

Norwalk ZEUS and Stamford Sharks Qualifier
Held under sanction by USA Swimming and Connecticut Swimming
SO6 – 23
at Norwalk High School
November 18 and 19, 2006

Meet Director/Entry Chair

Eric Baritz
Norwalk Aquatic Club – Zeus
501 Westport Ave, #272
Norwalk, CT 06851
Byte1inc@optonline.net

Meet Referee: Karen Jubaynik e-mail: karen_jubanyik@yahoo.com

Safety Coordinator: Joe Dudek

Pool Facility:

- 6 lane 25 yard pool. Manual Timing
- Pool is Handicap Accessible. If you need help, contact any member of the meet committee.
- Limited seating and parking is available.
- Concession area is also available.

Eligibility:

- All swimmers must be 2006 or 2007 registered members of USA Swimming.
- Age is determined by the swimmer's age as of November 18, 2006.
- All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck

Events:

- All events will be timed finals.
- USA Swimming rules will govern the meet.
- Meet management reserves the right to limit heats, adjust warm-up and/or start times or make other changes to ensure a quality meet. All changes are subject to approval by CSI Program Operations.
- Entries are to be submitted in best yard times.
- Swimmers can enter and compete in four events. Please circle fourth event in case of over subscription.
- All the 10 and Under, 11/12, 13/14, and 15/O 500 yd. Freestyle events will be swum fastest to slowest.
- All 13/14 and Senior 400 yd. I.M.'s will be swum fastest to slowest.

Entry Fee:

- All Individual events are \$4.00 each. All Relays are \$8.00 each.
- Make all checks payable to **NAC**
- Mail the check with entry form to the entry chair above. If you send your entry by express mail, please sign the waiver so that the package will be delivered even if no one is there to sign for it.
- There will be a \$1.00 surcharge for each swimmer; for five or more hand entered entries.

Entry Deadline:

- Entries from Connecticut are due Friday, November 3, 2006. Entries from all out of state teams are due Friday, November 3, 2006. CT teams will be entered first.
- All entries must be received by November 3, 2006.
- Formal entry is determined by the date of receipt of the hard copy of the entry and the entry fee.

Cut Procedure:

- If the meet is oversubscribed, 7/under swimmers will be cut first, then relays, then swimmers will be limited to 3 events, then entries will be taken by date of receipt.
- Some events may be combined at the meet committees discretion.
- Teams will be notified immediately after the November 3, 2006 deadline.

Times of the meet:

Meet management reserves the right to limit heats and adjust warm up and/or start times, upon the approval of CT Swimming Program Operations.

Entry Form:

- Open to all 2006 or 2007 USA Swimming registered swimmers.
- Entry should include USA registration number and age of all swimmers.
- Please identify all unattached swimmers with red ink.
- Entries must be on IBM disc using Hy-Tek, LSA, or other SDIF format, but must be accompanied by a computer printout. Include on the entry form, the team name, address, and telephone of the head coach and/or club official responsible for the team's entry.
- Entries may be sent via email to byte1inc@optonline.net.

Awards:

Ribbons will be given 1-6 for individual events and 1-3 for relays.

BETTY PHILCOX INVITATIONAL

Hosted by the Norwalk ZEUS Swim Team

NOVEMBER 18 and 19, 2006

SATURDAY MORNING

7:00 a.m. Warm-up

8:00 a.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
1	10 & Under	500 yd. Freestyle	2
3	13/14	500 yd. Freestyle	4
5	10 & Under	100 yd. Freestyle	5
7	13/14	100 yd. Freestyle	8
9	10 & Under	50 yd. Backstroke	10
11	13/14	100 yd. Backstroke	12
13	10 & Under	100 yd. Breaststroke	14
15	13/14	200 yd. Breaststroke	16
17	10 & Under	50 yd. Butterfly	18
19	13/14	200 yd. Butterfly	20
21	10 & Under	200 yd. I.M.	22
23	13/14	200 yd. I.M.	24
25	10 & Under	200 yd. Medley Relay	26
27	13/14	200 yd. Medley Relay	28

SATURDAY AFTERNOON

2:00 p.m. Warm-up

3:00 p.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
29	11/12	500 yd. Freestyle	30
31	15/O	500 yd. Freestyle	32
33	11/12	50 Backstroke	34
35	15/O	100 yd. Backstroke	36
37	11/12	200 yd. Backstroke	38
39	Senior	200 yd. Butterfly	40
41	11/12	100 yd. Breaststroke	42
43	Senior	200 yd. Breaststroke	44
45	11/12	200 yd. Butterfly	46
47	15/O	100 yd. Freestyle	48
49	11/12	100 yd. Freestyle	50
51	15/O	200 yd. I.M.	52
53	11/12	100 yd. I.M.	54
55	11/12	50 yd. Butterfly	56
57	15/O	200 yd. Medley Relay	58
59	11/12	200 yd. Medley Relay	60

BETTY PHILCOX INVITATIONAL

Hosted by the Norwalk ZEUS Swim Team

NOVEMBER 18 and 19, 2006

SUNDAY MORNING

7:00 a.m. Warm-up

8:00 a.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
61	10 & Under	200 yd. Freestyle	62
63	13/14	400 yd. I.M.	64
65	10 & Under	50 yd. Freestyle	66
67	13/14	50 yd. Freestyle	68
69	10 & under	100 yd. Butterfly	70
71	13/14	100 yd. Butterfly	72
73	10 & Under	50 yd. Breaststroke	74
75	13/14	100 yd. Breaststroke	76
77	10 & Under	100 yd. Backstroke	78
79	13/14	200 yd Backstroke	80
81	10 & Under	100 yd. I.M.	82
83	13/14	200 yd. Freestyle	84
85	10 & Under	200 yd. Freestyle Relay	86
87	13/14	200 yd. Freestyle Relay	88

SUNDAY AFTERNOON

2:00 p.m. Warm Up

3:00 p.m. Start

<u>Girls event #</u>	<u>Age</u>	<u>Stroke & Distance</u>	<u>Boys event #</u>
89	11/12	50 yd. Freestyle	90
91	Senior	400 yd. I.M.	92
93	11 and 12	200 yd. I.M.	94
95	15/0	50 yd. Freestyle	96
97	11 and 12	50 yd. Breaststroke	98
99	15/0	100 yd. Breaststroke	100
101	11 and 12	100 yd. Butterfly	102
103	15/0	100 yd. Butterfly	104
105	11/12	100 yd. Backstroke	106
107	15/0	200 yd. Freestyle	108
109	11/ 12	200 yd. Freestyle	110
111	Senior	200 yd. Backstroke	112
113	11/ 12	200 yd. Breaststroke	114
115	15/0	200 yd. Freestyle Relay	116
117	11/12	200 yd. Freestyle Relay	118

Directions:

Take I – 95 to Exit 16, East Avenue. Go West on East Avenue for 2 lights. Make a right on Sunset Hill Avenue. Go all the way to end (Sunset Hill becomes Tierney Street). At stop sign (Strawberry Hill Avenue) make a left. Take Strawberry to County Street. Make right on County Street. Driveway to High School is on your right. Go all the way to top of driveway and look for a spot. Entrance to pool is first door on the right, **PAT SPINOLA NATATORIUM.**