

## CDOG Distance Meet, Sanction #: S08-55

February 6, 2009- Cheshire, CT

## Results

**Girls 12 & Under 200 Yard Backstroke**

Name	Age	Team	Finals Time	
1 Katherine Wang	12	CDOG	2:40.88	
	38.62	1:19.72	2:01.19	2:40.88
2 Taylor Bond	12	CDOG	2:43.64	
	39.08	2:43.64		
3 Stephanie Gidicsin	11	CDOG	2:49.82	
	40.06	1:23.97	2:07.73	2:49.82
4 Denise Costello	12	CDOG	2:54.23	
	41.69	1:25.40	2:10.31	2:54.23
5 Clare French	10	FINS	2:55.32	
	41.01	1:25.71	2:11.77	2:55.32
6 Katelyn Morley	11	FINS	3:01.08	
	42.28	1:28.71	2:14.93	3:01.08
7 Anna Malek	12	FINS	3:09.84	
	44.23	1:31.72	2:21.70	3:09.84
8 Julia Paddock	11	FINS	3:26.73	
	47.61	1:41.25	2:34.85	3:26.73
9 Emily Lowit	11	FINS	3:31.44	
	48.70	1:44.48	3:31.44	

**Girls 12 & Under 200 Yard Breaststroke**

Name	Age	Team	Finals Time	
1 Michelle Wu	12	CDOG	2:58.30	
	40.41	1:25.72	2:11.91	2:58.30
2 Helen Park	12	CDOG	2:58.82	
	40.43	1:26.09	2:12.26	2:58.82
3 Julia Levine	12	FINS	3:00.71	
	40.34	1:26.37	2:13.93	3:00.71
4 Danielle Grenon	10	CDOG	3:06.71	
	41.22	1:29.10	2:18.44	3:06.71
5 Jessica Cannata	11	CDOG	3:14.32	
	44.72	1:35.06	2:25.28	3:14.32
6 Clare French	10	FINS	3:14.62	
	44.41	1:34.81	2:25.55	3:14.62
7 Francesca Go	11	CDOG	3:20.38	
	44.44	1:35.91	2:28.91	3:20.38
8 Katelyn Morley	11	FINS	3:30.42	
	47.90	1:41.20	2:35.88	3:30.42
9 Julia Paddock	11	FINS	3:35.52	
	49.15	1:43.83	2:40.39	3:35.52
10 Anna Malek	12	FINS	3:38.09	
	49.73	1:45.83	2:43.53	3:38.09
11 Emily Lowit	11	FINS	3:45.69	
	50.88	1:49.33	2:48.50	3:45.69

**Girls 12 & Under 200 Yard Butterfly**

Name	Age	Team	Finals Time	
1 Kelsey Kozikowski	12	FINS	2:41.03	
	33.80	1:14.49	1:58.45	2:41.03
2 Sally DeLucia	12	CDOG	2:57.17	
	35.16	1:21.10	2:10.89	2:57.17
3 Lauren Blackwell	11	CDOG	3:07.59	
	37.15	1:26.19	2:18.15	3:07.59
4 Sara Barlok	12	CDOG	3:11.50	
	37.82	1:28.90	2:22.04	3:11.50

5 Delaney Molnar	11	CDOG	3:15.30	
	37.98	1:26.30	2:20.90	3:15.30

**Girls 11 & Over 1000 Yard Freestyle**

Name	Age	Team	Finals Time	
1 Stephanie Nguyen	15	CDOG	10:38.79	
	30.00	1:01.88	1:33.83	2:05.69
	2:37.81	3:09.86	3:41.89	4:13.52
	4:45.22	5:17.46	5:49.36	6:21.47
	6:53.70	7:25.92	7:58.40	8:30.44
	9:02.88	9:35.30	10:07.52	10:38.79
2 Kim Jerome	16	CDOG	10:54.70	
	30.26	1:02.44	1:34.96	2:07.88
	2:40.39	3:13.15	3:46.00	4:18.91
	4:51.81	5:24.75	5:57.44	6:30.18
	7:03.05	7:36.13	8:09.10	8:42.19
	9:15.39	9:48.60	10:21.81	10:54.70
3 Jennifer Tavares	14	CDOG	11:02.81	
	30.37	1:03.16	1:36.79	2:10.34
	2:43.59	3:16.74	3:50.55	4:24.40
	4:58.18	5:31.85	6:04.93	6:38.26
	7:11.69	7:45.18	8:18.95	8:51.36
	9:24.59	9:57.80	10:30.81	11:02.81
4 Sophie Hornby	15	WYW	11:02.88	
	30.28	1:03.66	1:37.17	2:10.80
	2:44.38	3:17.98	3:51.34	4:24.35
	4:57.67	5:30.76	6:03.87	6:37.04
	7:10.49	7:43.75	8:17.11	8:50.46
	9:23.84	9:57.29	10:30.38	11:02.88
5 Alexandria Koukos	15	CDOG	11:09.12	
	30.37	1:02.85	1:36.31	2:09.69
	2:42.73	3:15.88	3:49.06	4:22.53
	4:55.89	5:29.78	6:03.97	6:38.23
	7:12.41	7:46.47	8:20.28	8:54.20
	9:28.09	10:02.00	10:35.74	11:09.12
6 Madeline Froehlich	18	CDOG	11:12.16	
	30.63	1:03.42	1:36.99	2:10.68
	2:44.43	3:18.33	3:52.25	4:26.00
	4:59.96	5:33.84	6:07.73	6:41.50
	7:15.53	7:49.28	8:23.37	8:57.56
	9:31.87	10:05.65	10:39.41	11:12.16
7 Lauren Solernou	16	CDOG	11:12.32	
	31.14	1:05.13	1:39.17	2:13.11
	2:47.01	3:21.27	3:55.50	4:29.58
	5:03.60	5:37.54	6:11.21	6:44.77
	7:18.79	7:52.23	8:25.73	8:59.28
	9:33.17	10:07.22	10:40.23	11:12.32
8 Catherine Patrell	17	CDOG	11:12.85	
	31.70	1:05.91	1:40.48	2:14.68
	2:49.16	3:23.64	3:58.46	4:33.13
	5:07.29	5:41.25	6:15.03	6:48.53
	7:22.12	7:55.59	8:28.81	9:02.08
	9:34.98	10:08.15	10:41.02	11:12.85

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## Results

<b>(Girls 11 &amp; Over 1000 Yard Freestyle)</b>									
<b>Name</b>	<b>Age Team</b>		<b>Finals Time</b>						
9 Lizzy Visconti	18	CDOG	11:13.20		18 Stephanie Niman	15	CDOG	11:44.11	
30.60	1:03.62	1:37.16	2:10.89		32.02	1:07.26	1:42.90	2:18.20	
2:44.45	3:18.18	3:51.76	4:25.36		2:54.09	3:28.98	4:04.34	4:40.65	
4:59.18	5:33.08	6:07.08	6:41.25		5:16.13	5:52.16	6:28.69	7:04.76	
7:15.39	7:49.70	8:24.01	8:58.07		7:40.92	8:16.98	8:51.98	9:27.73	
9:32.45	10:06.51	10:40.55	11:13.20		10:03.39	10:38.39	11:12.76	11:44.11	
10 Karen Novak	15	CDOG	11:16.62		19 Kelly Dolyak	15	CDOG	11:44.93	
30.29	1:03.11	1:36.21	2:09.88		29.95	1:03.99	1:38.90	2:14.00	
2:43.21	3:17.15	3:50.70	4:24.77		2:49.18	3:24.50	4:00.25	4:35.97	
4:59.09	5:34.06	6:08.85	6:43.47		5:11.95	5:47.87	6:23.92	6:59.63	
7:17.84	7:52.04	8:26.23	9:00.94		7:35.29	8:11.25	8:47.55	9:23.43	
9:35.51	10:09.99	10:43.65	11:16.62		9:59.33	10:34.99	11:10.38	11:44.93	
11 Hollis Capuano	18	CDOG	11:20.60		20 Amanda Steinfeld	15	CDOG	11:46.05	
31.36	1:05.87	1:40.66	2:15.59		31.34	1:05.80	1:41.14	2:16.92	
2:50.15	3:24.94	3:59.70	4:34.31		2:52.37	3:27.68	4:03.09	4:38.97	
5:08.80	5:43.09	6:17.44	6:51.87		5:15.04	5:50.85	6:26.59	7:02.84	
7:25.60	7:58.91	8:33.11	9:06.99		7:38.82	8:14.78	8:50.42	9:26.35	
9:40.66	10:14.13	10:47.81	11:20.60		10:02.13	10:37.82	11:12.48	11:46.05	
12 Theresa Goehring	14	VSYM	11:22.78		21 Olivia Clark	13	WYW	11:59.81	
30.41	1:04.17	1:38.69	2:13.38		33.34	1:09.26	1:45.93	2:22.25	
2:47.81	3:22.37	3:56.88	4:31.54		2:58.89	3:35.22	4:11.83	4:48.12	
5:06.52	5:40.93	6:15.30	6:50.37		5:24.63	6:01.11	6:37.93	7:14.07	
7:24.87	7:59.82	8:34.20	9:09.17		7:50.28	8:26.50	9:02.75	9:38.75	
9:43.40	10:17.42	10:50.86	11:22.78		10:14.87	10:50.40	11:25.98	11:59.81	
13 Julia Courtney	18	CDOG	11:24.56		22 Ashley Bowman	14	CDOG	12:05.24	
31.29	1:05.21	1:39.82	2:13.78		32.94	1:08.30	1:44.16	2:20.08	
2:47.45	3:21.44	3:55.47	4:29.81		2:56.33	3:32.90	4:09.64	4:46.40	
5:04.28	5:38.76	6:13.33	6:47.17		5:23.05	5:59.94	6:36.67	7:13.45	
7:21.02	7:55.40	8:29.15	9:03.89		7:49.82	8:26.73	9:03.24	9:40.21	
9:39.26	10:14.90	10:50.25	11:24.56		10:16.77	10:53.11	11:29.68	12:05.24	
14 Megan Mostoller	15	CDOG	11:28.87		23 Emma Gawronski	12	CDOG	12:06.59	
29.47	1:01.78	1:35.62	2:10.03		32.32	1:08.36	1:45.07	2:22.09	
2:44.53	3:19.25	3:53.85	4:28.71		2:58.95	3:35.69	4:12.42	4:49.10	
5:03.40	5:38.44	6:13.24	6:48.28		5:26.01	6:03.03	6:39.78	7:16.94	
7:23.68	7:58.85	8:34.00	9:09.33		7:53.85	8:30.96	9:07.73	9:44.41	
9:44.91	10:19.76	10:54.67	11:28.87		10:20.78	10:57.16	11:32.84	12:06.59	
15 Melissa Metcalf	16	CDOG	11:32.27		24 Katherine Collins	15	CDOG	12:08.48	
31.99	1:05.72	1:40.12	2:14.60		33.41	1:10.29	1:47.65	2:24.78	
2:49.13	3:23.66	3:58.75	4:33.73		3:01.81	3:38.94	4:16.39	4:53.82	
5:08.88	5:43.81	6:18.58	6:53.45		5:30.60	6:08.00	6:45.09	7:22.12	
7:28.41	8:03.43	8:38.52	9:13.61		7:58.57	8:35.62	9:12.02	9:48.50	
9:48.64	10:23.32	10:57.82	11:32.27		10:25.23	11:01.15	11:36.03	12:08.48	
16 Katie Grant	15	WYW	11:36.63		25 Julia Kolowska	13	CDOG	12:08.68	
31.89	1:05.59	1:39.86	2:14.56		32.58	1:07.92	1:43.91	2:20.78	
2:49.60	3:24.74	4:00.11	4:35.55		2:57.32	3:34.41	4:11.52	4:47.73	
5:10.81	5:45.93	6:21.47	6:57.10		5:25.06	6:02.14	6:39.39	7:16.60	
7:32.51	8:07.91	8:43.57	9:18.52		7:54.21	8:30.98	9:08.50	9:44.74	
9:53.91	10:29.27	11:03.62	11:36.63		10:21.50	10:58.42	11:34.21	12:08.68	
17 Lexie Maurice	15	CDOG	11:44.08		26 Taylor Goldaper	14	CDOG	12:15.75	
32.44	1:07.82	1:42.91	2:17.91		31.77	1:07.74	1:44.06	2:20.87	
2:53.23	3:28.51	4:04.04	4:40.07		2:58.02	3:35.49	4:13.00	4:49.96	
5:16.16	5:51.43	6:27.78	7:04.18		5:27.14	6:04.93	6:42.76	7:20.07	
7:40.41	8:16.59	8:52.21	9:27.57		7:58.06	8:35.89	9:13.22	9:50.99	
10:03.27	10:38.28	11:12.88	11:44.08		10:28.08	11:05.05	11:41.42	12:15.75	

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<b>(Girls 11 &amp; Over 1000 Yard Freestyle)</b>									
<b>Name</b>	<b>Age Team</b>		<b>Finals Time</b>						
27 Jenna Cannata	13	CDOG	12:16.35		36 Megan Belliveau	13	VSYM	12:37.28	
33.30	1:08.81	1:44.90	2:21.24		33.29	1:09.74	1:47.02	2:24.61	
2:57.97	3:35.25	4:12.29	4:49.60		3:02.73	3:40.71	4:18.67	4:56.79	
5:26.72	6:03.76	6:39.75	7:16.46		5:35.22	6:13.14	6:51.09	7:29.86	
7:53.61	8:31.68	9:09.39	9:47.26		8:08.06	8:46.39	9:24.35	10:03.23	
10:24.71	11:02.52	11:40.16	12:16.35		10:41.94	11:21.43	12:00.36	12:37.28	
28 Caroline O'Brien	14	WYW	12:22.68		37 Brittany Steinfeld	11	CDOG	12:37.36	
32.84	1:10.12	1:47.53	2:25.70		34.64	1:12.34	1:50.84	2:29.54	
3:04.01	3:42.09	4:19.94	4:57.38		3:07.67	3:45.81	4:25.02	5:03.27	
5:35.10	6:12.90	6:50.07	7:27.34		5:41.41	6:20.43	6:58.72	7:36.65	
8:03.72	8:40.31	9:17.23	9:54.12		8:15.16	8:53.06	9:31.12	10:09.17	
10:31.22	11:08.62	11:45.99	12:22.68		10:47.14	11:24.58	12:02.32	12:37.36	
29 Katie Lisitsin	13	VSYM	12:25.70		38 Sara Barlok	12	CDOG	12:37.79	
33.99	1:11.51	1:49.54	2:27.30		34.20	1:12.79	1:52.14	2:30.80	
3:05.25	3:43.45	4:21.44	4:59.15		3:09.42	3:48.08	4:25.87	5:04.35	
5:37.34	6:14.88	6:52.49	7:30.44		5:42.78	6:21.16	6:58.82	7:36.86	
8:08.32	8:45.61	9:23.30	10:00.48		8:14.90	8:53.12	9:30.86	10:08.82	
10:37.39	11:14.39	11:50.97	12:25.70		10:47.02	11:25.02	12:02.91	12:37.79	
30 Molly Condron	13	CDOG	12:25.71		39 Sally DeLucia	12	CDOG	12:39.19	
33.82	1:10.47	1:48.01	2:25.34		33.57	1:10.37	1:48.13	2:26.46	
3:02.68	3:40.03	4:17.46	4:55.30		3:04.43	3:42.49	4:20.96	4:59.34	
5:33.10	6:11.05	6:48.85	7:26.49		5:37.91	6:16.29	6:54.98	7:33.89	
8:04.35	8:42.12	9:19.74	9:57.17		8:12.27	8:51.46	9:29.22	10:07.71	
10:34.76	11:12.23	11:49.32	12:25.71		10:46.53	11:25.41	12:03.66	12:39.19	
31 Taylor Deubel	13	CDOG	12:27.03		40 Lindsay Smalec	11	CDOG	12:43.85	
32.23	1:07.60	1:44.99	2:22.71		35.10	1:13.23	1:52.02	2:30.67	
3:00.73	3:38.56	4:16.13	4:54.37		3:09.08	3:47.43	4:25.77	5:03.75	
5:32.73	6:11.36	6:49.58	7:28.56		5:42.08	6:20.68	6:59.15	7:37.79	
8:06.51	8:44.74	9:22.73	10:00.18		8:16.34	8:55.25	9:34.17	10:13.28	
10:37.75	11:15.32	11:51.89	12:27.03		10:51.97	11:30.47	12:08.77	12:43.85	
32 Michelle Piccolino	13	CDOG	12:28.65		41 Nicole Hellstern	13	CDOG	12:44.05	
32.85	1:08.86	1:45.56	2:22.39		33.32	1:10.43	1:48.06	2:26.24	
2:59.66	3:37.19	4:14.95	4:52.74		3:04.28	3:42.01	4:19.69	4:58.73	
5:30.74	6:08.78	6:46.41	7:24.23		5:37.88	6:16.49	6:55.54	7:34.18	
8:02.13	8:40.03	9:17.87	9:56.25		8:13.45	8:52.16	9:31.26	10:10.14	
10:34.62	11:13.30	11:51.34	12:28.65		10:49.32	11:28.11	12:06.86	12:44.05	
33 Ruth Logan	17	VSYM	12:31.03		42 Amy Calabrese	13	CDOG	12:51.76	
32.29	1:08.34	1:45.72	2:22.87		34.86	1:13.77	1:53.16	2:32.11	
3:00.26	3:38.25	4:16.83	4:55.29		3:11.79	3:50.88	4:29.70	5:09.48	
5:33.31	6:11.52	6:49.61	7:27.86		5:48.83	6:28.27	7:07.53	7:47.28	
8:05.71	8:43.96	9:22.32	9:59.84		8:26.53	9:05.27	9:43.71	10:22.76	
10:38.45	11:16.85	11:54.69	12:31.03		11:01.44	11:40.06	12:16.61	12:51.76	
34 Kelley Baylis	14	WYW	12:34.15		43 Sarah Hynes	13	WYW	12:52.87	
33.71	1:10.53	1:47.68	2:25.27		35.08	1:12.96	1:52.05	2:31.19	
3:02.80	3:40.58	4:18.03	4:55.89		3:10.31	3:48.94	4:28.53	5:07.42	
5:33.95	6:12.69	6:50.34	7:28.72		5:46.31	6:25.04	7:05.01	7:44.42	
8:07.22	8:46.37	9:24.55	10:03.47		8:23.92	9:02.97	9:41.04	10:21.02	
10:42.67	11:20.46	11:57.92	12:34.15		11:00.35	11:39.40	12:17.65	12:52.87	
35 Jenna Park	14	CDOG	12:37.26		44 Denise Costello	12	CDOG	12:54.44	
33.93	1:11.36	1:49.55	2:27.98		36.03	1:14.22	1:52.84	2:31.96	
3:06.25	3:44.11	4:22.47	5:00.83		3:10.96	3:50.37	4:29.28	5:08.50	
5:39.08	6:17.48	6:56.38	7:34.51		5:47.95	6:27.06	7:06.64	7:46.09	
8:12.98	8:51.24	9:29.59	10:07.79		8:25.73	9:04.77	9:43.75	10:22.94	
10:45.98	11:24.39	12:01.87	12:37.26		11:02.24	11:41.09	12:19.10	12:54.44	

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## Results

<b>(Girls 11 &amp; Over 1000 Yard Freestyle)</b>												
<b>Name</b>		<b>Age Team</b>		<b>Finals Time</b>								
45	Emily Calabrese	15	CDOG	13:00.62		54	McKenzie Keddy	13	CDOG	13:52.83		
	33.71	1:11.21	1:49.96	2:29.07			36.75	1:16.94	1:58.75	2:40.36		
	3:08.27	3:47.71	4:27.08	5:07.04			3:21.42	4:03.67	4:45.53	5:27.10		
	5:47.42	6:26.98	7:06.41	7:46.38			6:08.47	6:50.59	7:33.21	8:15.68		
	8:27.05	9:06.96	9:47.22	10:27.21			8:58.44	9:41.53	10:23.71	11:06.17		
	11:06.74	11:46.29	12:25.18	13:00.62			11:47.66	12:30.57	13:12.53	13:52.83		
46	Elyssa Britt	13	WYW	13:10.06		55	Peggy Li	12	CDOG	13:53.64		
	34.40	1:12.37	1:51.11	2:30.20			36.45	1:17.84	1:59.62	2:40.97		
	3:08.85	3:48.04	4:26.84	5:06.29			3:23.67	4:06.02	4:48.83	5:30.96		
	5:45.94	6:25.85	7:05.50	7:45.90			6:13.29	6:55.39	7:37.32	8:19.91		
	8:26.90	9:07.91	9:50.17	10:29.57			9:02.47	9:45.11	10:27.31	11:09.88		
	11:10.80	11:51.14	12:32.84	13:10.06			11:52.43	12:34.50	13:15.33	13:53.64		
47	Abby Lawlor	14	CDOG	13:12.18		<b>Girls 11 &amp; Over 400 Yard IM</b>						
	35.86	1:14.64	1:53.11	2:32.35			<b>Name</b>	<b>Age Team</b>	<b>Finals Time</b>			
	3:12.19	3:52.40	4:31.78	5:11.61			1	Kim Jerome	16	CDOG	4:43.69	
	5:51.78	6:31.86	7:11.55	7:51.76				31.11	1:05.01	1:42.74	2:19.17	
	8:31.76	9:11.91	9:52.35	10:32.22				2:59.55	3:39.56	4:12.39	4:43.69	
	11:12.56	11:53.16	12:33.05	13:12.18			2	Stephanie Nguyen	15	CDOG	4:46.49	
48	Meaghan Kirby	13	CDOG	13:19.90					30.72	1:06.26	1:44.56	2:22.32
	34.88	1:13.78	1:53.61	2:34.37				3:03.45	3:44.21	4:15.83	4:46.49	
	3:14.32	3:54.87	4:35.63	5:16.05			3	Hollis Capuano	18	CDOG	4:47.87	
	5:56.87	6:37.63	7:18.25	7:59.38				30.28	1:04.97	1:42.71	2:19.38	
	8:40.24	9:21.23	10:01.99	10:43.03				3:00.31	3:42.45	4:15.83	4:47.87	
	11:22.39	12:02.69	12:42.27	13:19.90			4	Madeline Froehlich	18	CDOG	4:53.50	
49	Margaret Alvarez	13	WYW	13:22.17					31.46	1:07.98	1:44.98	2:21.47
	34.62	1:14.37	1:54.88	2:35.25				3:03.77	3:46.05	4:20.18	4:53.50	
	3:15.94	3:57.05	4:38.12	5:18.44			5	Julia Courtney	18	CDOG	4:53.87	
	5:58.96	6:39.22	7:19.93	8:00.96				31.20	1:07.75	1:46.03	2:24.34	
	8:41.87	9:22.78	10:03.35	10:43.83				3:05.21	3:46.97	4:21.10	4:53.87	
	11:24.42	12:05.25	12:45.80	13:22.17			6	Sophie Hornby	15	WYW	4:54.52	
50	Lauren Blackwell	11	CDOG	13:23.16					31.45	1:08.18	1:46.79	2:24.77
	35.48	1:15.46	1:56.41	2:36.84				3:06.22	3:47.85	4:21.67	4:54.52	
	3:17.43	3:58.48	4:39.14	5:19.59			7	Lizzy Visconti	18	CDOG	4:56.25	
	6:00.55	6:42.00	7:22.77	8:03.37				30.79	1:06.13	1:46.90	2:27.20	
	8:44.61	9:25.70	10:06.03	10:46.65				3:07.72	3:48.33	4:23.54	4:56.25	
	11:27.06	12:07.16	12:46.79	13:23.16			8	Lauren Solernou	16	CDOG	4:58.97	
51	Anne-Marie Jurgilewicz	14	CDOG	13:27.66					31.98	1:08.21	1:44.48	2:19.60
	36.87	1:17.55	1:58.28	2:40.01				3:04.71	3:50.21	4:26.09	4:58.97	
	3:21.10	4:02.83	4:44.17	5:24.93			9	Catherine Patrell	17	CDOG	4:59.50	
	6:06.42	6:47.74	7:29.06	8:10.15				31.82	1:07.92	1:46.36	2:24.23	
	8:51.83	9:32.77	10:14.17	10:54.42				3:08.70	3:53.65	4:27.25	4:59.50	
	11:34.49	12:14.07	12:51.37	13:27.66			10	Megan Mostoller	15	CDOG	5:00.56	
52	Taylor Bond	12	CDOG	13:27.72					32.14	1:09.62	1:47.99	2:26.40
	36.89	1:17.43	1:58.39	2:39.00				3:08.85	3:51.83	4:26.59	5:00.56	
	3:21.21	4:02.38	4:44.73	5:26.37			11	Alexandria Koukos	15	CDOG	5:02.36	
	6:06.98	6:48.26	7:29.71	8:11.53				31.26	1:06.69	1:43.80	2:21.09	
	8:53.69	9:35.33	10:15.59	10:55.56				3:07.38	3:54.62	4:29.03	5:02.36	
	11:36.23	12:14.32	12:51.89	13:27.72			12	Jennifer Tavares	14	CDOG	5:04.50	
53	Rachael Stone	12	CDOG	13:36.28					31.62	1:08.11	1:48.31	2:28.22
	34.38	1:13.13	1:53.35	2:34.45				3:12.94	3:58.13	4:32.26	5:04.50	
	3:15.88	3:57.33	4:38.65	5:19.48			13	Jessica Metcalf	18	CDOG	5:11.16	
	6:00.89	6:42.32	7:24.39	8:06.13				33.64	1:11.80	1:52.47	2:33.09	
	8:47.58	9:29.62	10:11.97	10:54.00				3:17.52	4:02.83	4:37.08	5:11.16	
	11:35.10	12:17.00	12:57.76	13:36.28			14	Ruth Logan	17	VSYM	5:12.93	
								32.68	1:11.66	1:52.37	2:31.45	
								3:16.99	4:02.18	4:38.30	5:12.93	

## CDOG Distance Meet, Sanction #: S08-55

February 6, 2009- Cheshire, CT

## Results

**(Girls 11 & Over 400 Yard IM)**

Name	Age	Team	Finals Time	
15 Taylor Deubel	13	CDOG	5:13.04	
34.33	1:15.48	1:56.81	2:37.47	
3:19.40	4:02.68	4:37.89	5:13.04	
16 Taylor Goldaper	14	CDOG	5:15.57	
33.87	1:13.88	1:53.50	2:33.50	
3:17.79	4:03.14	4:39.38	5:15.57	
17 Stephanie Niman	15	CDOG	5:20.26	
32.99	1:12.92	1:57.03	2:37.99	
3:25.26	4:13.04	4:48.28	5:20.26	
18 Megan Aitro	15	CDOG	5:20.65	
35.02	1:16.44	1:57.19	2:36.61	
3:22.20	4:08.68	4:45.67	5:20.65	
19 Lindsay Smalec	11	CDOG	5:20.80	
35.67	1:15.86	1:55.80	2:35.97	
3:21.57	4:07.62	4:45.02	5:20.80	
20 Katherine Collins	15	CDOG	5:21.43	
33.69	1:13.20	1:55.54	2:36.40	
3:23.97	4:11.32	4:47.11	5:21.43	
21 Kelsey Kozikowski	12	FINS	5:22.06	
34.11	1:12.50	1:54.95	2:36.60	
3:23.76	4:09.18	4:46.68	5:22.06	
22 Megan Baylis	16	WYW	5:22.53	
36.41	1:20.31	2:02.56	2:43.82	
3:26.91	4:10.50	4:47.95	5:22.53	
23 Carolyn Tusa	16	WYW	5:22.70	
33.56	1:13.24	1:54.37	2:34.21	
3:22.97	4:11.56	4:47.60	5:22.70	
24 Alexandria Barry	15	CDOG	5:22.84	
33.44	1:13.60	1:53.84	2:33.94	
3:24.40	4:13.45	4:48.44	5:22.84	
25 Elena Schroeder	14	VSYM	5:22.85	
32.86	1:12.20	1:53.72	2:34.98	
3:23.36	4:11.19	4:48.36	5:22.85	
26 Emma Gawronski	12	CDOG	5:22.96	
35.53	1:17.61	2:00.15	2:41.63	
3:28.67	4:14.66	4:49.62	5:22.96	
27 Amy Calabrese	13	CDOG	5:27.19	
35.82	1:17.73	1:59.35	2:39.34	
3:27.55	4:14.75	4:52.07	5:27.19	
28 Julia Kolowska	13	CDOG	5:29.53	
35.41	1:19.99	2:02.97	2:46.29	
3:29.13	4:14.74	4:52.97	5:29.53	
29 Helen Park	12	CDOG	5:33.96	
33.87	1:13.52	1:56.85	2:38.78	
3:26.97	4:15.52	4:55.39	5:33.96	
30 Brittany Steinfeld	11	CDOG	5:36.45	
35.65	1:19.66	2:02.05	2:44.35	
3:31.25	4:19.04	4:58.35	5:36.45	
31 Maggie Senft	13	CDOG	5:39.21	
36.62	1:21.45	2:02.68	2:43.86	
3:35.45	4:26.07	5:03.91	5:39.21	
32 Abby Lawlor	14	CDOG	5:40.40	
38.03	1:21.41	2:06.44	2:49.17	
3:36.40	4:23.28	5:03.80	5:40.40	

33 Julia Levine	12	FINS	5:42.61	
36.73	1:20.84	2:06.28	2:50.42	
3:37.47	4:25.03	5:04.57	5:42.61	
34 Meghan Shanahan	16	CDOG	5:43.40	
36.99	1:22.05	2:05.82	2:50.08	
3:37.30	4:26.89	5:05.41	5:43.40	
35 Michelle Piccolino	13	CDOG	5:44.00	
38.46	1:24.79	2:07.17	2:49.12	
3:38.39	4:28.56	5:07.14	5:44.00	
36 Carly Onorato	14	WYW	5:44.86	
38.30	1:22.56	2:06.69	2:49.81	
3:39.73	4:29.30	5:08.00	5:44.86	
37 Rachael Stone	12	CDOG	6:09.74	
37.83	1:26.00	2:11.95	2:57.63	
3:54.91	4:51.82	5:30.10	6:09.74	
38 Peggy Li	12	CDOG	6:13.56	
35.86	1:22.75	2:12.72	2:59.06	
3:57.16	4:55.03	5:35.27	6:13.56	
--- Treviana Yavorek	13	CDOG	DQ	
37.86	1:22.02	2:07.73	2:53.06	
3:42.29	4:32.19	5:12.99	DQ	

**Boys 12 & Under 200 Yard Backstroke**

Name	Age	Team	Finals Time	
1 Luke Marcouiller	12	FINS	2:38.28	
37.08	1:17.82	1:59.05	2:38.28	
2 Matthew Molnar	10	CDOG	2:41.16	
38.73	1:20.54	2:02.20	2:41.16	
3 Kevin Klotz	10	FINS	2:45.48	
38.54	1:20.42	2:03.75	2:45.48	
4 Michael Iranpour	12	VSYM	2:46.34	
39.67	1:21.98	2:05.75	2:46.34	
5 Connor Robison	10	CDOG	2:54.64	
42.01	1:27.33	2:12.88	2:54.64	
6 Matthew Pinciario	10	CDOG	2:55.24	
39.55	1:23.64	2:09.08	2:55.24	
7 Justin McEwen	10	FINS	2:55.38	
39.81	1:24.09	2:10.88	2:55.38	
8 John Gaudio	10	CDOG	2:56.04	
39.78	1:26.10	2:12.44	2:56.04	
9 Alec Pasinski	12	FINS	2:57.51	
--- James Whaley	11	VSYM	DQ	
37.62	1:19.99	2:03.79	DQ	
--- Richard May	12	VSYM	DQ	
40.80	1:27.63	DQ	DQ	

**Boys 12 & Under 200 Yard Breaststroke**

Name	Age	Team	Finals Time	
1 Eli Ptaszynski	12	FINS	2:45.37	
37.99	1:20.54	2:03.14	2:45.37	
2 Luke Marcouiller	12	FINS	3:05.77	
43.21	1:30.56	2:18.39	3:05.77	
3 Alec Pasinski	12	FINS	3:12.19	
43.30	1:31.56	2:22.52	3:12.19	
4 Justin McEwen	10	FINS	3:15.87	
44.58	1:35.25	2:26.01	3:15.87	

## CDOG Distance Meet, Sanction #: S08-55

February 6, 2009- Cheshire, CT

## Results

**(Boys 12 & Under 200 Yard Breaststroke)**

Name	Age	Team	Finals Time
5 Phillip Recalt	10	CDOG	3:21.01
44.47	1:36.65	2:29.39	3:21.01
6 Kevin Klotz	10	FINS	3:27.11
44.73	1:37.66	2:33.41	3:27.11
7 Nicholas Milslagle	8	FINS	3:28.32
46.82	1:40.25	2:35.29	3:28.32
8 Kevin Erickson	10	CDOG	3:29.91
48.61	1:43.11	2:36.59	3:29.91
9 Mitchell McEwen	8	FINS	3:37.26
48.65	1:43.04	2:40.15	3:37.26
10 Richard May	12	VSYM	3:41.37
45.75	1:40.90	2:42.05	3:41.37
11 Justin Mercugliano	10	FINS	3:44.19
51.20	1:47.24	2:46.57	3:44.19
12 Jonathan Good	11	FINS	4:02.26
54.64	1:56.93	3:02.84	4:02.26

**Boys 12 & Under 200 Yard Butterfly**

Name	Age	Team	Finals Time
1 Ryan Verrillo	12	FINS	2:56.33
36.18	1:20.47	2:08.71	2:56.33

**Boys 11 & Over 1000 Yard Freestyle**

Name	Age	Team	Finals Time
1 Adam Shaw	15	CDOG	10:55.07
29.16	1:01.17	1:33.88	2:06.82
2:40.57	3:13.63	3:47.04	4:20.33
4:53.29	5:26.72	6:00.16	6:32.93
7:05.96	7:38.50	8:11.09	8:43.90
9:17.20	9:50.15	10:23.50	10:55.07
2 Jourdan Stewart	13	WYW	11:21.46
30.86	1:04.55	1:38.90	2:13.06
2:47.74	3:22.23	3:56.98	4:31.52
5:06.23	5:40.56	6:15.16	6:49.55
7:23.85	7:58.39	8:33.04	9:06.84
9:41.17	10:15.58	10:49.32	11:21.46
3 Gregory Han	13	CDOG	11:32.17
31.69	1:06.03	1:41.13	2:16.56
2:51.82	3:27.26	4:02.40	4:38.10
5:13.43	5:48.78	6:24.21	6:59.77
7:34.78	8:10.06	8:44.39	9:18.98
9:53.12	10:27.35	11:00.67	11:32.17
4 Andrew Eigner	12	CDOG	11:40.64
29.83	1:03.23	1:37.85	2:12.67
2:47.20	3:22.10	3:57.23	4:32.63
5:08.34	5:43.99	6:19.64	6:55.12
7:30.86	8:06.91	8:43.36	9:18.50
9:54.17	10:30.39	11:05.90	11:40.64
5 Thomas Szilagyi	13	WYW	11:49.38
29.82	1:04.30	1:40.34	2:15.69
2:51.54	3:27.03	4:02.78	4:38.84
5:15.14	5:51.65	6:28.08	7:04.52
7:40.81	8:17.31	8:53.41	9:28.73
10:04.70	10:39.99	11:15.45	11:49.38

6 Robert McDowell	13	WYW	12:06.46
31.29	1:07.03	1:43.83	2:20.78
2:57.69	3:34.77	4:11.78	4:48.94
5:25.84	6:02.81	6:39.73	7:16.82
7:53.75	8:30.02	9:06.32	9:42.68
10:19.32	10:55.90	11:31.74	12:06.46
7 TJ Rodenbush	14	CDOG	12:13.89
32.51	1:07.77	1:44.70	2:21.31
2:58.57	3:35.98	4:13.65	4:51.23
5:28.63	6:05.80	6:43.33	7:20.82
7:58.42	8:35.28	9:12.24	9:49.43
10:25.95	11:02.75	11:38.89	12:13.89
8 Hevin Na	12	CDOG	12:16.82
32.42	1:08.48	1:45.21	2:22.08
2:59.38	3:36.44	4:13.74	4:51.26
5:29.60	6:07.27	6:44.70	7:22.63
7:59.94	8:37.39	9:15.52	9:53.17
10:30.63	11:07.77	11:43.93	12:16.82
9 Tyler Steskla	12	CDOG	12:35.43
33.14	1:11.00	1:48.92	2:27.84
3:05.98	3:44.19	4:21.53	4:59.83
5:37.71	6:15.62	6:53.71	7:31.90
8:10.12	8:48.14	9:26.80	10:04.98
10:42.92	11:20.85	11:58.59	12:35.43
10 James Whaley	11	VSYM	13:31.39
35.05	1:14.10	1:54.04	2:35.26
3:16.58	3:56.95	4:38.08	5:18.87
6:00.16	6:40.55	7:21.06	8:02.72
8:44.57	9:26.70	10:07.68	10:48.47
11:31.20	12:13.14	12:54.07	13:31.39
11 Michael Iranpour	12	VSYM	13:50.76
35.83	1:16.56	1:57.75	2:39.96
3:21.11	4:03.06	4:45.36	5:28.36
6:10.11	6:53.42	7:36.61	8:18.95
9:01.72	9:43.96	10:26.68	11:08.74
11:50.74	12:32.23	13:14.30	13:50.76

**Boys 11 & Over 400 Yard IM**

Name	Age	Team	Finals Time
1 Adam Shaw	15	CDOG	4:40.13
30.13	1:05.61	1:42.03	2:16.77
2:56.58	3:35.79	4:09.23	4:40.13
2 Gregory Han	13	CDOG	4:44.17
30.28	1:04.80	1:42.18	2:18.04
2:58.24	3:39.46	4:12.54	4:44.17
3 Jordan Grossman	16	WYW	4:46.75
28.54	1:03.62	1:41.37	2:18.77
2:59.89	3:39.94	4:13.18	4:46.75
4 Jourdan Stewart	13	WYW	4:48.04
29.41	1:04.44	1:41.50	2:18.00
2:59.22	3:41.20	4:15.64	4:48.04
5 Sam DeLise	13	WYW	4:48.48
30.35	1:05.92	1:43.25	2:20.03
3:00.50	3:41.70	4:15.78	4:48.48
6 Thomas Szilagyi	13	WYW	4:53.86
29.54	1:05.09	1:40.70	2:17.15
2:58.15	3:40.59	4:17.50	4:53.86

**CDOG Distance Meet, Sanction #: S08-55****February 6, 2009- Cheshire, CT****Results****(Boys 11 & Over 400 Yard IM)**

<b>Name</b>	<b>Age Team</b>	<b>Finals Time</b>	
7 Daniel Klotz	13 FINS	5:00.73	
30.98	1:46.30	2:24.25	
3:08.33	3:51.96	4:27.81	5:00.73
8 Andrew Eigner	12 CDOG	5:07.79	
33.49	1:12.43	1:52.07	2:29.55
3:13.83	3:59.43	4:34.01	5:07.79
9 TJ Rodenbush	14 CDOG	5:17.22	
33.65	1:14.82	1:54.07	2:32.97
3:18.13	4:04.26	4:41.82	5:17.22
10 Eli Ptaszynski	12 FINS	5:22.96	
34.69	1:16.14	1:58.93	2:41.43
3:24.54	4:08.10	4:45.40	5:22.96
11 Hevin Na	12 CDOG	5:27.19	
35.57	1:16.49	1:57.58	2:38.05
3:25.54	4:15.05	4:52.05	5:27.19
12 Patrick Morley	13 FINS	5:31.95	
37.38	1:20.89	2:05.18	2:48.45
3:32.77	4:17.59	4:55.22	5:31.95
13 Matt Prisco	13 WYW	5:33.38	
34.83	1:18.39	1:59.67	2:40.58
3:26.96	4:15.55	4:54.81	5:33.38
14 Tyler Steskla	12 CDOG	5:51.63	
35.49	1:18.48	2:02.28	2:45.72
3:41.04	4:37.35	5:14.57	5:51.63
--- Michael Iranpour	12 VSYM	DQ	
42.85	1:30.17	2:57.00	
3:50.92	4:45.37	5:25.55	DQ