

**WESTPORT WESTON FAMILY Y WATER RATS
PRESENT
2008 PENTATHLON**

Held under sanction of USA Swimming and Connecticut Swimming, Inc. Sanction #S07-39

DATE: January 12-13, 2008

LOCATION: *Westport Weston Family Y*

EMERGENCY

PHONE NUMBER: 203-226-8981

FACILITY: *Westport Weston Family Y
6 lane, 25 yard pool, Colorado Timing w/Mercury 6 Display*

SCHEDULE:

<i>Saturday</i>	
<u>SESSION 1</u>	<u>SATURDAY, JANUARY 12, 2008</u>
9-10 Girls/Boys (no 8/u)	8 AM Warm-up 9 AM Start
<u>SESSION 2</u>	<u>SATURDAY, JANUARY 12, 2008</u>
11-12 Girls/Boys	1 PM Warm-up 2 PM Start
<i>Sunday</i>	
<u>SESSION 3</u>	<u>SUNDAY, JANUARY 13, 2008</u>
13-14 & 15/18 Girls and Boys	8 AM Warm-up 9 AM Start

WARM-UP SCHEDULE: Warm-up schedules for each session will be posted and in the coaches packet.

ELIGIBILITY: All swimmers must be 2008 registered members of USA Swimming. Age group is determined by age as of January 12, 2008. Swimmers are eligible for all events. There are no cut off times. Out of state swimmers must send verification from LSC Registration Chair indicating all swimmers are current USA Swimming members. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

FEES: SPLASH FEE - \$4.00 per individual event/\$8.00 per relay event
Checks payable to: WRAT Parents Club

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ORDER OF EVENTS

SESSION 1 – Girls & Boys 9-10

<u>GIRLS #</u>	<u>EVENT</u>	<u>BOYS #</u>
1	9/10 50Y Butterfly	2
3	9/10 50Y Backstroke	4
5	9/10 50Y Breaststroke	6
7	9/10 50Y Freestyle	8
9	9/10 100Y Individual Medley	10
11	9/10 200Y Medley Relay	12

SESSION 2 – Girls & Boys 11-12

<u>GIRLS #</u>	<u>EVENT</u>	<u>BOYS #</u>
13	11/12 50Y Butterfly	14
15	11/12 50Y Backstroke	16
17	11/12 50Y Breaststroke	18
19	11/12 50Y Freestyle	20
21	11/12 100Y Individual Medley	22
23	11/12 200Y Medley Relay	24

SESSION 3 - Girls and Boys 13/14 & 15/over

<u>GIRLS #</u>	<u>EVENT</u>	<u>BOYS #</u>
25	13/14 100Y Butterfly	26
27	15/O 100Y Butterfly	28
29	13/14 100Y Backstroke	30
31	15/O 100Y Backstroke	32
33	13/14 100Y Breaststroke	34
35	15/O 100Y Breaststroke	36
37	13/14 100Y Freestyle	38
39	15/O 100Y Freestyle	40
41	13/14 200Y Individual Medley	42
43	15/O 200Y Individual Medley	44