

**SMST DISTANCE INVITATIONAL - 1/19/07, Sanction #: S06-47**  
**SHELTON COMMUNITY CENTER, SHELTON, CT**

**Results - Friday Night**

| Girls 1000 Yard Free       |          |          |             | Girls 400 Yard IM          |          |          |             |
|----------------------------|----------|----------|-------------|----------------------------|----------|----------|-------------|
| Name                       | Age      | Team     | Finals Time | Name                       | Age      | Team     | Finals Time |
| 1 Kreho, Allison M         | 16       | SMST-CT  | 11:07.58    | 10 Mullany, Jill C         | 14       | SMST-CT  | 12:17.42    |
| 30.98                      | 1:03.95  | 1:37.20  | 2:10.60     | 32.85                      | 1:08.81  | 1:46.02  | 2:23.38     |
| 2:44.20                    | 3:17.60  | 3:51.10  | 4:24.81     | 3:01.63                    | 3:38.66  | 4:16.30  | 4:53.53     |
| 4:58.61                    | 5:32.59  | 6:06.39  | 6:40.32     | 5:31.40                    | 6:07.95  | 6:45.84  | 7:22.89     |
| 7:14.42                    | 7:48.97  | 8:22.99  | 8:56.79     | 7:59.12                    | 8:35.68  | 9:14.07  | 9:52.23     |
| 9:31.06                    | 10:04.86 | 10:36.56 | 11:07.58    | 10:29.71                   | 11:06.17 | 11:43.03 | 12:17.42    |
| 2 Luchansky, Katy E        | 12       | SMST-CT  | 11:22.68    | 11 Norris, Kristen R       | 16       | VALY-CT  | 12:21.58    |
| 30.79                      | 1:05.15  | 1:39.10  | 2:13.59     | 32.35                      | 1:08.65  | 1:45.55  | 2:23.12     |
| 2:47.77                    | 3:22.09  | 3:56.57  | 4:31.71     | 3:00.51                    | 3:37.90  | 4:16.10  | 4:53.69     |
| 5:05.52                    | 5:40.12  | 6:14.56  | 6:49.65     | 5:31.02                    | 6:09.01  | 6:47.24  | 7:25.30     |
| 7:24.54                    | 7:59.10  | 8:34.34  | 9:08.37     | 8:03.45                    | 8:41.45  | 9:19.00  | 9:56.21     |
| 9:42.72                    | 10:17.27 | 10:51.22 | 11:22.68    | 10:33.76                   | 11:11.25 | 11:47.78 | 12:21.58    |
| 3 Poole, Meghan M          | 13       | SMST-CT  | 11:38.16    | 12 Shortell, Brittany A    | 16       | VALY-CT  | 12:23.04    |
| 31.11                      | 1:05.51  | 1:40.46  | 2:15.70     | 33.02                      | 1:09.15  | 1:46.25  | 2:23.29     |
| 2:50.19                    | 3:25.18  | 4:00.42  | 4:35.37     | 3:00.61                    | 3:38.20  | 4:15.67  | 4:53.08     |
| 5:10.14                    | 5:45.56  | 6:20.88  | 6:56.48     | 5:30.33                    | 6:07.86  | 6:45.42  | 7:22.68     |
| 7:32.12                    | 8:08.03  | 8:43.33  | 9:18.38     | 8:00.71                    | 8:38.36  | 9:16.12  | 9:54.02     |
| 9:53.59                    | 10:28.85 | 11:03.97 | 11:38.16    | 10:31.57                   | 11:09.45 | 11:47.35 | 12:23.04    |
| 4 Freer, Kelli M           | 13       | SMST-CT  | 11:42.18    | 13 Hanrahan, Jessie M      | 14       | VALY-CT  | 12:36.28    |
| 31.77                      | 1:06.31  | 1:41.24  | 2:16.24     | 33.05                      | 1:08.95  | 1:46.06  | 2:24.02     |
| 2:51.06                    | 3:26.00  | 4:01.08  | 4:36.52     | 3:01.92                    | 3:39.81  | 4:18.15  | 4:56.48     |
| 5:12.01                    | 5:47.75  | 6:23.20  | 6:58.94     | 5:35.11                    | 6:13.77  | 6:52.26  | 7:31.00     |
| 7:34.62                    | 8:10.20  | 8:45.19  | 9:20.25     | 8:09.55                    | 8:48.17  | 9:26.94  | 10:05.80    |
| 9:55.22                    | 10:31.29 | 11:07.29 | 11:42.18    | 10:44.51                   | 11:23.52 | 12:00.99 | 12:36.28    |
| 5 Howe, Emily L            | 15       | SMST-CT  | 11:51.12    | 14 Phillips, Hannah E      | 16       | WEST-CT  | 12:44.05    |
| 32.73                      | 1:08.22  | 1:43.92  | 2:19.31     | 34.01                      | 1:10.47  | 1:48.07  | 2:25.45     |
| 2:54.61                    | 3:30.32  | 4:06.29  | 4:42.06     | 3:03.28                    | 3:40.45  | 4:18.96  | 4:57.11     |
| 5:17.72                    | 5:53.92  | 6:30.17  | 7:06.78     | 5:36.85                    | 6:15.43  | 6:54.58  | 7:33.36     |
| 7:43.38                    | 8:19.53  | 8:55.90  | 9:32.33     | 8:12.12                    | 8:51.93  | 9:30.87  | 10:10.69    |
| 10:08.79                   | 10:42.58 | 11:18.10 | 11:51.12    | 10:49.77                   | 11:28.42 | 12:06.81 | 12:44.05    |
| 6 Keyes, Alissa M          | 15       | SMST-CT  | 12:05.23    | 15 Shriver, Emma M         | 12       | SMST-CT  | 13:04.77    |
| 31.63                      | 1:06.09  | 1:41.41  | 2:17.14     | 33.44                      | 1:11.27  | 1:50.04  | 2:30.13     |
| 2:53.47                    | 3:30.31  | 4:07.09  | 4:44.05     | 3:10.29                    | 3:49.91  | 4:30.14  | 5:09.46     |
| 5:21.76                    | 5:59.21  | 6:36.38  | 7:13.74     | 5:50.08                    | 6:29.27  | 7:09.59  | 7:49.75     |
| 7:51.22                    | 8:28.75  | 9:05.91  | 9:42.75     | 8:29.89                    | 9:10.63  | 9:50.63  | 10:30.26    |
| 10:19.72                   | 10:56.13 | 11:31.60 | 12:05.23    | 11:10.62                   | 11:49.47 | 12:27.93 | 13:04.77    |
| 7 Szabo, Allison E         | 16       | SMST-CT  | 12:06.19    | 16 Hellauer, Molly R       | 13       | SMST-CT  | 13:20.99    |
| 32.18                      | 1:06.92  | 1:42.28  | 2:17.91     | 34.95                      | 1:13.76  | 1:53.08  | 2:33.51     |
| 2:53.26                    | 3:29.22  | 4:05.56  | 4:42.13     | 3:14.18                    | 3:54.74  | 4:35.60  | 5:17.48     |
| 5:19.04                    | 5:56.05  | 6:32.75  | 7:09.94     | 5:58.59                    | 6:40.23  | 7:21.68  | 8:02.77     |
| 7:47.23                    | 8:24.62  | 9:01.94  | 9:38.83     | 8:44.15                    | 9:24.92  | 10:06.02 | 10:46.81    |
| 10:15.94                   | 10:53.44 | 11:29.99 | 12:06.19    | 11:24.64                   | 12:04.37 | 12:44.21 | 13:20.99    |
| 8 Callahan, Jenna M        | 15       | SMST-CT  | 12:06.73    | 17 Lovallo, Katie G        | 12       | SMST-CT  | 13:30.35    |
| 32.54                      | 1:07.78  | 1:44.12  | 2:20.06     | 33.74                      | 1:12.05  | 1:52.73  | 2:34.36     |
| 2:56.06                    | 3:32.06  | 4:07.88  | 4:43.31     | 3:15.37                    | 3:57.44  | 4:39.84  | 5:22.20     |
| 5:19.89                    | 5:56.40  | 6:33.66  | 7:11.51     | 6:03.56                    | 6:44.72  | 7:25.35  | 8:06.82     |
| 7:48.67                    | 8:25.39  | 9:02.71  | 9:39.59     | 8:47.86                    | 9:29.71  | 10:11.10 | 10:53.00    |
| 10:16.75                   | 10:54.71 | 11:31.67 | 12:06.73    | 11:34.24                   | 12:14.56 | 12:53.28 | 13:30.35    |
| 9 Kiely, Kathryn A         | 14       | VALY-CT  | 12:17.30    | 18 Baier, Christine L      | 14       | WEST-CT  | 14:14.96    |
| 31.66                      | 1:07.17  | 1:43.77  | 2:21.17     | 36.90                      | 1:17.78  | 2:00.52  | 2:42.53     |
| 2:59.13                    | 3:37.31  | 4:15.55  | 4:53.39     | 3:25.34                    | 4:08.38  | 4:51.59  | 5:34.96     |
| 5:31.41                    | 6:09.55  | 6:47.67  | 7:25.56     | 6:18.55                    | 7:02.57  | 7:46.93  | 8:31.40     |
| 8:03.57                    | 8:41.14  | 9:19.19  | 9:55.96     | 9:15.65                    | 9:59.96  | 10:43.89 | 11:27.32    |
| 10:31.73                   | 11:08.37 | 11:43.56 | 12:17.30    | 12:10.48                   | 12:53.51 | 13:34.99 | 14:14.96    |
| 1 Lang, Katie J            | 15       | SMST-CT  | 4:49.32     | 1 Luchansky, Katy E        | 12       | SMST-CT  | 4:56.18     |
| 29.98                      | 1:04.48  | 1:43.00  | 2:21.40     | 31.67                      | 1:09.34  | 1:48.81  | 2:26.52     |
| 3:01.27                    | 3:42.66  | 4:16.39  | 4:49.32     | 3:08.29                    | 3:51.14  | 4:24.39  | 4:56.18     |
| 2 Wells, Allison L         | 18       | SMST-CT  | 5:01.32     | 3 Wells, Allison L         | 18       | SMST-CT  | 5:01.32     |
| 30.98                      | 1:06.74  | 1:45.38  | 2:23.30     | 30.98                      | 1:06.74  | 1:45.38  | 2:23.30     |
| 3:06.72                    | 3:51.81  | 4:27.30  | 5:01.32     | 3:06.72                    | 3:51.81  | 4:27.30  | 5:01.32     |
| 4 Stewart, Colleen M       | 13       | SMST-CT  | 5:10.20     | 4 Stewart, Colleen M       | 13       | SMST-CT  | 5:10.20     |
| 34.54                      | 1:13.83  | 1:54.09  | 2:33.05     | 34.54                      | 1:13.83  | 1:54.09  | 2:33.05     |
| 3:16.23                    | 4:00.01  | 4:35.89  | 5:10.20     | 3:16.23                    | 4:00.01  | 4:35.89  | 5:10.20     |
| 5 Kreho, Kelly M           | 16       | SMST-CT  | 5:10.38     | 5 Kreho, Kelly M           | 16       | SMST-CT  | 5:10.38     |
| 33.40                      | 1:15.69  | 1:55.10  | 2:33.86     | 33.40                      | 1:15.69  | 1:55.10  | 2:33.86     |
| 3:16.96                    | 4:02.11  | 4:37.52  | 5:10.38     | 3:16.96                    | 4:02.11  | 4:37.52  | 5:10.38     |
| 6 Crocamo, Maggie J        | 13       | VALY-CT  | 5:16.85     | 6 Crocamo, Maggie J        | 13       | VALY-CT  | 5:16.85     |
| 33.92                      | 1:12.99  | 1:52.89  | 2:32.94     | 33.92                      | 1:12.99  | 1:52.89  | 2:32.94     |
| 3:18.90                    | 4:06.80  | 4:42.56  | 5:16.85     | 3:18.90                    | 4:06.80  | 4:42.56  | 5:16.85     |
| 7 Odgers, Rebecca L        | 15       | SMST-CT  | 5:16.87     | 7 Odgers, Rebecca L        | 15       | SMST-CT  | 5:16.87     |
| 35.28                      | 1:16.65  | 1:57.48  | 2:36.63     | 35.28                      | 1:16.65  | 1:57.48  | 2:36.63     |
| 3:20.80                    | 4:06.55  | 4:42.62  | 5:16.87     | 3:20.80                    | 4:06.55  | 4:42.62  | 5:16.87     |
| 8 Forsyth, Kymberly C      | 13       | SMST-CT  | 5:20.35     | 8 Forsyth, Kymberly C      | 13       | SMST-CT  | 5:20.35     |
| 34.09                      | 1:18.83  | 1:59.25  | 2:37.04     | 34.09                      | 1:18.83  | 1:59.25  | 2:37.04     |
| 3:21.40                    | 4:07.49  | 4:44.40  | 5:20.35     | 3:21.40                    | 4:07.49  | 4:44.40  | 5:20.35     |
| 9 Shoshan, Eden M          | 12       | SMST-CT  | 5:28.67     | 9 Shoshan, Eden M          | 12       | SMST-CT  | 5:28.67     |
| 34.60                      | 1:15.70  | 1:58.71  | 2:40.06     | 34.60                      | 1:15.70  | 1:58.71  | 2:40.06     |
| 3:26.75                    | 4:14.81  | 4:52.69  | 5:28.67     | 3:26.75                    | 4:14.81  | 4:52.69  | 5:28.67     |
| 10 Phillips, Hannah E      | 16       | WEST-CT  | 5:29.04     | 10 Phillips, Hannah E      | 16       | WEST-CT  | 5:29.04     |
| 34.88                      | 1:14.43  | 1:55.70  | 2:36.81     | 34.88                      | 1:14.43  | 1:55.70  | 2:36.81     |
| 3:26.71                    | 4:17.32  | 4:53.41  | 5:29.04     | 3:26.71                    | 4:17.32  | 4:53.41  | 5:29.04     |
| 11 Christiano, Stephanie I | 12       | SMST-CT  | 5:32.33     | 11 Christiano, Stephanie I | 12       | SMST-CT  | 5:32.33     |
| 34.11                      | 1:17.89  | 2:00.73  | 2:42.10     | 34.11                      | 1:17.89  | 2:00.73  | 2:42.10     |
| 3:31.00                    | 4:19.72  | 4:57.41  | 5:32.33     | 3:31.00                    | 4:19.72  | 4:57.41  | 5:32.33     |
| 12 Forster, Grace L        | 11       | SMST-CT  | 5:43.46     | 12 Forster, Grace L        | 11       | SMST-CT  | 5:43.46     |
| 37.27                      | 1:20.13  | 2:03.71  | 2:47.08     | 37.27                      | 1:20.13  | 2:03.71  | 2:47.08     |
| 3:33.93                    | 4:22.50  | 5:03.13  | 5:43.46     | 3:33.93                    | 4:22.50  | 5:03.13  | 5:43.46     |
| 13 Hellauer, Molly R       | 13       | SMST-CT  | 5:54.54     | 13 Hellauer, Molly R       | 13       | SMST-CT  | 5:54.54     |
| 41.19                      | 1:28.40  | 2:11.94  | 2:55.69     | 41.19                      | 1:28.40  | 2:11.94  | 2:55.69     |
| 3:46.23                    | 4:38.06  | 5:17.09  | 5:54.54     | 3:46.23                    | 4:38.06  | 5:17.09  | 5:54.54     |
| 14 Baier, Christine L      | 14       | WEST-CT  | 6:00.32     | 14 Baier, Christine L      | 14       | WEST-CT  | 6:00.32     |
| 38.16                      | 1:23.56  | 2:11.07  | 2:57.73     | 38.16                      | 1:23.56  | 2:11.07  | 2:57.73     |
| 3:46.76                    | 4:38.16  | 5:20.28  | 6:00.32     | 3:46.76                    | 4:38.16  | 5:20.28  | 6:00.32     |
| 15 Paniccia, Aimee E       | 12       | SMST-CT  | 6:11.24     | 15 Paniccia, Aimee E       | 12       | SMST-CT  | 6:11.24     |
| 40.12                      | 1:28.61  | 2:14.10  | 3:00.80     | 40.12                      | 1:28.61  | 2:14.10  | 3:00.80     |
| 3:54.75                    | 4:49.46  | 5:30.53  | 6:11.24     | 3:54.75                    | 4:49.46  | 5:30.53  | 6:11.24     |
| 16 Terrell, Elizabeth A    | 17       | SMST-CT  | 6:12.11     | 16 Terrell, Elizabeth A    | 17       | SMST-CT  | 6:12.11     |
| 39.28                      | 1:26.97  | 2:14.65  | 3:02.15     | 39.28                      | 1:26.97  | 2:14.65  | 3:02.15     |
| 3:51.88                    | 4:43.07  | 5:29.43  | 6:12.11     | 3:51.88                    | 4:43.07  | 5:29.43  | 6:12.11     |

**SMST DISTANCE INVITATIONAL - 1/19/07, Sanction #: S06-47**  
**SHELTON COMMUNITY CENTER, SHELTON, CT**  
**Results - Friday Night**

**Boys 1000 Yard Free**

|   | Name                | Age      | Team     | Finals Time |
|---|---------------------|----------|----------|-------------|
| 1 | Novak, Joseph D     | 14       | UNAT-CT  | 11:29.48    |
|   | 31.24               | 1:05.75  | 1:41.45  | 2:18.22     |
|   | 2:53.54             | 3:30.08  | 4:06.54  | 4:43.97     |
|   | 5:18.56             | 5:54.91  | 6:30.46  | 7:01.20     |
|   | 7:37.52             | 8:11.70  | 8:46.42  | 9:18.74     |
|   | 9:51.77             | 10:26.24 | 10:59.08 | 11:29.48    |
| 2 | Hellauer, Matthew R | 13       | SMST-CT  | 11:31.29    |
|   | 31.96               | 1:06.85  | 1:42.05  | 2:18.10     |
|   | 2:53.77             | 3:29.93  | 4:06.43  | 4:42.74     |
|   | 5:18.52             | 5:53.87  | 6:28.08  | 7:02.18     |
|   | 7:36.97             | 8:11.73  | 8:46.54  | 9:19.46     |
|   | 9:53.53             | 10:26.96 | 10:59.23 | 11:31.29    |
| 3 | Szabo, Jimmy P      | 13       | SMST-CT  | 11:56.45    |
|   | 32.66               | 1:08.25  | 1:44.07  | 2:19.81     |
|   | 2:55.87             | 3:31.82  | 4:08.22  | 4:44.44     |
|   | 5:20.28             | 5:56.31  | 6:32.11  | 7:08.03     |
|   | 7:44.01             | 8:20.10  | 8:56.78  | 9:33.08     |
|   | 10:08.94            | 10:45.49 | 11:21.77 | 11:56.45    |
| 4 | Imber, Gabe L       | 11       | WEST-CT  | 13:59.94    |
|   | 35.64               | 1:17.47  | 1:59.83  | 2:40.96     |
|   | 3:23.63             | 4:06.00  | 4:48.59  | 5:31.89     |
|   | 6:13.96             | 6:56.17  | 7:38.38  | 8:21.30     |
|   | 9:05.19             | 9:47.95  | 10:31.29 | 11:14.10    |
|   | 11:55.54            | 12:37.29 | 13:19.58 | 13:59.94    |
| 5 | Imber, Marty L      | 11       | WEST-CT  | 15:47.90    |
|   | 37.91               | 1:24.23  | 2:11.50  | 2:58.65     |
|   | 3:46.50             | 4:36.29  | 5:25.23  | 6:12.91     |
|   | 7:01.84             | 7:51.10  | 8:40.11  | 9:31.28     |
|   | 10:21.42            | 11:10.65 | 12:00.61 | 12:46.84    |
|   | 13:34.44            | 14:20.92 | 15:05.22 | 15:47.90    |

**Boys 400 Yard IM**

|   | Name                | Age     | Team    | Finals Time |
|---|---------------------|---------|---------|-------------|
| 1 | Hellauer, Matthew R | 13      | SMST-CT | 5:08.51     |
|   | 34.27               | 1:15.31 | 1:54.07 | 2:31.51     |
|   | 3:16.76             | 4:03.31 | 4:35.55 | 5:08.51     |
| 2 | Mullany, David W    | 12      | SMST-CT | 5:32.13     |
|   | 36.14               | 1:19.58 | 2:00.45 | 2:41.94     |
|   | 3:31.44             | 4:18.95 | 4:56.84 | 5:32.13     |
| 3 | Imber, Gabe L       | 11      | WEST-CT | 6:15.90     |
|   | 42.17               | 1:33.26 | 2:19.56 | 3:04.87     |
|   | 3:59.66             | 4:57.50 | 5:36.31 | 6:15.90     |
| 4 | Paniccia, Andrew L  | 10      | SMST-CT | 6:39.66     |
|   | 40.80               | 1:36.48 | 2:25.03 | 3:13.14     |
|   | 4:10.60             | 5:09.90 | 5:56.43 | 6:39.66     |
| 5 | Chavez, Cole A      | 11      | SMST-CT | 6:42.74     |
|   | 46.46               | 1:41.50 | 2:29.86 | 3:18.44     |
|   | 4:15.50             | 5:13.80 | 5:58.96 | 6:42.74     |
| 6 | Imber, Marty L      | 11      | WEST-CT | 6:53.98     |
|   | 45.02               | 1:40.15 | 2:30.95 | 3:21.53     |
|   | 4:23.60             | 5:24.09 | 6:09.73 | 6:53.98     |