

**WESTPORT WESTON FAMILY Y WATER RATS
PRESENT
2007 PENTATHLON**

Held under sanction of USA Swimming and Connecticut Swimming, Inc. Sanction #S06-58

DATE: February 3-4, 2007

LOCATION: *Westport Weston Family Y*

EMERGENCY

PHONE NUMBER: 203-226-8981

FACILITY: *Westport Weston Family Y
6 lane, 25 yard pool, Colorado Timing w/Mercury 6 Display*

SCHEDULE:

<i>Saturday</i>	
<u>SESSION 1</u>	<u>SATURDAY, FEBRUARY 3, 2007</u>
9-10 Girls/Boys (no 8/u)	8 AM Warm-up 9 AM Start
<u>SESSION 2</u>	<u>SATURDAY, FEBRUARY 3, 2007</u>
11-12 Girls/Boys	1 PM Warm-up 2 PM Start
<i>Sunday</i>	
<u>SESSION 3</u>	<u>SUNDAY, FEBRUARY 4, 2007</u>
13-14 & 15/18 Girls and Boys	8 AM Warm-up 9 AM Start

WARM-UP SCHEDULE: Warm-up schedules for each session will be posted and in the coaches packet.

ELIGIBILITY: All swimmers must be 2007 registered members of USA Swimming. Age group is determined by age as of February 3, 2007. Swimmers are eligible for all events. There are no cut off times. Out of state swimmers must send verification from LSC Registration Chair indicating all swimmers are current USA Swimming members. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

FEES: SPLASH FEE - \$4.00 per individual event/\$8.00 per relay event
Checks payable to: WRAT Parents Club

ENTRIES: All entries should be submitted electronically using HyTek (preferred), or other program using sd3 format, but must be accompanied by a hard copy of the entry which will be the official copy. Please include a hard copy (separated by age group and gender) with name, address, email and phone number of team contact person. All entries must be accompanied with payment. NT entries are discouraged. Manual entries requires additional \$5.00 per swimmer.

DEADLINE: Entries must be received by 3PM on January 23, 2007

MAIL TO: Westport Weston Family Y Water Rats
59 Post Rd East or P.O. Box 190
Westport, CT 06880 Westport, CT 06881

AWARDS: Trophies to top 12 cumulative scorers in each age group. Total of 96 individual trophies. Heat winner awards will be given.

OVER-SUBSCRIPTION: Entries are accepted on a first come, first served basis. The meet manager reserves the right to adjust the meet program based on the number of entries received. Teams will be notified by Saturday, January 27th in the case of changes.

TIMERS: Timers will be required from teams in proportion to the size of their entry.

HANDICAP ACCESS: Access available to pool deck through girls & boys locker rooms. Spectator area accessible on ground level with elevator to second floor if needed.

OFFICIALS: Please submit the names of officials willing to work and the sessions they are available to Monica Prangle at mhprangle@aol.com

REFRESHMENTS: Refreshments will be available at each session. A complimentary luncheon for coaches and officials will be available on Saturday.

DIRECTIONS: Westport Weston Family Y – Merritt Parkway (Rte. 15): Take Exit 42. Turn right (from North) or Turn left (from South) and follow straight to Westport. Upon reaching downtown area, bear

left onto Elm St. Municipal Parking is on both sides of Elm St. Y entrance is on right through parking lot.

MEET MANAGER: Jim Miccio Bill Krumm (203-226-8981 x117)
REFEREE: Monica Prangley - mhprangley@aol.com
SAFETY OFFICER: Jim Miccio

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2007 PENTATHLON**

ORDER OF EVENTS

SESSION 1 – Girls & Boys 9-10

<u>GIRLS #</u>	<u>EVENT</u>	<u>BOYS #</u>
1	9/10 50Y Butterfly	2
3	9/10 50Y Backstroke	4
5	9/10 50Y Breaststroke	6
7	9/10 50Y Freestyle	8
9	9/10 100Y Individual Medley	10
11	9/10 200Y Medley Relay	12

SESSION 2 – Girls & Boys 11-12

<u>GIRLS #</u>	<u>EVENT</u>	<u>BOYS #</u>
13	11/12 50Y Butterfly	14
15	11/12 50Y Backstroke	16
17	11/12 50Y Breaststroke	18
19	11/12 50Y Freestyle	20
21	11/12 100Y Individual Medley	22
23	11/12 200Y Medley Relay	24

SESSION 3 - Girls and Boys 13/14 & 15/over

<u>GIRLS #</u>	<u>EVENT</u>	<u>BOYS #</u>
25	13/14 100Y Butterfly	26
27	15/O 100Y Butterfly	28
29	13/14 100Y Backstroke	30
31	15/O 100Y Backstroke	32
33	13/14 100Y Breaststroke	34
35	15/O 100Y Breaststroke	36
37	13/14 100Y Freestyle	38
39	15/O 100Y Freestyle	40
41	13/14 200Y Individual Medley	42
43	15/O 200Y Individual Medley	44