b>Age Team</b>		<b>Finals Time</b>							
27	Erica Naumann	13	SoNoCo	12:51.99		36	Rachael Stone	12	CDOG	13:24.04	
	33.57	1:11.31	1:49.92	2:28.27			32.63	1:09.99	1:49.49	2:29.34	
	3:07.67	3:46.57	4:25.75	5:05.33			3:09.20	3:50.16	4:31.13	5:11.94	
	5:44.94	6:24.37	7:03.48	7:42.72			5:52.33	6:33.53	7:14.25	7:55.50	
	8:21.79	9:01.32	9:39.88	10:18.92			8:36.50	9:18.52	9:59.27	10:40.49	
	10:57.74	11:36.43	12:14.83	12:51.99			11:21.79	12:03.40	12:45.67	13:24.04	
28	Emily Kelly	15	WHAT	12:54.11		37	Maggie Senft	13	CDOG	13:29.18	
	33.31	1:10.36	1:48.92	2:27.12			34.38	1:13.43	1:53.78	2:35.20	
	3:06.61	3:44.93	4:23.41	5:02.95			3:15.54	3:55.91	4:36.52	5:17.90	
	5:42.22	6:20.89	7:01.03	7:41.00			5:59.12	6:40.20	7:21.76	8:03.43	
	8:20.47	9:00.07	9:39.43	10:19.08			8:44.30	9:25.64	10:06.57	10:46.23	
	10:58.74	11:38.09	12:17.28	12:54.11			11:27.94	12:09.19	12:49.10	13:29.18	
29	Amy Calabrese	13	CDOG	12:54.64		38	Meaghan Kirby	13	CDOG	13:35.29	
	32.82	1:10.54	1:49.44	2:28.39			35.92	1:15.62	1:56.41	2:37.81	
	3:07.87	3:46.88	4:26.29	5:05.97			3:19.04	4:00.32	4:41.60	5:22.75	
	5:45.76	6:25.93	7:05.82	7:45.51			6:04.25	6:45.76	7:27.84	8:09.06	
	8:25.42	9:05.05	9:44.62	10:23.38			8:49.95	9:31.68	10:12.94	10:54.03	
	11:02.68	11:41.21	12:18.23	12:54.64			11:35.51	12:16.44	12:56.94	13:35.29	
30	Sara Barlok	11	CDOG	12:58.84		39	Emily Olsen	14	NCY	14:09.35	
	34.02	1:13.09	1:53.06	2:32.14			37.53	1:17.84	1:59.04	2:42.27	
	3:12.01	3:51.34	4:31.30	5:10.12			3:25.08	4:08.11	4:50.62	5:34.46	
	5:49.77	6:29.35	7:08.91	7:47.97			6:17.42	7:00.82	7:44.74	8:28.52	
	8:26.96	9:06.26	9:45.75	10:24.85			9:12.40	9:55.88	10:38.94	11:21.63	
	11:04.24	11:43.49	12:22.52	12:58.84			12:03.66	12:46.14	13:28.05	14:09.35	
31	Denise Costello	12	CDOG	13:01.82		<b>Girls 11 &amp; Over 400 Yard IM</b>					
	33.81	1:10.99	1:49.63	2:28.76			<b>Name</b>	<b>Age Team</b>	<b>Finals Time</b>		
	3:07.68	3:47.17	4:27.12	5:06.91			1	Alicia Mathieu	16	SoNoCo	4:38.68
	5:47.24	6:27.68	7:07.75	7:48.28				30.86	1:04.97	1:41.24	2:16.75
	8:28.42	9:07.63	9:47.17	10:27.00				2:57.22	3:38.50	4:09.75	4:38.68
	11:06.16	11:45.59	12:24.52	13:01.82			2	Dana Grindall	13	SoNoCo	4:44.84
32	Michelle Wu	12	CDOG	13:02.71				28.86	1:02.40	1:40.44	2:17.15
	34.55	1:13.67	1:53.80	2:33.92			3:00.33	3:42.29	4:14.37	4:44.84	
	3:14.00	3:53.77	4:33.68	5:13.78			3	Cooper Kearns	15	SoNoCo	4:48.49
	5:53.73	6:33.21	7:12.66	7:52.59				31.89	1:07.62	1:46.29	2:23.38
	8:32.25	9:11.84	9:51.73	10:31.50				3:03.65	3:43.90	4:16.03	4:48.49
	11:10.12	11:48.03	12:26.52	13:02.71			4	Justine Ress	15	SoNoCo	4:50.59
33	Laura Mongillo	12	CDOG	13:14.09				30.64	1:06.48	1:42.32	2:17.05
	33.47	1:11.91	1:51.00	2:31.39				3:01.19	3:46.72	4:18.88	4:50.59
	3:11.88	3:51.89	4:32.22	5:12.80			5	Sydney Golic	13	WHAT	4:51.19
	5:52.70	6:31.98	7:13.08	7:53.54				30.70	1:07.91	1:44.41	2:20.01
	8:34.54	9:14.93	9:55.82	10:35.51				3:01.88	3:44.31	4:18.25	4:51.19
	11:15.62	11:55.83	12:36.25	13:14.09			6	Gabrielle Daigneault	12	SoNoCo	4:54.11
34	McKenzie Keddy	13	CDOG	13:14.11				31.86	1:07.55	1:45.84	2:23.67
	35.69	1:15.84	1:56.29	2:36.06				3:05.15	3:47.75	4:21.76	4:54.11
	3:15.50	3:55.36	4:36.60	5:16.73			7	Ann Ragan Kearns	17	SoNoCo	4:55.37
	5:56.10	6:35.98	7:15.85	7:56.21				29.79	1:03.30	1:41.81	2:19.55
	8:35.87	9:16.65	9:56.50	10:37.01				3:05.08	3:51.91	4:23.82	4:55.37
	11:16.89	11:56.60	12:36.41	13:14.11			8	Lindsay Morton	13	SoNoCo	5:09.36
35	Alicia Holzer	17	NMYB	13:19.18				32.13	1:08.07	1:47.26	2:25.54
	32.19	1:09.83	1:48.77	2:28.46				3:12.90	4:00.91	4:36.11	5:09.36
	3:08.82	3:49.33	4:29.95	5:09.76			9	Brigid Wynn	12	WHAT	5:15.37
	5:51.31	6:32.59	7:14.07	7:55.71				33.91	1:15.76	1:55.90	2:35.60
	8:36.20	9:19.29	10:00.68	10:42.08				3:21.81	4:06.73	4:40.78	5:15.37
	11:22.63	12:02.31	12:41.63	13:19.18			10	Molly Harmon	16	OMNI	5:18.37
								34.80	1:15.69	1:55.22	2:33.81
								3:21.57	4:08.77	4:44.09	5:18.37

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

**(Girls 11 & Over 400 Yard IM)**

Name	Age	Team	Finals Time	
11 Katherine Krajcik	13	SoNoCo	5:18.47	
			32.31	1:13.84
			1:54.94	2:36.10
			3:20.88	4:06.16
			4:43.36	5:18.47
12 Claudia DiCapua	13	NCY	5:23.32	
			32.18	1:10.76
			1:53.95	2:35.88
			3:19.42	4:04.63
			4:45.28	5:23.32
13 Kristy Tougas	13	SoNoCo	5:26.28	
			32.82	1:10.29
			1:53.38	2:36.29
			3:23.64	4:11.93
			4:50.02	5:26.28
14 Nancy Presnick	16	OMNI	5:35.08	
			35.15	1:18.23
			2:00.76	2:42.49
			3:31.38	4:20.08
			4:58.23	5:35.08
15 Molly Woods	17	WHAT	5:37.07	
			35.22	1:17.04
			1:59.49	2:40.79
			3:32.16	4:23.32
			5:01.44	5:37.07
16 Helen Park	12	CDOG	5:48.17	
			34.23	1:16.34
			2:01.33	2:44.90
			3:35.96	4:27.27
			5:08.14	5:48.17
17 Erica Naumann	13	SoNoCo	5:49.31	
			38.16	1:24.22
			2:08.21	2:51.25
			3:41.20	4:32.17
			5:11.39	5:49.31
18 Treviana Yavorek	12	CDOG	5:50.16	
			39.97	1:25.30
			2:10.12	2:52.53
			3:42.80	4:31.85
			5:11.48	5:50.16
19 Peggy Li	12	CDOG	6:04.44	
			37.88	1:23.92
			2:11.81	2:55.63
			3:51.11	4:47.13
			5:25.84	6:04.44
--- Olivia Leunis	13	NCY	DQ	
			36.54	1:17.76
			2:03.48	2:48.95
			3:33.94	4:18.93
			5:01.37	DQ

**Boys 12 & Under 200 Yard Backstroke**

Name	Age	Team	Finals Time	
1 Bjorn Davis	12	SoNoCo	2:21.50	
			32.51	1:08.51
			1:46.07	2:21.50
2 Brendan McClure	12	WHAT	2:27.83	
			34.45	1:12.27
			1:50.47	2:27.83
3 Michael May	12	UN	2:55.35	
			42.64	1:26.15
			2:12.15	2:55.35
4 Kevin Klotz	10	FINS	3:02.03	
			42.43	1:30.22
			3:02.03	
5 Alec Pasinski	12	FINS	3:04.22	
			40.88	1:29.27
			2:17.49	3:04.22
6 Matthew Limbacher	8	SoNoCo	3:05.11	
			43.84	1:30.59
			2:17.54	3:05.11
7 Alexander May	11	UN	3:13.07	
			45.42	1:33.83
			2:22.46	3:13.07

**Boys 12 & Under 200 Yard Breaststroke**

Name	Age	Team	Finals Time	
1 Gregory Dziopa	12	SoNoCo	2:42.27	
			36.01	1:19.25
			2:01.56	2:42.27
2 Matthew Limbacher	8	SoNoCo	3:04.87	
			40.86	1:28.56
			2:16.83	3:04.87

3 Michael May	12	UN	3:19.40	
			46.00	1:37.10
			2:28.36	3:19.40
4 Alec Pasinski	12	FINS	3:19.91	
			43.27	1:36.70
			2:28.71	3:19.91
5 Kevin Klotz	10	FINS	3:31.89	
			48.61	1:43.17
			2:39.34	3:31.89
6 Jonathan Qian	12	FINS	3:34.27	
			47.93	1:42.20
			2:38.34	3:34.27

**Boys 12 & Under 200 Yard Butterfly**

Name	Age	Team	Finals Time	
1 AJ Pite	12	SoNoCo	2:22.91	
			31.21	1:07.99
			1:45.80	2:22.91
2 Charlie Pite	12	SoNoCo	2:24.55	
			33.25	1:11.48
			1:49.53	2:24.55
3 Brendan McClure	12	WHAT	2:43.58	
			36.10	1:18.35
			2:01.34	2:43.58
4 Matthew Molnar	10	CDOG	3:01.45	
			38.89	1:25.68
			2:13.76	3:01.45
5 Ryan Verrillo	12	FINS	3:09.43	
			38.52	1:28.00
			2:20.74	3:09.43
6 Connor Robison	10	CDOG	3:12.22	
			39.73	1:30.95
			2:24.68	3:12.22

**Boys 11 & Over 1000 Yard Freestyle**

Name	Age	Team	Finals Time	
1 Andy Ahlberg	17	SoNoCo	10:03.35	
			27.76	57.66
			1:27.94	1:58.43
			2:28.71	2:58.98
			3:29.23	3:59.68
			4:29.97	5:00.38
			5:30.84	6:01.45
			6:31.80	7:02.41
			7:33.02	8:03.20
			8:33.68	9:03.98
			9:34.07	10:03.35
2 Jacob Dibella	13	UN	10:23.86	
			29.26	1:00.51
			1:31.69	2:02.95
			2:34.73	3:06.56
			3:38.05	4:09.45
			4:40.57	5:11.75
			5:42.77	6:14.11
			6:45.41	7:16.75
			7:48.41	8:19.77
			8:51.43	9:22.86
			9:53.89	10:23.86
3 Thomas Casey	17	SoNoCo	10:26.00	
			28.78	59.08
			1:31.25	2:02.86
			2:35.36	3:07.21
			3:38.98	4:11.01
			4:42.64	5:14.63
			5:46.34	6:18.16
			6:49.82	7:21.89
			7:52.00	8:22.86
			8:54.46	9:25.70
			9:56.57	10:26.00
4 Tyler Naumann	17	SoNoCo	10:29.66	
			29.05	59.41
			1:30.94	2:02.73
			2:34.64	3:06.57
			3:38.30	4:10.12
			4:41.84	5:13.84
			5:45.26	6:16.61
			6:47.96	7:19.49
			7:51.12	8:23.02
			8:54.77	9:26.75
			9:58.44	10:29.66
5 Kevin Saunders	15	SoNoCo	10:35.04	
			28.10	58.52
			1:29.61	2:01.01
			2:32.69	3:04.73
			3:36.77	4:09.01
			4:41.17	5:13.45
			5:45.91	6:18.42
			6:51.12	7:23.57
			7:56.21	8:28.64
			9:01.03	9:33.60
			10:05.56	10:35.04

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

<b>(Boys 11 &amp; Over 1000 Yard Freestyle)</b>								
<b>Name</b>	<b>Age Team</b>		<b>Finals Time</b>					
6 Brian Hughes	15	UN	10:35.13		15 Erik Saberski	14	CDOG	11:21.12
27.81	58.55	1:29.93	2:01.59		28.62	1:00.82	1:34.01	2:07.60
2:33.35	3:05.42	3:37.46	4:09.33		2:41.69	3:16.01	3:50.47	4:25.27
4:41.34	5:13.56	5:45.88	6:18.30		4:59.48	5:34.28	6:09.30	6:44.52
6:51.15	7:24.27	7:57.01	8:29.44		7:19.72	7:54.66	8:30.02	9:05.20
9:01.90	9:34.00	10:06.19	10:35.13		9:40.17	10:16.30	10:49.98	11:21.12
7 Alex Tougas	17	SoNoCo	10:38.19		16 Domenick Errico	16	SoNoCo	11:22.73
28.65	59.62	1:30.95	2:02.22		28.25	1:00.46	1:33.85	2:07.92
2:33.76	3:05.57	3:37.52	4:09.61		2:41.64	3:15.94	3:50.72	4:25.81
4:42.08	5:14.42	5:47.18	6:19.98		5:00.48	5:36.21	6:11.30	6:46.75
6:52.66	7:25.36	7:58.35	8:31.13		7:21.54	7:56.64	8:31.63	9:07.08
9:03.67	9:36.18	10:07.74	10:38.19		9:42.31	10:17.36	10:51.88	11:22.73
8 Kevin Kosciuk	15	CDOG	10:38.31		17 Dylan Swanepoel	13	SoNoCo	11:24.47
28.70	59.82	1:31.53	2:03.70		29.62	1:03.42	1:38.20	2:13.43
2:35.99	3:08.58	3:41.09	4:13.58		2:48.62	3:23.74	3:59.09	4:34.18
4:45.92	5:17.92	5:50.17	6:22.12		5:08.92	5:44.23	6:18.78	6:53.51
6:54.25	7:26.41	7:58.48	8:30.90		7:28.41	8:03.19	8:37.78	9:12.07
9:03.28	9:35.75	10:08.07	10:38.31		9:46.09	10:19.65	10:53.49	11:24.47
9 Austin Kelly	17	NMYB	11:00.99		18 Kelly Dullard	15	Waterbury YMCA	11:33.56
27.98	59.17	1:31.21	2:03.51		30.15	1:04.09	1:38.87	2:13.66
2:36.05	3:09.09	3:41.94	4:15.60		2:48.86	3:24.30	3:59.68	4:35.34
4:49.30	5:23.14	5:57.05	6:30.95		5:10.91	5:46.65	6:22.44	6:58.07
7:04.90	7:38.82	8:12.68	8:46.58		7:33.57	8:08.36	8:43.47	9:18.69
9:20.66	9:54.67	10:28.59	11:00.99		9:52.91	10:27.87	11:01.24	11:33.56
10 John Carlucci	13	SoNoCo	11:02.01		19 Andrew Eigner	12	CDOG	11:37.76
29.70	1:03.21	1:37.54	2:11.71		30.91	1:04.62	1:39.55	2:14.38
2:45.44	3:19.23	3:52.75	4:26.50		2:49.60	3:24.57	4:00.26	4:35.56
5:00.18	5:33.45	6:06.47	6:39.48		5:11.17	5:47.04	6:22.37	6:57.31
7:12.44	7:45.71	8:18.69	8:51.68		7:33.01	8:08.57	8:44.03	9:19.16
9:24.72	9:57.43	10:30.34	11:02.01		9:54.36	10:30.05	11:04.76	11:37.76
11 Ross Kahn	16	SoNoCo	11:04.95		20 Charlie Pite	12	SoNoCo	11:38.28
29.09	1:00.29	1:32.76	2:05.95		31.34	1:06.59	1:41.76	2:17.17
2:39.62	3:13.45	3:47.36	4:20.97		2:52.59	3:28.01	4:04.11	4:39.66
4:54.22	5:27.27	6:00.65	6:34.64		5:15.03	5:50.33	6:25.33	7:00.14
7:08.95	7:43.37	8:18.05	8:52.41		7:35.44	8:10.61	8:45.79	9:20.83
9:26.42	10:00.11	10:33.24	11:04.95		9:56.13	10:31.04	11:06.24	11:38.28
12 Joey Ahlberg	12	SoNoCo	11:14.43		21 Cody Bond	13	SoNoCo	11:46.25
30.28	1:03.55	1:37.46	2:10.90		31.57	1:07.17	1:42.62	2:17.74
2:44.38	3:18.07	3:51.83	4:25.69		2:53.24	3:29.02	4:04.79	4:40.28
4:59.78	5:33.96	6:08.06	6:42.64		5:16.25	5:51.76	6:27.53	7:02.88
7:17.34	7:52.10	8:26.69	9:01.30		7:38.65	8:14.34	8:49.77	9:25.54
9:35.59	10:09.92	10:43.48	11:14.43		10:01.37	10:37.06	11:12.22	11:46.25
13 Adam Shaw	14	CDOG	11:15.34		22 Sal Marino	16	NMYB	11:49.84
29.69	1:02.62	1:36.87	2:11.28		29.95	1:02.53	1:37.28	2:13.40
2:45.25	3:19.48	3:53.31	4:27.83		2:48.98	3:24.75	4:01.14	4:37.60
5:02.35	5:37.02	6:11.82	6:46.57		5:13.23	5:49.01	6:25.06	7:01.47
7:21.18	7:55.48	8:29.96	9:03.79		7:37.79	8:14.03	8:50.16	9:26.50
9:37.41	10:11.18	10:44.28	11:15.34		10:03.12	10:39.59	11:15.70	11:49.84
14 Daniel Mongillo	16	CDOG	11:18.07		23 Ray Jiang	14	CDOG	11:52.26
29.89	1:03.60	1:37.61	2:11.33		30.42	1:05.12	1:41.22	2:17.44
2:45.48	3:19.22	3:52.96	4:26.58		2:53.99	3:30.38	4:06.85	4:43.46
5:00.74	5:34.93	6:08.81	6:43.08		5:20.78	5:56.83	6:33.58	7:11.39
7:17.36	7:51.35	8:26.08	9:01.13		7:48.33	8:24.08	8:59.01	9:34.13
9:36.08	10:10.04	10:44.96	11:18.07		10:10.29	10:45.25	11:20.23	11:52.26

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

<b>(Boys 11 &amp; Over 1000 Yard Freestyle)</b>											
<b>Name</b>		<b>Age Team</b>		<b>Finals Time</b>							
24	Ray Snyder	13	Waterbury YMCA	11:53.13		33	Hevin Na	12	CDOG	12:52.68	
	30.99	1:06.39	1:42.46	2:19.07			32.63	1:10.02	1:48.22	2:26.25	
	2:55.11	3:31.70	4:08.20	4:44.78			3:04.13	3:42.60	4:21.66	5:00.58	
	5:20.90	5:57.53	6:34.13	7:10.30			5:39.64	6:19.76	6:59.24	7:38.43	
	7:46.81	8:22.90	8:58.86	9:34.76			8:18.22	8:58.01	9:37.71	10:17.41	
	10:10.61	10:46.16	11:20.34	11:53.13			10:57.10	11:36.78	12:16.15	12:52.68	
25	Anthony DeFilippo	14	SoNoCo	11:54.12		34	Jackson Getchell	16	CDOG	13:05.79	
	31.56	1:06.85	1:42.47	2:18.27			34.13	1:13.32	1:52.43	2:32.51	
	2:53.77	3:29.75	4:05.91	4:42.36			3:12.89	3:52.19	4:30.27	5:08.60	
	5:18.83	5:55.62	6:32.30	7:08.69			5:47.86	6:28.51	7:07.48	7:47.70	
	7:44.90	8:21.11	8:57.38	9:33.06			8:27.72	9:07.34	9:47.77	10:28.47	
	10:09.03	10:44.34	11:20.09	11:54.12			11:09.15	11:50.34	12:30.24	13:05.79	
26	Gregory Han	13	CDOG	11:56.94		35	Justin Go	14	CDOG	13:21.54	
	32.46	1:08.80	1:46.02	2:22.60			32.57	1:10.68	1:50.37	2:30.43	
	2:58.68	3:35.56	4:12.54	4:48.99			3:10.11	3:50.59	4:29.68	5:09.52	
	5:25.72	6:02.64	6:39.48	7:16.25			5:49.12	6:29.72	7:09.07	7:49.78	
	7:52.49	8:30.04	9:06.56	9:41.68			8:31.61	9:13.62	9:56.29	10:38.32	
	10:16.64	10:50.96	11:24.86	11:56.94			11:19.08	11:59.08	13:21.54	13:21.54	
27	TJ Rodenbush	14	CDOG	12:11.99		36	Erin Williams	15	CDOG	13:25.05	
	31.97	1:07.74	1:44.11	2:20.78			32.12	1:08.69	1:46.75	2:26.01	
	2:57.80	3:34.57	4:12.16	4:49.45			3:06.24	3:47.53	4:28.37	5:09.88	
	5:27.52	6:05.53	6:43.85	7:21.29			5:50.97	6:32.64	7:13.98	7:55.70	
	7:58.65	8:36.46	9:13.63	9:50.37			8:38.35	9:20.26	10:01.31	10:42.98	
	10:27.49	11:03.74	11:39.20	12:11.99			11:25.51		12:47.83	13:25.05	
28	Tyler Steskla	12	CDOG	12:25.02		37	Jacob Geyfman	13	NCY	13:26.16	
	31.25	1:07.15	1:43.79	2:20.81			33.86	1:12.84	1:54.04	2:34.05	
	2:57.98	3:35.51	4:13.03	4:50.81			3:15.29	3:56.90	4:38.42	5:20.37	
	5:28.35	6:06.10	6:43.41	7:21.86			6:02.16	6:44.46	7:25.73	8:07.86	
	8:00.74	8:38.14	9:16.02	9:53.93			8:48.99	9:29.39	10:11.01	10:52.02	
	10:31.83	11:09.86	11:48.18	12:25.02			11:30.35	12:08.94	12:49.05	13:26.16	
29	Sam Kitain	13	NCY	12:27.86		38	Jordan Washer	15	NCY	13:31.94	
	33.02	1:08.92	1:45.89	2:23.27			36.34	1:14.75	1:54.79	2:35.77	
	3:00.86	3:38.60	4:16.57	4:54.58			3:16.76	3:57.33	4:38.71	5:19.47	
	5:33.00	6:11.02	6:48.82	7:27.28			6:00.98	6:42.62	7:24.54	8:05.06	
	8:05.80	8:44.19	9:22.61	10:01.43			8:46.48	9:28.27	10:09.79	10:51.99	
	10:39.05	11:17.00	11:54.30	12:27.86			11:32.40	12:13.38	12:53.54	13:31.94	
30	Kevin Menescardi	17	CDOG	12:40.47		39	Ian Robert	14	NCY	13:40.53	
	30.09	1:04.35	1:40.13	2:16.69			31.69	1:08.59	1:48.45	3:09.80	
	2:54.61	3:33.02	4:10.89	4:49.07			3:51.22	5:14.71			
	5:27.08	6:06.47	6:45.72	7:25.30			5:56.81	6:39.13	7:21.51		
	8:05.22	8:46.05	9:26.72	10:05.44			8:47.41	9:30.61	10:14.33	10:56.09	
	10:45.26	11:24.91	12:02.79	12:40.47			12:21.72	13:40.53			
31	Bjorn Davis	12	SoNoCo	12:41.65		<b>Boys 11 &amp; Over 400 Yard IM</b>					
	31.70	1:07.59	1:45.29	2:23.12			<b>Name</b>	<b>Age Team</b>	<b>Finals Time</b>		
	3:01.80	3:40.13	4:20.33	5:00.20			*1 John Santoro	14	NCY	4:16.39	
	5:40.09	6:19.71	6:59.96	7:37.86			30.01	1:04.45	1:39.52	2:15.08	
	8:17.62	8:57.17	9:36.90	10:14.91			2:52.87	3:31.30	4:03.10	4:16.39	
	10:54.70	11:30.25	12:08.17	12:41.65			*1 Andy Ahlberg	17	SoNoCo	4:16.39	
							27.39	58.85	1:32.48	2:05.29	
							2:40.98	3:17.71	3:47.83	4:16.39	
32	Andrew Davison	15	CDOG	12:45.65		3	Ross Gormley	17	NCY	4:29.43	
	31.77	1:07.46	1:44.11	2:21.01			28.73	1:01.01	1:36.28	2:10.95	
	2:58.53	3:36.81	4:15.96	4:55.03			2:49.75	3:28.23	3:59.02	4:29.43	
	5:34.54	6:13.17	6:52.30	7:31.56			4	Ross Kahn	16	SoNoCo	4:33.29
	8:11.95	8:51.53	9:31.44	10:10.35			28.66	1:01.56	1:36.18	2:09.78	
	10:50.33	11:30.37	12:09.46	12:45.65			2:49.90	3:29.97	4:02.51	4:33.29	

## CDOG Distance Meet, Sanction #: S08-13

November 6, 2008- Cheshire, CT

## Results - November Distance Meet

**(Boys 11 & Over 400 Yard IM)**

Name	Age	Team	Finals Time	
5 Jacob Dibella	13	UN	4:33.61	
29.10	1:02.61	1:37.62	2:11.42	
2:51.55	3:31.71	4:03.43	4:33.61	
6 Dylan Heer	17	NMYB	4:36.48	
29.07	1:03.10	1:38.26	2:13.01	
2:51.70	3:31.84	4:05.40	4:36.48	
7 Thomas Casey	17	SoNoCo	4:37.09	
27.52	1:00.00	1:37.48	2:14.07	
2:52.78	3:32.78	4:06.06	4:37.09	
8 Sasan Tehrani	17	NCY	4:39.28	
28.26	1:00.19	1:37.49	2:13.12	
2:55.52	3:38.37	4:09.69	4:39.28	
9 Tim Harmon	14	OMNI	4:40.87	
28.73	1:02.34	1:37.75	2:12.94	
2:54.53	3:35.81	4:08.58	4:40.87	
10 Kevin Kozikowski	14	FINS	4:41.31	
29.24	1:02.39	1:40.38	2:17.22	
2:57.54	3:39.76	4:11.79	4:41.31	
11 John Carlucci	13	SoNoCo	4:41.41	
29.66	1:04.39	1:39.38	2:14.59	
2:55.74	3:37.65	4:10.82	4:41.41	
12 Tyler Naumann	17	SoNoCo	4:43.56	
28.22	1:00.30	1:37.54	2:13.93	
2:56.95	3:40.63	4:12.41	4:43.56	
13 Kevin Saunders	15	SoNoCo	4:43.76	
30.08	1:04.41	1:39.63	2:14.01	
2:57.06	3:40.86	4:12.71	4:43.76	
14 Joey Ahlberg	12	SoNoCo	4:49.63	
30.46	1:05.66	1:44.21	2:21.60	
3:02.44	3:44.28	4:18.09	4:49.63	
15 Alex Tougas	17	SoNoCo	4:50.46	
29.51	1:03.16	1:40.88	2:17.87	
3:03.16	3:48.41	4:20.01	4:50.46	
16 Duo Gong	16	WHAT	4:51.16	
30.18	1:08.34	1:44.51	2:19.96	
3:01.96	3:44.74	4:18.59	4:51.16	
17 Dylan Swanepoel	13	SoNoCo	4:51.23	
30.32	1:07.21	1:45.26	2:22.06	
3:03.70	3:45.59	4:20.18	4:51.23	
18 Karl Reinhardt	15	NCY	4:51.44	
30.82	1:06.90	1:44.90	2:21.03	
3:03.65	3:46.58	4:19.86	4:51.44	
19 AJ Pite	12	SoNoCo	4:54.64	
30.64	1:06.36	1:46.22	2:25.63	
3:05.41	3:45.97	4:20.75	4:54.64	
20 Domenick Errico	16	SoNoCo	5:00.42	
30.05	1:07.38	1:44.27	2:20.33	
3:07.35	3:53.46	4:27.99	5:00.42	
21 Sam Nowack	17	UN	5:00.83	
28.86	1:03.78	1:41.67	2:20.05	
3:06.26	3:52.92	4:26.79	5:00.83	
22 Eric Frohman	16	OMNI	5:01.53	
31.38	1:10.15	1:48.02	2:25.55	
3:08.73	3:53.41	4:29.01	5:01.53	

23 Anthony DeFilippo	14	SoNoCo	5:05.93	
32.60	1:11.91	1:51.38	2:30.08	
3:13.65	3:57.58	4:32.12	5:05.93	
24 Kelly Dullard	15	Waterbury YMCA	5:06.02	
31.89	1:12.07	1:49.96	2:27.46	
3:10.85	3:56.57	4:32.01	5:06.02	
25 Daniel Klotz	13	FINS	5:08.12	
30.83	1:08.04	1:47.34	2:26.28	
3:11.06	3:58.18	4:34.60	5:08.12	
26 Ty Seymour	13	WHAT	5:12.72	
31.17	1:07.32	1:49.75	2:30.39	
3:16.47	4:01.41	4:38.19	5:12.72	
27 Ray Snyder	13	Waterbury YMCA	5:13.81	
30.44	1:08.69	1:48.36	2:27.39	
3:14.32	4:01.95	4:38.45	5:13.81	
28 Cody Bond	13	SoNoCo	5:16.64	
32.75	1:11.59	1:50.81	2:28.86	
3:18.23	4:08.01	4:42.80	5:16.64	
29 Gregory Dziopa	12	SoNoCo	5:26.04	
38.15	1:21.94	2:06.18	2:47.81	
3:31.05	4:15.11	4:51.09	5:26.04	
30 Nikita Noskov	13	OMNI	5:33.41	
34.41	1:15.84	2:40.76		
3:31.21	4:20.60	5:33.43	5:33.41	
31 Patrick Morley	13	FINS	5:38.85	
35.69	1:18.51	2:03.93	2:47.69	
3:33.76	4:20.76	5:00.30	5:38.85	
32 Alexander Amatuni	13	OMNI	5:41.21	
37.10	1:20.21	2:02.79	2:45.80	
3:34.66	4:23.77	5:03.42	5:41.21	
33 Ryan Verrillo	12	FINS	6:11.58	
36.03	1:23.67	2:11.59	3:01.02	
3:53.40	4:50.71	5:30.80	6:11.58	