

H/K CAT Age Group Qualifier

Held under the sanction of Ct Swimming, Inc. and USA Swimming Inc.

Sanction # S07-54

Sponsored by Cougar Aquatic Team

DATE: Saturday, February 2nd and Sunday, February 3rd, 2008

LOCATION: Haddam Killingworth High School
95 Little City Road
Higganum, CT 06441

MEET MANAGER: Galen Rinaldi
CAT
P.O. Box 569
Higganum, CT 06441
860-345-7711

MAIL ENTRY TO: Mike Krajewski
160 Highland Avenue
Middletown, CT 06457
860-638-7327
michaelkrajewski@sbcglobal.net

EMERGENCY NUMBER: (860) 345-8541

MEET REFEREE: Mike Huffman
61 Robbins Street
Wethersfield, CT 06109
michael.huffman@thehartford.com

SAFETY CHAIRPERSON: Jim Grimaldi

Facility: 6 - Lane, 25- yard pool with Colorado Electronic timing.

Handicap/Elderly Access: The spectator area is NOT handicapped accessible. Spectators needing accommodation may enter on the pool level, where an area will be set-aside for spectators. The pool level is accessible and has handicapped accessible bathrooms.

Events: All events will be deck seeded timed finals. Swimmers may enter 4 individual events per session. Swimmers 4th event must be circled in red in case of over subscription. In the case of over subscription, the host team reserves the right to scratch 7&Unders, then relays, then 4th events. The host team reserves the right to adjust warm-up/start times with the approval of Program Operations. Clubs will be notified of changes by January 28, 2008.

Entries: Entries will be accepted on a first come first served basis. Formal entry is determined by the date of receipt of hard copy of the entry and the entry fee. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with approval from Program Operations.

Entry Format: Open to 2008 USA Swimming registered swimmers. Please include USA registration numbers and age of all swimmers. Identify **UNATTACHED** swimmers with **red ink**. No time (NT) entries are discouraged. Teams are encouraged to submit their entries via e-mail using Hytek or other SDIF program to Mike Krajewski at michaelkrajewski@sbcglobal.net. An original computer generated hardcopy of the entry with all pertinent team information and entry totals with payment must be included and mailed to the above entry address. The name, phone number, email address and mailing address of a club contact must be included with the entry as well.

Entry Deadline: Entries must be received by January 18th, 2008 and will be entered on a first come, first serve basis. Deadline for CT teams is Monday, January 14th, 2008 at 6:00pm. If there is still room in the meet, Out of State teams have until Friday, January 18th at 6:00pm or until the meet is full to enter. If using Express mail, remember to sign the waiver so package will be left. In case of oversubscription, teams will be notified by Monday, January 28th, 2008 of any cuts or scheduling changes.

Entry Fees: \$3.00/ individual event; \$6.00/ relay. Please make checks payable to: **CAT (Cougar Aquatic Team)** and include with entry form.

Work Assignments: Teams will be required to provide timers and workers based on size of entry. Swimmers must provide their own timers and counters for 10/U 500 Free, and the 11/12 500 Free. If your team has an official who would be able to assist with the meet, please submit their name with the entry.

Scratches: Scratch sheets will be provided in each coach packet. Scratch sheets must be turned into the computer table no later than **20 minutes** after the start of warm-ups.

Attention Coaches: *Please be sure that your credentials are up to date. Only coaches that are USA certified with current credentials will be allowed to pick up their coach's packet. The CAT Meet Manager will ask to see your USA registration card before giving you your coach's packet and scratch sheets.* All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

Awards: Individual event awards for places 1 to 6 will be given. (Awards will be given to each age group regardless of combining swimmers and events) IE: 10/U, 11-12, 13-14, 15/O. Coaches from each team will be responsible for picking up awards.

Concessions: Food and beverage will be available for purchase.

Directions: Route 9 North or South, take Exit 9. (Coming from north, take Right at end of exit ramp). Route 81 South. 1st light, turn right onto Little City Road. HK HS is second left (Note: past Middle School). Parking is located behind the building directly in front of the pool entrance.

Information: Remember we are guests of H/K High School and therefore all swimmers, coaches and guests are expected to treat the facility with respect. It is the responsibility of each team to supervise their swimmers when they are not swimming. Any violations of the CT. Code of Conduct will result in expulsion of swimmer and or team.

**H/K CAT Age Group Qualifier
February 2-3, 2008
Haddam-Killingworth High School**

Session I: Saturday

Warm-ups: 7:30-8:30am Start: 8:45am

10/U & 11/12

Girls

EVENTS

Boys

1	10/U 100yd Free	2
3	11/12 100yd Free	4
5	10/U 50yd Back	6
7	11/12 50yd Back	8
9	10/U 100yd Breast	10
11	11/12 100yd Breast	12
13	10/U 50yd Fly	14
15	11/12 50yd Fly	16
17	10/U 200yd I.M	18
19	11/12 100yd I.M.	20
21	11/12 500yd Free	22
23	10/U 200yd Medley Relay	24
25	11/12 200yd Medley Relay	26

**Session II: Saturday
13/14, 15/O, seniors
Women**

Warm-ups: 1:00-2pm Start: 2:15pm

	Events	Men
27	13/14 100yd Free	28
29	15/O 100yd Free	30
31	13/14 200yd Breast	32
33	Senior 200yd Breast	34
35	13/14 100yd Back	36
37	15/O 100yd Back	38
39	13/14 200yd Fly	40
41	Senior 200yd Fly	42
43	13/14 200yd I.M.	44
45	15/O 200yd I.M.	46
47	13/14 500yd Free	48
49	15/O 500yd Free	50
51	13/14 200yd Medley Relay	52
53	15/O 200yd Medley Relay	54

**Session III: Sunday
10/U & 11/12
Girls**

Warm-ups: 7:30-8:30am Start: 8:45am

	Events	Boys
55	10/U 100yd Back	56
57	11/12 100yd Back	58
59	10/U 200yd Free	60
61	11/12 200yd Free	62
63	10/U 50yd Breast	64
65	11/12 50yd Breast	66
67	10/U 100yd I.M.	68
69	11/12 200yd I.M.	70
71	10/U 50yd Free	72
73	11/12 50yd Free	74
75	10/U 100yd Fly	76
77	11/12 100yd Fly	78
79	10/U 200yd Free Relay	80
81	11/12 200yd Free Relay	82

**Session IV: Sunday
13/14, 15/O, Seniors
Women**

Warm-ups: 1:00-2:00pm Start: 2:15pm

	Events	Men
83	13/14 200yd Free	84
85	15/O 200yd Free	86
87	13/14 200yd Back	88
89	Senior 200yd Back	90
91	13/14 100yd Fly	92
93	15/O 100yd Fly	94
95	13/14 50yd Free	96
97	15/O 50yd Free	98
99	13/14 100yd Breast	100
101	15/O 100yd Breast	102
103	13/14 400yd I.M.	104
105	Senior 400yd I.M.	106
107	13/14 200yd Free Relay	108
109	Relay 15/O 200yd Free Relay	110