

Norwalk ZEUS

8 and Under Session at Norwalk High School

Held under sanction by USA Swimming and Connecticut Swimming

Sanction # S07- 17

November 16, 2007

Meet Director/Entry Chair

Eric Baritz

Norwalk Aquatic Club – Zeus

501 Westport Ave, #272

Norwalk, CT 06851

Byte1inc@optonline.net

Meet Referee: Joe Dudek, jdudek@optonline.net

Safety Coordinator: Nancy Wargo

Pool Facility:

- 6 lane 25 yard pool
- Manual Timing
- Pool is Handicap Accessible. If you need help, contact any member of the meet committee.
- Limited seating and parking is available.
- Concession area is also available.

Eligibility:

- All swimmers must be 2007 or 2008 registered members of USA Swimming.
- Age is determined by the swimmer's age as of November 16, 2007.
- All coaches must present a valid USA Swimming Coach Card to the Meet Director prior to commencement of any sanctioned swim meet and must have this card with them while on deck coaches must hold a current USA Swimming coach card.

Events:

- All events will be timed finals.
- USA Swimming rules will govern the meet.
- Meet management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CSI Program Operations.
- Entries are to be submitted in best yard times.
- Swimmers can enter and compete in all five events.
- The meet will be kept to a 90 minute session as we have in the past.

Entry Fee:

- All individual events are \$4.00 each. All Relays are \$8 each.
- Make all checks payable to **NAC**
- Mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it.
- There will be a \$1.00 surcharge for each swimmer; for five or more hand entered entries.

Entry Deadline:

- Entries from Connecticut are due Friday, November 2, 2007.
- Formal entry is determined by the date of receipt of the hard copy of the entry & the entry fee.

Cut Procedure:

- Teams will be notified immediately after the November 2, 2007 deadline.
- In order to make the meet a 90 minute session meet management will:
- Cut the relays first.
 - Swimmers will be cut down to 4 events, then 3 events.

Times of the meet:

Meet management reserves the right to limit heats and adjust warm up and/or start times. The meet must be run in 90 minutes.

Entry Form:

- Open to all 2007 or 2008 USA Swimming registered swimmers.
- Entry should include USA registration number and age of all swimmers.
- Please identify all unattached swimmers with red ink.
- Entries must be on IBM disc using Hy-Tek, LSA, or other SDIF format, but must be accompanied by a computer printout. Include on the entry form, the team name, address, and telephone of the head coach and/or club official responsible for the team's entry.
- Entries may be sent via email to byte1inc@optonline.net.

Awards:

Ribbons will be given 1-6.

**ORDER OF EVENTS
Session 1 FRIDAY, 11/16/07**

	6:45 p.m. Warm-up	7:20 p.m. Start	
<u>Girls event # Age</u>	<u>Stroke & Distance</u>		<u>Boys event #</u>
1	8 & Under 25 yd. Freestyle		2
3	8 & Under 25 yd. Backstroke		4
5	8 & Under 25 yd. Breaststroke		6
7	8 & Under 25 yd. Butterfly		8
9	8 & Under 100 yd. Freestyle		10
11	8 & Under 200 yd. Freestyle Relay		12

Directions: Take I – 95 to Exit 16, East Avenue. Go West on East Avenue for 2 lights. Make a right on Sunset Hill Avenue. Go all the way to end (Sunset Hill becomes Tierney Street). At stop sign (Strawberry Hill Avenue) make a left. Take Strawberry to County Street. Make right on County Street. Driveway to High School is on your right. Go all the way to top of driveway and look for a spot. Entrance to pool is first door on the right, **PAT SPINOLA NATATORIUM.**