

FROSTBITE FRENZY

Open Age Group Qualifier

December 8 & 9, 2007

Hosted by Camel Swim Club

Held under the sanction of USA Swimming and Connecticut Swimming, Sanction # S07-29

Lott Natatorium, Connecticut College

270 Mohegan Avenue

New London, CT 06320-4196

Pool Emergency Number (860) 430-2507

Meet Director and Entry Chair:

Ann Hughes
48 Irving Street
Manchester, CT 06042-3082
(860) 306-7910
coachann@camelswim.org

Meet Referee:

Bob Hughes
(860) 649-5734
BHughes@lnc.com

Safety Chairman:

Beth Lawton
bslawton@sbcglobal.net

Schedule (Saturday & Sunday):

12 & Under 8:00AM warm-up, 9:00AM start
13 & Over 1:15PM warm-up, 2:30PM start

Entry Fees:

\$ 4.50 per individual event, \$ 9.00 per relay.
Please make checks payable to **Camel Swim Club**.

Entry Format:

Seed times should be submitted in SCY. NT entries are strongly discouraged; please estimate yard times. Teams should submit their entries via e-mail. Entries in the Hy-Tek or SDIF will be accepted. Please send your entry as an attachment to Ann Hughes coachann@camelswim.org. An MS Word file of the entry may either be sent as an attachment also or it may be included with the check. Electronic entries will not be considered final until we receive a hard copy of the entry and the appropriate fee. For teams submitting paper entries without an e-mailed file, a \$1.00 charge will be added for each swimmer over five, with a maximum of \$ 50 per team.

Entry Limitations:

All participants must be 2007-2008 USA Swimming registered. Out of state teams must submit a roster of swimmers signed by the LSC registration chairman or other acceptable proof that each swimmer is USA registered. Swimmers may swim a maximum of **four (4) events per day**. Please circle the fourth choice event in case of over-subscription.

Time Trials:

Time trials will be available at the end of each session, if at the discretion of the meet manager, there is sufficient time to do so. Each time trial counts as an event towards the maximum of 4 per day.

- Entry Deadline:** **Entries must be received by 10:00PM, Tuesday, November 27.** Connecticut Swimming teams whose entries are received by Thursday, November 1 will be entered in the meet first, on a space available basis, based on date and time of receipt of entry. After that date, all teams will be entered in order of date and time entry is received regardless of LSC. Formal entry date is the date all materials have been received, including the check, mailed to the entry chairman at the address above. The phone number, mailing address and e-mail of a club representative must be included with the meet entry.
- Oversubscription:** In the case of over-subscription of any session(s), any 7/U's will be cut from the session. If a session is still oversubscribed relays will be cut for that session. If the session is still oversubscribed, swimmers' fourth event will be cut based on which event is circled on the entry. If no event is indicated the meet manager will scratch the swimmer from their longest event. If the session is still oversubscribed, teams will be cut from the meet based on the time and date entries were received, latest being cut first. Teams will be notified of cuts as soon as possible and no later than 10PM December 1.
- Changes:** The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations.
- Credentials:** All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.
- Scratch Sheets:** Scratch sheets must be completed and returned to the computer table by 20 minutes after the start of each warm-up.
- Work Assignments:** All teams will be required to provide meet workers (timers and/or officials) in proportion to the size of their team entry. Meet workers are required to continue to fulfill their assigned duties until the conclusion of the session regardless if their team has anyone entered in the remaining heats.
- Officials:** Certified officials interested in working at the meet should include their name and contact information with their team's entry, contact the Meet Director at coachann@camelswim.org or contact the meet referee, Bob Hughes, at BHughes@lnc.com. Officials who commit to work a session(s) before November 28 will be counted towards their team's work assignment.
- Awards:** Ribbons 1st through 6th in individual events and 1st through 3rd in relay events. Awards will not be saved; they must be picked up at the end of the meet.
- Refreshments:** Concessions will be available on the observation balcony. No food or drink will be allowed on the pool deck.
- Facility:** Lott Natatorium houses an eight lane pool with a warm-up/warm-down well and a Daktronics electronic timing system. The pool is handicap accessible. For specific needs, please contact the Meet Director.
- Parking:** Ample parking is available in the lot in front of the natatorium, to the north side of the ice rink and in the back (east side). Parking must be in marked

spaces only. Please do not block other vehicles. **Parking is NOT permitted on the access roads or grass areas. Area maps with appropriate parking areas highlighted will be sent to each participating team at least a week before the meet and will also be published on www.camelswim.org. Coaches, officials and essential meet personnel will be mailed permits to park in the lower lot. Handicap parking is available.**

Directions:

From Hartford and points north: Take I-84 East to Route 2 East to I-395 South (exit 28S). Proceed approximately 8 miles to Route 32 South (exit 78 which is a left exit). Continue on Route 32 South about 1 mile. After you pass under the pedestrian bridge, turn left at the light into the Charles B. Luce Field House / Dayton Arena Natatorium parking area for athlete drop-off and pick up of parking map.

From New York and points south: Take I-95 North to Exit 83. Make a left at the light at the end of the exit. Go to the next light and turn right past the entrance to the US Coast Guard Academy onto Route 32 North. Turn right at the third light. You will see a sign for the Charles B. Luce Field House / Dayton Arena Natatorium parking area for athlete drop-off and pick up of parking map.

Directions may also be accessed via the CAMEL website:
www.camelswim.org

Order of events:

Saturday, December 8, 2007

Girls Sat morning session

Event

Boys Sat morning session

1	12/U 200 Back	2
3	10/U 500 Free	4
5	11/12 500 Free	6
7	10/U 100 Breast	8
9	11/12 100 Breast	10
11	10/U 50 Back	12
13	11/12 50 Back	14
15	10/U 100 Free	16
17	11/12 100 Free	18
19	10/U 50 Fly	20
21	11/12 50 Fly	22
23	10/U 200 IM	24
25	11/12 100 IM	26
27	10/U 200 Medley Relay	28
29	11/12 200 Medley Relay	30
31	12/U 200 Fly	32

Girls Sat afternoon session	Event	Boys Sat afternoon session
33	13/14 500 Free	34
35	15/O 500 Free	36
37	13/14 200 Breast	38
39	Senior 200 Breast	40
41	13/14 100 Back	42
43	15/O 100 Back	44
45	13/14 200 Fly	46
47	Senior 200 Fly	48
49	13/14 200 IM	50
51	15/O 200 IM	52
53	13/14 100 Free	54
55	15/O 100 Free	56
57	13/14 200 Medley Relay	58
59	15/O 200 Medley Relay	60

Sunday, December 9, 2007

Girls Sun morning session	Event	Boys Sun morning session
61	12/U 200 Breast	62
63	10/U 100 Back	64
65	11/12 100 Back	66
67	10/U 200 Free	68
69	11/12 200 Free	70
71	10/U 50 Breast	72
73	11/12 50 Breast	74
75	10/U 100 Fly	76
77	11/12 100 Fly	78
79	10/U 50 Free	80
81	11/12 50 Free	82
83	10/U 100 IM	84
85	11/12 200 IM	86
87	10/U 200 Free Relay	88
89	11/12 200 Free Relay	90

Girls afternoon session	Event	Boys afternoon session
91	13/14 400 IM	92
93	Senior 400 IM	94
95	13/14 100 Breast	96
97	15/O 100 Breast	98
99	13/14 50 Free	100
101	15/O 50 Free	102
103	13/14 200 Back	104
105	Senior 200 Back	106
107	13/14 200 Free	108
109	15/O 200 Free	110
111	13/14 100 Fly	112
113	15/O 100 Fly	114
115	13/14 200 Free Relay	116
117	15/O 200 Free Relay	118

