

**CONNECTICUT SWIMMING, INC.
CHARTER OAK AQUATIC CLUB**

Pentathlon Meet
Sunday, January 20, 2008

Held under the sanction of Connecticut Swimming, Inc. and USA, Swimming, Inc. Sanction No. S07-47

Location: Suffield Academy, Suffield, CT

Emergency phone (860) 668-7315 X-174

Facility: 6 lanes, 25 yard pool with starting blocks at deep and 6-lane electronic timing.

Time: 10 & under; 13/14 AM Session 7:30 warm-up; 8:30 start
11/12; 15 & Over PM Session 1:00 warm-up; 2:00 start

Meet Manager: Steve Pierce (860) 231-7649
E-mail: scp666@comcast.net

Meet Referee: Richard Dufour (860) 267-7014
E-mail: richdufour@comcast.net

Safety Chair: Julie Shushtari (860) 748-1308
E-mail: julieshushtari@hotmail.com

USA Swimming Rules will govern this meet.

Eligibility: Athletes must be 2008 members of USA Swimming. Coaches will be required to show their current USA Swimming coach card before picking up their team packet and scratch sheets. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Entry Dates: Entries must be received by 6:00 pm, January 6, 2008. Entries are accepted on a first come, first served basis. Connecticut Swimming teams whose entries are received by December 31, 2007 will be entered in the meet first. After that date, CT Swimming and out-of-state teams will be accepted based on dates/time the entries (including check) are received until the meet is full. Formal team entry date is determined by the date of entry hard copy and entry fee receipt by host team. If entries are sent via overnight mail, please waive the "signature required".

Entry Limitations: In order to be included in the Pentathlon scoring, a swimmer must compete in the 5 events for their age group. A swimmer may enter and swim fewer events for time, but will not be included in the scoring for awards. The freestyle event is defined as a stroke other than butterfly, breast or back. There are no cut off times for this meet. "No times" are discouraged. Please attempt to enter every swimmer with a time for their events. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. All changes are subject to approval by CSI Program Operations. Connecticut Swimming warm-up procedures will be used. The Meet manager reserves the right to assign general warm-up by team rather than age or sex, if the size of the entry and considerations of safety so require. Teams will be notified by Wednesday, January 16, 2008 in the case of changes.

Entry Format: Open to all 2008 USA swimming registered swimmers. Please make sure to include their up-to-date registration numbers and age of all swimmers with the entry. Age group will be determined by age as of, January 20, 2008.

Times must be submitted in ***SHORT COURSE YARD TIMES***.

Teams are encouraged to submit entries either via e-mail to:

scp666@comcast.net

If attached in a zip file or a computer disk using HYTEK swim team program or any other program in the USA Swimming .sd3 format, an original computer generated copy of the entry with all pertinent team information and entry totals must be included. The name, phone number, email address and mailing address of a club contact must be included with the entry. Any computer-generated entry may be submitted by either e-mail or on a disk. Official CSI entry form must be submitted in lieu of a disk.

Unattached swimmers must be clearly indicated in red alongside the swimmer's name. Information contained on the original computer generated paper copy will be considered the official document of entry and supersedes any information contained on electronic disk or file with respect to resolution of errors/discrepancies. Meet results will be provided on disk to any team submitting its entries on disk. Teams with 5 or more swimmers will be assessed \$1 per swimmer if the entry is submitted on paper, without a disk.

Entry chairpersons are encouraged to provide an e-mail address along with their phone number.

Entry Fees: Meet entry fee: \$5.00 per event.

Make checks payable to: *OAK*

Mail check with entry forms to:

Steve Pierce

115 Mohawk Drive

West Hartford, CT 06117

(860) 231-7649

Awards: Trophies to the top 12 cumulative scorers in each age group – Total of 96 individual trophies. All heat winners will receive an award.

Work Assignments: Teams will be required to supply timers in proportion to the size of their entry. Please note that timers are required for the whole session. Qualified officials interested in working at the meet are encouraged to contact the Meet Referee Richard Dufour at (860) 267-7014 or richdufour@comcast.net

Handicapped/Elderly Accessibility: Handicapped parking is available in the main pool parking lot. An area has been set aside on the pool deck for limited handicapped seating. Access to this area can be obtained through the women's locker room. In order that we may better prepare to assist individuals with special needs, we ask that you contact the Meet Manager, Steve Pierce at (860) 231-7649 prior to the meet.

Scratches: Coaches will receive scratch sheets at the beginning of the sessions. Scratch sheets must be returned within 20 minutes after the start of warm-ups.

Directions:

From south of Suffield: Take I-91 to Exit 38. Turn right onto RT 75(North) and continue through Windsor Locks, into Suffield (approx. 8 miles). In the center of Suffield you will pass through two lights that are twenty

yards apart. Suffield Academy is immediately on the left after the second light, at then end of the town green. The pool is at the bottom of the hill, on your left.

Concessions will be available.

Morning Session

1	10/U 50 Fly	2
3	13/14 100 Fly	4
5	10/U 50 Back	6
7	13/14 100 Back	8
9	10/U 50 Breast	10
11	13/14 100 Breast	12
13	10/U 50 Free	14
15	13/14 100 Free	16
17	10/U 100 IM	18
19	13/14 200 IM	20

Afternoon Session

21	11/12 50 Fly	22
23	15/O 100 Fly	24
25	11/12 50 Back	26
27	15/O 100 Back	28
29	11/12 50 Breast	30
31	15/O 100 Breast	32
33	11/12 50 Free	34
35	15/O 100 Free	36
37	11/12 100 IM	38
39	15/O 200 IM	40